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BOOK REVIEW

Healing and Medicine A Doctor's Journey Toward Their Integration

Dr. Paul Dieppe with Cinder Hypki

Foreword by Dr. Michael Dixon OBE

Book Review By Dr. Melinda Connor

Every now and then I find a book which is a jewel. This book, *Healing and Medicine A Doctor's Journey Toward Their Integration*, by Dr. Paul Dieppe, is one of them. Here a long-term, western physician who is careful, conservative and skilled goes on a journey and grows into the combination that I think most physicians wish they were going to become when they started into medical school. I have been fortunate. My mother was a physician and taught medical students throughout her career. I had the luxury of watching one student after another go through the western medical initiation process. Here in the journey shared in this book, instead of sinking into western arrogance, we see a step-by-step remarkable journey into a physician becoming a healer in the truest sense. Bringing all the best of the western model and combining it with the grace, compassion, listening and courage to develop the many options for healing that a patient could hope to receive.

This is a courageous book. A western physician who has had the courage to say essentially, "I want to be more. I want to do more for my patient's than force them into a medical model that does not always fit the healing process." With this courage, Dr. Dieppe has challenged the western model as the be all and end all. And subsequently, has shined a light on the healing process. And further, he has shared a pathway that other physicians can follow. It is also a template on how to integrate healing back into the western medical establishment and become "more" as a physician.

I encourage physicians both new to the medical field and long in the medical field, to discover the wisdom hidden in this book. It holds the potential to make a you a better physician.

Bio:

Dr. Melinda H. Connor, D.D., PH.D., AMP, holds degrees from Harvard University, Wellesley College, University of San Francisco, American Military University, California Coast University and University of Arizona and was a National Institutes of Health T-32 post-doctoral fellow at the University of Arizona in the Program in Integrative Medicine. Dr. Connor is the current Director of Research for Akamai University and a Chair emerita for the Board of Directors for the National Alliance of Energy Practitioners. She is a fellow of the American Alternative Medicine Association and the Royal Academy of Medicine UK, the founder of Earthsongs Holistic Consulting, the Resonance Modulation™ training program and has written ten books. She has a private practice in Arizona and continues to present her research work at conferences around the world.

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