

## Successful Withdrawal from Six Psychiatric Medications Using Criteria-Based Energy Testing: Case Report

### Examples, Raw Data, and Graphs

#### Examples of Criteria-Based Energy Testing (CBET) Scales and Results for A. S.

- A. CBET for nutritional status: over the past three days, from 0 to 200, given all contributing factors, including any effects from stressors, drugs/medications, experiences, and orthomolecular/energy medicine interventions, **with regard to the patient's total nutritional intake**. If 0 means that the patient's total nutritional intake is absent, [and if applicable, will not be able to support the patient's withdrawal from his/her drugs/medications(s) at all]. 100 means that the patient's total nutritional intake is at an optimal level, activity, and optimal functioning at all times [and if applicable, will allow the patient to withdraw from his/her drugs/medications(s) with ease]. And 200 means that the patient's total nutritional intake levels, activity, and function are at an excessively elevated level, activity, and function at all times, creating a state of imbalance, illness, or dysfunction, [and if applicable, will interfere with the patient's ability to withdraw from his/her drugs/medications(s) at all times]. Then **all are at x/200 except for the following:**

Minerals	
Trace Minerals	
Vitamins	
Amino Acids	
EFA's	
Cholesterol	
Antioxidants	
Essential Glyconutrients	
Anti-inflammatories	

- B. CBET for toxins: over the course of the patient's life, from 0 to 200, given all contributing factors, including any effects from stressors, drugs/medications, experiences, and orthomolecular/energy medicine interventions, **with regard to the patient's problem with toxins from 0 to 200**. 0 being that the toxin is absent at all times. 100 being that the toxin does not interfere with the optimal level, activity, and optimal functioning within the body [and if applicable, will allow the patient to withdraw from his/her drugs/ medications(s) with ease]. 200 being that the toxin **does interfere** with activity and function within the body, creating a state of imbalance, illness, or dysfunction, [and if applicable, will interfere with the patient's ability to withdraw from his/her drugs/ medications(s)]. Within the 200 values, a differential gradient using +/- ++/ +++/ ++++ will more clearly define the severity of the problem with the toxin. With a (+) being just barely meeting the criteria for a level of 200, and a (+++++) indicating a severe problem

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with the toxin, negatively affecting **three or more** of the following functions at all times: 1) cognition, 2) mood, 3) strength/stamina, 4) sleep, and 5) biorhythms. The patient's value is at the following x/200:

Adrenochrome	/200	Herbicides	/200
Guanidine	/200	Industrial & synthetic pollutants	/200
Aluminum	/200	Pesticides	/200
Ammonia	/200	Lead	/200
Antimony	/200	Manganese	/200
Arsenic	/200	Mercury	/200
Beryllium	/200	Nickel	/200
Cadmium	/200	Tin	/200
Copper	/200	Drugs/medications	/200
EMF toxicity problems	/200	Radioactive elements/materials	/200

### C. Criteria for guiding nutritional and medication regimen dosing:

Given the patient's condition over the past week and over the course of the patient's life, and his/her overall ability to integrate and properly use functional, medical, and energy interventions and regimens, the intent of this muscle testing is to access all information for the optimum process and dosages for the patient's overall regimen and interventions listed that will optimally support the patient's state of well-being, improvement, recovery, healing, and health. Also, the intention is to heal root causes of illness, replete deficiencies, create well-being, support medication reduction comfortably and safely (if applicable and possible) and to create a state of:

1. Calmness
2. Proper biorhythms
3. Proper regulatory mechanisms
4. Cognitive well-being
5. Emotional well-being
6. Sound judgment/logical reasoning
7. Self-control
8. Inner harmony
9. Strength
10. Stamina
11. Empathy
12. Easy recovery
13. Healing from various underlying causes of dysfunction, e.g. cancer cells, glandular deficiencies, infections, toxicity, or genetic problems.

Functional or energy interventions that may cause negative side effects, hypersensitivity reactions, or imbalances are to be dosed at levels that will result in overall benefits and proper balance, otherwise these interventions will need to be adjusted or eliminated.

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For individuals whose condition allows for medication reduction without negative consequences from relapsing or deficient functioning resurfacing, the purpose of this muscle testing is to provide a safe, effective, comfortable, and smooth withdrawal process, and to provide the proper dosage of medication and supplements necessary for optimizing the medications' beneficial effects while minimizing negative consequences from dysfunction or imbalance. The primary purpose of the person's regimen is to support healthy, optimal recovery and function and to heal from illness, debility, dependency, imbalances, and deficiencies. The goal is to help the patient create a life filled with optimal well-being, health, clarity, harmony, strength, stability, joy, and peace.

- D. **CBET scales on 8/5/2020 for A.S.:** over the past three days, given all contributing factors, including any effects from stressors, drugs/medications, experiences, and orthomolecular/energy medicine interventions, with regard to the health, activity, and proper functioning of A.S.'s organs or glands from 0 to 200. If 0 means that this area/aspect completely lacks any health, activity, or proper functioning [and if applicable, will not be able to support A.S.'s withdrawal from his/her drugs/medications(s) at all]. 100 means that this area/aspect is at an optimal state of health, activity, and proper functioning at all times [and if applicable, will allow A.S. to withdraw from his/her drugs/medications(s) with ease]. And 200 means that this area/aspect has excessively elevated activity and function at all times, creating a state of imbalance, illness, or dysfunction, [and if applicable, will interfere with A.S.'s ability to withdraw from his/her drugs/medications(s) at all times]. Then for A.S., **all are at 100/200 except for the following:**

Pineal Gland		Thyroid		Pancreas		R. Kidney	
Pituitary Gland		Thymus		Sm. Intestines		L. Kidney	
Thalamus		Heart		Lg. Intestines		Spleen	120
Hypothalamus		Liver		R. Adrenal	120	Skin	
Parotids		Gallbladder		L. Adrenal	120	Reprod. Organs	

**CBET scales on 11/4/20 for A.S.:** Over the past three days, given all contributing factors, including any effects from stressors, drugs/medications, experiences, and orthomolecular/energy medicine interventions, **with regard to the health, activity, and proper functioning of Ana's organs or glands** from 0 to 200. If 0 means that this area/aspect completely lacks any health, activity, or proper functioning [and if applicable, will not be able to support Ana's withdrawal from his/her drugs/medications(s) at all]. 100 means that this area/aspect is at an optimal state of health, activity, and proper functioning at all times [and if applicable, will allow Ana to withdraw from his/her drugs/medications(s) with ease]. And 200 means that this area/aspect has excessively elevated activity and function at all times, creating a state of imbalance, illness, or dysfunction, [and if applicable, will interfere with Ana's ability to withdraw from his/her drugs/ medications(s) at all times]. Then for Ana, **all are at 100/200 except for the following:**

Pineal Gland	90	Thyroid		Pancreas		R. Kidney	
Pituitary Gland		Thymus		Sm. Intestines		L. Kidney	
Thalamus		Heart		Lg. Intestines		Spleen	
Hypothalamus		Liver		R. Adrenal		Skin	
Parotids		Gallbladder		L. Adrenal		Reprod. Organs	

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## E. CBET results for A.S.'s nutritional regimen:

Date: Wednesday, August 12, 2020

A.S.'s Nutritional Supplement/Medication Regimen:

DOB: x/x/xxxx

- 1) (M) means that you can mix the supplement together with the other powders and liquids in a bottle of water and sip gradually throughout the day, or you may divide the liquid mix of supplements into two doses: a.m. and p.m., using it to help you swallow the tablets or capsules in the a.m. and p.m. Do not take it much later than 5 p.m., because these liquid supplements are meant to give you functional energy during the day. You may flavor the liquid mix of supplements with agave nectar and organic juice such as acai, pomegranate, blueberry, or goji berry juices. Avoid juices that contain refined sugar.
- 2) All other nutritional preparations that need to be taken in separate doses should be taken in the a.m./afternoon/bedtime with a (/) sign to indicate the separate dosing.
- 3) **Bold lettering alerts you to changes. Some dosages may change midweek.**

Supplement/Energy Medicine	Day 1	Day 2	Day 3	Day 4	Day 5
Fresh, clean, filtered water	90 oz per day				
Energy Breaths	Twice per day				
Minimizing Withdrawal Problems audio track	Do once.				
EET + Logosynthesis for medication w/d	---				
Juicing (carrots, beets, lemon, garlic, apple)	8 oz. twice per day				
Trileptal (Oxcarbazepine) 150 mg tab	1/0/1				
<b>Trileptal (Oxcarbazepine) oral suspension 300mg/5ml = 60 mg/ml=6 mg/0.1 ml (1 ml syringes)</b>	<b>Stop</b>	---	---	---	---
<b>Klonopin 0.1 mg/ml</b>	<b>0/0/4 ml</b>	0/0/4 ml	0/0/4 ml	<b>0/0/3.5 ml</b>	0/0/3.5 ml
Trazodone 100 mg tab	0/0/1/2				
Trazodone 50 mg/5ml = 10 mg/ml	0/0/3 ml	0/0/3 ml	0/0/3 ml	0/0/3 ml	0/0/3 ml
Seroquel (Quetiapine) 25 mg tabs	0/0/3				
Seroquel liquid oral solution 20 mg/ml = 2 mg/0.1 ml	0/0/0.3 ml	0/0/0.3 ml	0/0/0.3 ml	0/0/0.3 ml	0/0/0.3 ml
<b>Effexor 150 mg capsule</b>	-50 beads	-51 beads	-52 beads	-54 beads	-55 beads
Flax Seed Oil Supplement (Barlene's)	2 tsp/0/0	2 tsp/0/0	2 tsp/0/0	2 tsp/0/0	2 tsp/0/0
Omegagenics DHA-EPA 2400 (Metagenics) 5 fl. oz.	1 tsp/0/0	1 tsp/0/0	1 tsp/0/0	1 tsp/0/0	1 tsp/0/0
(M) Brainchild Spectrum Support II Vitamin (Lemon Lime) Brainchild	2.5 Tbsp	2.5 Tbsp	2.5 Tbsp	2.5 Tbsp	2.5 Tbsp
(M) Brainchild Spectrum Support Minerals (Brainchild)	2.5 Tbsp	2.5 Tbsp	2.5 Tbsp	2.5 Tbsp	2.5 Tbsp
(M) Organic Hemp Protein Powder (Manitoba)	1 Tbsp	1 Tbsp	1 Tbsp	1 Tbsp	1 Tbsp
(M) Magnesium Solution (Cardiovascular Research) 133 mg/teaspoon	1 tsp	1 tsp	1 tsp	1 tsp	1 tsp
Pure Vitamin C 1,000 mg/ cap (ARG)	1/1/1	1/1/1	1/1/1	1/1/1	1/1/1
Betacarotene 2500 IUs (Source Naturals)	0/1/0	0/1/0	0/1/0	0/1/0	0/1/0
Vitamin D 1,000 IU sg (Life Ext)	1/1/1	1/1/1	1/1/1	1/1/1	1/1/1
Vitamin E 67 mg (NSI)	1/0/1	1/0/1	1/0/1	1/0/1	1/0/1
Calsym 25 mg/cap (NSI)	1/0/1	1/0/1	1/0/1	1/0/1	1/0/1
Super K 15 mcg K1, 1100 mcg K2 (Life Ext)	0/1/0	0/1/0	0/1/0	0/1/0	0/1/0
Potassium Chloride (KCl) by Kal 99 mg caps	1/0/1	1/0/1	1/0/1	1/0/1	1/0/1
Selenium 50 mcg cap (NSI)	1/0/0	1/0/0	1/0/0	1/0/0	1/0/0
Alpha Lipoic Acid (w/ biotin) 250 mg/cap (Life Extension)	1/0/1	1/0/1	1/0/1	1/0/1	1/0/1

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Iodomere 200mcg/cap (Standard Process)	0/1/0	0/1/0	0/1/0	0/1/0	0/1/0
Super Ubiquinol Co-Q 10 100mg sg	1/1/1	1/1/1	1/1/1	1/1/1	1/1/1
NT2 Collagen cap (Life Extension)	1/0/1	1/0/1	1/0/1	1/0/1	1/0/1
N-Acetyl-L-Cysteine 600 mg cap with meals (Life Extension)	1/0/1	1/0/1	1/0/1	1/0/1	1/0/1
Lymph 250 mg/cap (NSI)	1/0/1	1/0/1	1/0/1	1/0/1	1/0/1
Pineal Gland (Deseret Biologicals)	1/1/0	1/1/0	1/1/0	1/1/0	1/1/0
<b>Pancreas 350 mg/cap (NSI) with meals</b>	3/3/3 6 3x/d	3/3/3 6 3x/d	3/3/3 6 3x/d	3/3/3 6 3x/d	3/3/3 6 3x/d
Liver Supplement 500 mg/cap (NSI)	1/1/0	1/1/0	1/1/0	1/1/0	1/1/0
Hypothalamus 200 mg caps (NSI)	1/0/1	1/0/1	1/0/1	1/0/1	1/0/1
Thymus Supplement 500 mg/cap (NSI)	Take at the beginning of getting a cold.				
Florassist (Life Extension) cap	1/1/1	1/1/1	1/1/1	1/1/1	1/1/1
Moderate Vegetarian Digestive Aid (Nutritional Services) caps	1 capsule per meal.				
Digestive Enzyme Supp. 57 mg/cap (NSI) w/meals	1/1/1	1/1/1	1/1/1	1/1/1	1/1/1
Coffee enemas application	0/2/0	0/2/0	0/2/0	0/2/0	0/2/0
SeroPlus caps (Pure Encapsulations)	0/0/1	0/0/1	0/0/1	0/0/1	0/0/1
D-phenyl Relief (Montiff)	1/0/0	1/0/0	1/0/0	1/0/0	1/0/0
Carditone (Ayush Herbs)	0/0/1	0/0/1	0/0/1	0/0/1	0/0/1

### F. Raw data of medication changes over treatment days for A.S.

Bold font= change in dose  
 bid= twice daily  
 tid=three times daily  
 q am= in the morning  
 qhs=at bedtime

Dates	#Day	Med 1 dose	Med 2 dose	Med 3 dose	Med 4 dose	Med 5 dose	Med 6 dose
		Venlafaxine (Effexor)	Propranolol (Inderal)	Quetiapine (Seroquel)	(Oxcarbazepine) (Trileptal)	Trazodone (Desyrel)	Clonazepam (Klonopin)
04/17/20	0	150 mg	10 mg bid	100 mg qhs	300 mg bid	150 mg qhs	0.5 mg qhs
04/18/20	1	150 mg	10 mg bid	100 mg qhs	300 mg bid	150 mg qhs	0.5 mg qhs
04/19/20	2	150 mg	10 mg bid	100 mg qhs	300 mg bid	150 mg qhs	0.5 mg qhs
04/20/20	3	150 mg	10 mg bid	100 mg qhs	300 mg bid	150 mg qhs	0.5 mg qhs
04/21/20	4	150 mg	10 mg bid	100 mg qhs	300 mg bid	150 mg qhs	0.5 mg qhs
04/22/20	5	150 mg	10 mg bid	100 mg qhs	300 mg bid	150 mg qhs	0.5 mg qhs
04/23/20	6	150 mg	10 mg bid	100 mg qhs	300 mg bid	150 mg qhs	0.5 mg qhs
04/24/20	7	150 mg	10 mg bid	100 mg qhs	300 mg bid	150 mg qhs	0.5 mg qhs
04/25/20	8	150 mg	10 mg bid	100 mg qhs	300 mg bid	150 mg qhs	0.5 mg qhs
04/26/20	9	150 mg	10 mg bid	100 mg qhs	300 mg bid	150 mg qhs	0.5 mg qhs

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Dates	#Day	Med 1 dose	Med 2 dose	Med 3 dose	Med 4 dose	Med 5 dose	Med 6 dose
		Venlafaxine (Effexor)	Propranolol (Inderal)	Quetiapine (Seroquel)	(Oxcarbazepine) (Trileptal)	Trazodone (Desyrel)	Clonazepam (Klonopin)
04/27/20	10	150 mg	10 mg bid	100 mg qhs	300 mg bid	150 mg qhs	0.5 mg qhs
04/28/20	11	150 mg	10 mg bid	100 mg qhs	300 mg bid	150 mg qhs	0.5 mg qhs
04/29/20	12	150 mg	10 mg bid	100 mg qhs	300 mg bid	150 mg qhs	0.5 mg qhs
04/30/20	13	150 mg	10 mg bid	100 mg qhs	300 mg bid	150 mg qhs	0.5 mg qhs
05/01/20	14	150 mg	10 mg bid	100 mg qhs	300 mg bid	150 mg qhs	0.5 mg qhs
05/02/20	15	150 mg	10 mg bid	100 mg qhs	300 mg bid	150 mg qhs	0.5 mg qhs
05/03/20	16	150 mg	10 mg bid	100 mg qhs	300 mg bid	150 mg qhs	0.5 mg qhs
05/04/20	17	150 mg	10 mg bid	100 mg qhs	300 mg bid	150 mg qhs	0.5 mg qhs
05/05/20	18	150 mg	10 mg bid	100 mg qhs	300 mg bid	150 mg qhs	0.5 mg qhs
05/06/20	19	150 mg	10 mg bid	100 mg qhs	300 mg bid	150 mg qhs	0.5 mg qhs
05/07/20	20	150 mg	10 mg bid	100 mg qhs	300 mg bid	150 mg qhs	0.5 mg qhs
05/08/20	21	150 mg	10 mg bid	100 mg qhs	300 mg bid	150 mg qhs	0.5 mg qhs
05/09/20	22	150 mg	10 mg bid	100 mg qhs	300 mg bid	<b>100 mg qhs</b>	0.5 mg qhs
05/10/20	23	150 mg	10 mg bid	100 mg qhs	300 mg bid	100 mg qhs	0.5 mg qhs
05/11/20	24	150 mg	10 mg bid	100 mg qhs	300 mg bid	100 mg qhs	0.5 mg qhs
05/12/20	25	150 mg	10 mg bid	100 mg qhs	300 mg bid	100 mg qhs	0.5 mg qhs
05/13/20	26	150 mg	10 mg bid	100 mg qhs	300 mg bid	100 mg qhs	0.5 mg qhs
05/14/20	27	150 mg	<b>5 mg/0/10 mg</b>	100 mg qhs	300 mg bid	100 mg qhs	0.5 mg qhs
05/15/20	28	150 mg	5 mg/0/10 mg	100 mg qhs	300 mg bid	100 mg qhs	0.5 mg qhs
05/16/20	29	150 mg	5 mg/0/10mg	100 mg qhs	300 mg bid	100 mg qhs	0.5 mg qhs
05/17/20	30	150 mg	5 mg/0/10mg	100 mg qhs	300 mg bid	100 mg qhs	0.5 mg qhs
05/18/20	31	150 mg	5 mg/0/10mg	100 mg qhs	300 mg bid	100 mg qhs	0.5 mg qhs
05/19/20	32	150 mg	5 mg/0/10mg	100 mg qhs	300 mg bid	100 mg qhs	0.5 mg qhs
05/20/20	33	150 mg	5 mg/0/10mg	100 mg qhs	300 mg bid	100 mg qhs	0.5 mg qhs
05/21/20	34	150 mg	5 mg/0/10mg	100 mg qhs	300 mg bid	100 mg qhs	0.5 mg qhs
05/22/20	35	150 mg	5 mg/0/10mg	100 mg qhs	300 mg bid	100 mg qhs	0.5 mg qhs
05/23/20	36	150 mg	5 mg/0/10mg	100 mg qhs	300 mg bid	100 mg qhs	0.5 mg qhs
05/24/20	37	150 mg	5 mg/0/10mg	100 mg qhs	300 mg bid	100 mg qhs	0.5 mg qhs
05/25/20	38	150 mg	5 mg/0/10mg	100 mg qhs	300 mg bid	100 mg qhs	0.5 mg qhs
05/26/20	39	150 mg	5 mg/0/10mg	100 mg qhs	300 mg bid	100 mg qhs	0.5 mg qhs
05/27/20	40	150 mg	<b>5 mg/0/5 mg</b>	100 mg qhs	300 mg bid	100 mg qhs	0.5 mg qhs
05/28/20	41	150 mg	5 mg/0/5 mg	100 mg qhs	300 mg bid	100 mg qhs	0.5 mg qhs
05/29/20	42	150 mg	5 mg/0/5 mg	100 mg qhs	300 mg bid	100 mg qhs	0.5 mg qhs
05/30/20	43	150 mg	5 mg/0/5 mg	100 mg qhs	300 mg bid	100 mg qhs	0.5 mg qhs
05/31/20	44	150 mg	5 mg/0/5 mg	100 mg qhs	300 mg bid	100 mg qhs	0.5 mg qhs
06/01/20	45	150 mg	<b>0/0/5 mg</b>	100 mg qhs	300 mg bid	100 mg qhs	0.5 mg qhs

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Dates	#Day	Med 1 dose	Med 2 dose	Med 3 dose	Med 4 dose	Med 5 dose	Med 6 dose
		Venlafaxine (Effexor)	Propranolol (Inderal)	Quetiapine (Seroquel)	(Oxcarbazepine) (Trileptal)	Trazodone (Desyrel)	Clonazepam (Klonopin)
06/02/20	46	150 mg	0/0/5 mg	100 mg qhs	300 mg bid	100 mg qhs	0.5 mg qhs
06/03/20	47	150 mg	0/0/5 mg	100 mg qhs	300 mg bid	100 mg qhs	0.5 mg qhs
06/04/20	48	150 mg	0/0/5 mg	100 mg qhs	300 mg bid	100 mg qhs	0.5 mg qhs
06/05/20	49	150 mg	0/0/5 mg	100 mg qhs	300 mg bid	100 mg qhs	0.5 mg qhs
06/06/20	50	150 mg	0/0/5 mg	100 mg qhs	300 mg bid	100 mg qhs	0.5 mg qhs
06/07/20	51	150 mg	0/0/5 mg	100 mg qhs	300 mg bid	100 mg qhs	0.5 mg qhs
06/08/20	52	150 mg	0/0/5 mg	100 mg qhs	300 mg bid	100 mg qhs	0.5 mg qhs
06/09/20	53	150 mg	0/0/5 mg	100 mg qhs	300 mg bid	100 mg qhs	0.5 mg qhs
06/10/20	54	150 mg	---	100 mg qhs	300 mg bid	100 mg qhs	0.5 mg qhs
06/11/20	55	150 mg	---	100 mg qhs	300 mg bid	100 mg qhs	0.5 mg qhs
06/12/20	56	150 mg	---	100 mg qhs	300 mg bid	100 mg qhs	0.5 mg qhs
06/13/20	57	150 mg	---	100 mg qhs	300 mg bid	100 mg qhs	0.5 mg qhs
06/14/20	58	150 mg	---	100 mg qhs	300 mg bid	100 mg qhs	0.5 mg qhs
06/15/20	59	150 mg	---	100 mg qhs	300 mg bid	100 mg qhs	0.5 mg qhs
06/16/20	60	150 mg	---	100 mg qhs	300 mg bid	100 mg qhs	0.5 mg qhs
06/17/20	61	150 mg	---	100 mg qhs	300 mg bid	100 mg qhs	0.5 mg qhs
06/18/20	62	150 mg	---	100 mg qhs	<b>270 mg/0/300 mg</b>	100 mg qhs	0.5 mg qhs
06/19/20	63	150 mg	---	100 mg qhs	270 mg/0/300 mg	100 mg qhs	0.5 mg qhs
06/20/20	64	150 mg	---	100 mg qhs	270 mg/0/300 mg	100 mg qhs	0.5 mg qhs
06/21/20	65	150 mg	---	100 mg qhs	270 mg/0/300 mg	100 mg qhs	0.5 mg qhs
06/22/20	66	150 mg	---	100 mg qhs	270 mg/0/300 mg	100 mg qhs	0.5 mg qhs
06/23/20	67	150 mg	---	100 mg qhs	270 mg/0/300 mg	100 mg qhs	0.5 mg qhs
06/24/20	68	150 mg	---	100 mg qhs	270 mg/0/300 mg	100 mg qhs	0.5 mg qhs
06/25/20	69	150 mg	---	100 mg qhs	270 mg/0/300 mg	100 mg qhs	0.5 mg qhs
06/26/20	70	150 mg	---	100 mg qhs	<b>270 mg/0/270 mg</b>	100 mg qhs	0.5 mg qhs
06/27/20	71	150 mg	---	100 mg qhs	270 mg/0/270 mg	100 mg qhs	0.5 mg qhs
06/28/20	72	150 mg	---	100 mg qhs	270 mg/0/270 mg	100 mg qhs	0.5 mg qhs
06/29/20	73	150 mg	---	100 mg qhs	270 mg/0/270 mg	100 mg qhs	0.5 mg qhs
06/30/20	74	150 mg	---	100 mg qhs	270 mg/0/270 mg	100 mg qhs	0.5 mg qhs
07/01/20	75	150 mg	---	100 mg qhs	270 mg/0/270 mg	100 mg qhs	0.5 mg qhs
07/02/20	76	<b>-5 beads/d</b>	---	<b>95 mg qhs</b>	270 mg/0/270 mg	100 mg qhs	0.5 mg qhs
07/03/20	77	<b>-10 beads/d</b>	---	95 mg qhs	270 mg/0/270 mg	100 mg qhs	0.5 mg qhs
07/04/20	78	<b>-15 beads/d</b>	---	95 mg qhs	270 mg/0/270 mg	100 mg qhs	0.5 mg qhs
07/05/20	79	<b>-20 beads/d</b>	---	95 mg qhs	270 mg/0/270 mg	100 mg qhs	0.5 mg qhs
07/06/20	80	<b>-25 beads/d</b>	---	95 mg qhs	270 mg/0/270 mg	100 mg qhs	0.5 mg qhs
07/07/20	81	<b>-30 beads/d</b>	---	95 mg qhs	270 mg/0/270 mg	100 mg qhs	0.5 mg qhs

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Dates	#Day	Med 1 dose	Med 2 dose	Med 3 dose	Med 4 dose	Med 5 dose	Med 6 dose
		Venlafaxine (Effexor)	Propranolol (Inderal)	Quetiapine (Seroquel)	(Oxcarbazepine) (Trileptal)	Trazodone (Desyrel)	Clonazepam (Klonopin)
07/08/20	82	-35 beads/d	---	95 mg qhs	240 mg/0/240 mg	90 mg qhs	0.5 mg qhs
07/09/20	83	-35 beads/d	---	95 mg qhs	240 mg/0/240 mg	90 mg qhs	0.5 mg qhs
07/10/20	84	-35 beads/d	---	95 mg qhs	240 mg/0/240 mg	90 mg qhs	0.5 mg qhs
07/11/20	85	-35 beads/d	---	95 mg qhs	240 mg/0/240 mg	90 mg qhs	0.5 mg qhs
07/12/20	86	-35 beads/d	---	95 mg qhs	210 mg/0/240 mg	90 mg qhs	0.5 mg qhs
07/13/20	87	-35 beads/d	---	95 mg qhs	210 mg/0/240 mg	90 mg qhs	0.5 mg qhs
07/14/20	88	-35 beads/d	---	95 mg qhs	210 mg/0/240 mg	90 mg qhs	0.5 mg qhs
07/15/20	89	-35 beads/d	---	95 mg qhs	210 mg/0/240 mg	90 mg qhs	0.5 mg qhs
07/16/20	90	-35 beads/d	---	95 mg qhs	210 mg/0/240 mg	90 mg qhs	0.5 mg qhs
07/17/20	91	-35 beads/d	---	95 mg qhs	210 mg/0/240 mg	90 mg qhs	0.5 mg qhs
07/18/20	92	-35 beads/d	---	95 mg qhs	210 mg/0/240 mg	90 mg qhs	0.5 mg qhs
07/19/20	93	-35 beads/d	---	95 mg qhs	210 mg/0/240 mg	90 mg qhs	0.5 mg qhs
07/20/20	94	-35 beads/d	---	95 mg qhs	210 mg/0/240 mg	90 mg qhs	0.5 mg qhs
07/21/20	95	-35 beads/d	---	95 mg qhs	210 mg/0/240 mg	90 mg qhs	0.5 mg qhs
07/22/20	96	-35 beads/d	---	90 mg qhs	210 mg/0/240 mg	90 mg qhs	0.45 mg qhs
07/23/20	97	-40 beads/d	---	90 mg qhs	210 mg/0/210 mg	90 mg qhs	0.45 mg qhs
07/24/20	98	-40 beads/d	---	90 mg qhs	210 mg/0/210 mg	90 mg qhs	0.45 mg qhs
07/25/20	99	-40 beads/d	---	90 mg qhs	210 mg/0/210 mg	90 mg qhs	0.45 mg qhs
07/26/20	100	-40 beads/d	---	90 mg qhs	210 mg/0/210 mg	90 mg qhs	0.45 mg qhs
07/27/20	101	-40 beads/d	---	90 mg qhs	210 mg/0/210 mg	90 mg qhs	0.45 mg qhs
07/28/20	102	-40 beads/d	---	90 mg qhs	210 mg/0/210 mg	90 mg qhs	0.45 mg qhs
07/29/20	103	-40 beads/d	---	90 mg qhs	180 mg/0/210 mg	85 mg qhs	0.45 mg qhs
07/30/20	104	-45 beads/d	---	90 mg qhs	180 mg/0/210 mg	85 mg qhs	0.45 mg qhs
07/31/20	105	-45 beads/d	---	90 mg qhs	180 mg/0/210 mg	85 mg qhs	0.45 mg qhs
08/01/20	106	-45 beads/d	---	90 mg qhs	180 mg/0/210 mg	85 mg qhs	0.45 mg qhs
08/02/20	107	-50 beads/d	---	90 mg qhs	180 mg/0/180 mg	80 mg qhs	0.45 mg qhs
08/03/20	108	-50 beads/d	---	90 mg qhs	180 mg/0/180 mg	80 mg qhs	0.45 mg qhs
08/04/20	109	-50 beads/d	---	90 mg qhs	180 mg/0/180 mg	80 mg qhs	0.45 mg qhs
08/05/20	110	-50 beads/d	---	85 mg qhs	168 mg/0/168 mg	80 mg qhs	0.45 mg qhs
08/06/20	111	-50 beads/d	---	85 mg qhs	168 mg/0/168 mg	80 mg qhs	0.45 mg qhs
08/07/20	112	-50 beads/d	---	85 mg qhs	168 mg/0/168 mg	80 mg qhs	0.45 mg qhs
08/08/20	113	-50 beads/d	---	80 mg qhs	156 mg/0/156 mg	80 mg qhs	0.45 mg qhs
08/09/20	114	-50 beads/d	---	80 mg qhs	156 mg/0/156 mg	80 mg qhs	0.45 mg qhs
08/10/20	115	-50 beads/d	---	80 mg qhs	156 mg/0/156 mg	80 mg qhs	0.45 mg qhs
08/11/20	116	-50 beads/d	---	80 mg qhs	156 mg/0/156 mg	80 mg qhs	0.45 mg qhs
08/12/20	117	-50 beads/d	---	80 mg qhs	150 mg/0/150 mg	80 mg qhs	0.40 mg qhs



Alice W. Lee, MD

Dates	#Day	Med 1 dose	Med 2 dose	Med 3 dose	Med 4 dose	Med 5 dose	Med 6 dose
		Venlafaxine (Effexor)	Propranolol (Inderal)	Quetiapine (Seroquel)	(Oxcarbazepine) (Trileptal)	Trazodone (Desyrel)	Clonazepam (Klonopin)
08/13/20	118	-50 beads/d	---	80 mg qhs	150 mg/0/150 mg	80 mg qhs	0.40 mg qhs
08/14/20	119	<b>-51 beads/d</b>	---	80 mg qhs	150 mg/0/150 mg	80 mg qhs	0.40 mg qhs
08/15/20	120	<b>-52 beads/d</b>	---	80 mg qhs	150 mg/0/150 mg	80 mg qhs	<b>0.35 mg qhs</b>
08/16/20	121	<b>-54 beads/d</b>	---	80 mg qhs	150 mg/0/150 mg	80 mg qhs	0.35 mg qhs
08/17/20	122	<b>-55 beads/d</b>	---	80 mg qhs	150 mg/0/150 mg	80 mg qhs	0.35 mg qhs
08/18/20	123	-55 beads/d	---	80 mg qhs	150 mg/0/150 mg	80 mg qhs	0.35 mg qhs
08/19/20	124	<b>-55 beads/d</b>	---	80 mg qhs	150 mg/0/150 mg	80 mg qhs	0.35 mg qhs
08/20/20	125	<b>-57 beads/d</b>	---	80 mg qhs	<b>105 mg/0/150 mg</b>	80 mg qhs	0.35 mg qhs
08/21/20	126	<b>-58 beads/d</b>	---	80 mg qhs	105 mg/0/150 mg	80 mg qhs	0.35 mg qhs
08/22/20	127	<b>-59 beads/d</b>	---	80 mg qhs	105 mg/0/150 mg	80 mg qhs	0.35 mg qhs
08/23/20	128	<b>-60 beads/d</b>	---	80 mg qhs	105 mg/0/150 mg	80 mg qhs	0.35 mg qhs
08/24/20	129	<b>-61 beads/d</b>	---	80 mg qhs	105 mg/0/150 mg	80 mg qhs	0.35 mg qhs
08/25/20	130	-61 beads/d	---	80 mg qhs	105 mg/0/150 mg	80 mg qhs	0.35 mg qhs
08/26/20	131	-61 beads/d	---	<b>79 mg qhs</b>	105 mg/0/150 mg	80 mg qhs	0.35 mg qhs
08/27/20	132	<b>-63 beads/d</b>	---	79 mg qhs	<b>87 mg/0/150 mg</b>	80 mg qhs	<b>0.30 mg qhs</b>
08/28/20	133	<b>-65 beads/d</b>	---	79 mg qhs	87mg/0/150 mg	80 mg qhs	0.30 mg qhs
08/29/20	134	<b>-66 beads/d</b>	---	79 mg qhs	87 mg/0/150 mg	80 mg qhs	0.30 mg qhs
08/30/20	135	-66 beads/d	---	79 mg qhs	87 mg/0/150 mg	80 mg qhs	0.30 mg qhs
08/31/20	136	<b>-67 beads/d</b>	---	79 mg qhs	87 mg/0/150 mg	80 mg qhs	0.30 mg qhs
09/01/20	137	-67 beads/d	---	79 mg qhs	87 mg/0/150 mg	80 mg qhs	0.30 mg qhs
09/02/20	138	-67 beads/d	---	79 mg qhs	87 mg/0/150 mg	<b>75 mg qhs</b>	0.30 mg qhs
09/03/20	139	<b>-63 beads/d</b>	---	79 mg qhs	87 mg/0/150 mg	75 mg qhs	0.30 mg qhs
09/04/20	140	<b>-65 beads/d</b>	---	79 mg qhs	87 mg/0/150 mg	75 mg qhs	0.30 mg qhs
09/05/20	141	<b>-66 beads/d</b>	---	79 mg qhs	87 mg/0/150 mg	75 mg qhs	0.30 mg qhs
09/06/20	142	<b>-66 beads/d</b>	---	79 mg qhs	87 mg/0/150 mg	75 mg qhs	0.30 mg qhs
09/07/20	143	<b>-67 beads/d</b>	---	79 mg qhs	87 mg/0/150 mg	75 mg qhs	0.30 mg qhs
09/08/20	144	-67 beads/d	---	79 mg qhs	87 mg/0/150 mg	75 mg qhs	0.30 mg qhs
09/09/20	145	-67 beads/d	---	79 mg qhs	87 mg/0/150 mg	75 mg qhs	<b>0.20 mg qhs</b>
09/10/20	146	<b>-68 beads/d</b>	---	79 mg qhs	<b>81 mg/0/150 mg</b>	75 mg qhs	0.20 mg qhs
09/11/20	147	<b>-69 beads/d</b>	---	79 mg qhs	81 mg/0/150 mg	75 mg qhs	0.20 mg qhs
09/12/20	148	<b>-70 beads/d</b>	---	79 mg qhs	81 mg/0/150 mg	<b>70 mg qhs</b>	0.20 mg qhs
09/13/20	149	<b>-71 beads/d</b>	---	79 mg qhs	81 mg/0/150 mg	70 mg qhs	0.20 mg qhs
09/14/20	150	<b>-72 beads/d</b>	---	79 mg qhs	81 mg/0/150 mg	70 mg qhs	0.20 mg qhs
09/15/20	151	-72 beads/d	---	79 mg qhs	81 mg/0/150 mg	70 mg qhs	0.20 mg qhs
09/16/20	152	-72 beads/d	---	<b>77 mg qhs</b>	<b>75 mg/0/75 mg</b>	<b>60 mg qhs</b>	0.20 mg qhs
09/17/20	153	<b>-74 beads/d</b>	---	77 mg qhs	75 mg/0/75 mg	60 mg qhs	0.20 mg qhs

Alice W. Lee, MD

Dates	#Day	Med 1 dose	Med 2 dose	Med 3 dose	Med 4 dose	Med 5 dose	Med 6 dose
		Venlafaxine (Effexor)	Propranolol (Inderal)	Quetiapine (Seroquel)	(Oxcarbazepine) (Trileptal)	Trazodone (Desyrel)	Clonazepam (Klonopin)
09/18/20	154	-76 beads/d	---	75 mg qhs	37.5 mg/0/75 mg	60 mg qhs	0.20 mg qhs
09/19/20	155	-78 beads/d	---	75 mg qhs	37.5 mg/0/75 mg	60 mg qhs	0.20 mg qhs
09/20/20	156	-80 beads/d	---	75 mg qhs	37.5 mg/0/75 mg	60 mg qhs	0.20 mg qhs
09/21/20	157	-82 beads/d	---	75 mg qhs	37.5 mg/0/37.5 mg	60 mg qhs	0.20 mg qhs
09/22/20	158	-82 beads/d	---	75 mg qhs	37.5 mg/0/37.5 mg	60 mg qhs	0.20 mg qhs
09/23/20	159	-82 beads/d	---	75 mg qhs	0/0/30 mg	50 mg qhs	0.20 mg qhs
09/24/20	160	-84 beads/d	---	75 mg qhs	0/0/24 mg	50 mg qhs	0.20 mg qhs
09/25/20	161	-86 beads/d	---	75 mg qhs	0/0/18 mg	45 mg qhs	0.20 mg qhs
09/26/20	162	-88 beads/d	---	70 mg qhs	0/0/12 mg	45 mg qhs	0.20 mg qhs
09/27/20	163	-90 beads/d	---	70 mg qhs	0/0/6 mg	40 mg qhs	0.20 mg qhs
09/28/20	164	-92 beads/d	---	70 mg qhs	---	40 mg qhs	0.20 mg qhs
09/29/20	165	-92 beads/d	---	70 mg qhs	---	40 mg qhs	0.20 mg qhs
09/30/20	166	-92 beads/d	---	70 mg qhs	---	40 mg qhs	0.20 mg qhs
10/01/20	167	-92 beads/d	---	70 mg qhs	---	40 mg qhs	0.20 mg qhs
10/02/20	168	-92 beads/d	---	70 mg qhs	---	40 mg qhs	0.20 mg qhs
10/03/20	169	-92 beads/d	---	70 mg qhs	---	40 mg qhs	0.20 mg qhs
10/04/20	170	-92 beads/d	---	70 mg qhs	---	40 mg qhs	0.20 mg qhs
10/05/20	171	-92 beads/d	---	70 mg qhs	---	40 mg qhs	0.20 mg qhs
10/06/20	172	-92 beads/d	---	70 mg qhs	---	40 mg qhs	0.20 mg qhs
10/07/20	173	-92 beads/d	---	70 mg qhs	---	40 mg qhs	0.20 mg qhs
10/08/20	174	-92 beads/d	---	70 mg qhs	---	40 mg qhs	0.20 mg qhs
10/09/20	175	-92 beads/d	---	70 mg qhs	---	40 mg qhs	0.20 mg qhs
10/10/20	176	-95 beads/d	---	70 mg qhs	---	40 mg qhs	0.19 mg qhs
10/11/20	177	-96 beads/d	---	70 mg qhs	---	39 mg qhs	0.19 mg qhs
10/12/20	178	-97 beads/d	---	68 mg qhs	---	39 mg qhs	0.19 mg qhs
10/13/20	179	-98 beads/d	---	68 mg qhs	---	39 mg qhs	0.19 mg qhs
10/14/20	180	-99 beads/d	---	68 mg qhs	---	39 mg qhs	0.19 mg qhs
10/15/20	181	-99 beads/d	---	68 mg qhs	---	39 mg qhs	0.19 mg qhs
10/16/20	182	-99 beads/d	---	68 mg qhs	---	39 mg qhs	0.19 mg qhs
10/17/20	183	-99 beads/d	---	68 mg qhs	---	39 mg qhs	0.19 mg qhs
10/18/20	184	-99 beads/d	---	68 mg qhs	---	39 mg qhs	0.19 mg qhs
10/19/20	185	-99 beads/d	---	68 mg qhs	---	39 mg qhs	0.19 mg qhs
10/20/20	186	-99 beads/d	---	68 mg qhs	---	39 mg qhs	0.19 mg qhs
10/21/20	187	-99 beads/d	---	68 mg qhs	---	39 mg qhs	0.19 mg qhs
10/22/20	188	-99 beads/d	---	68 mg qhs	---	39 mg qhs	0.19 mg qhs
10/23/20	189	-99 beads/d	---	68 mg qhs	---	39 mg qhs	0.19 mg qhs

Alice W. Lee, MD

Dates	#Day	Med 1 dose	Med 2 dose	Med 3 dose	Med 4 dose	Med 5 dose	Med 6 dose
		Venlafaxine (Effexor)	Propranolol (Inderal)	Quetiapine (Seroquel)	(Oxcarbazepine) (Trileptal)	Trazodone (Desyrel)	Clonazepam (Klonopin)
10/24/20	190	-99 beads/d	---	68 mg qhs	---	39 mg qhs	0.19 mg qhs
10/25/20	191	-99 beads/d	---	68 mg qhs	---	39 mg qhs	0.19 mg qhs
10/26/20	192	-99 beads/d	---	68 mg qhs	---	39 mg qhs	0.19 mg qhs
10/27/20	193	-99 beads/d	---	68 mg qhs	---	39 mg qhs	0.19 mg qhs
10/28/20	194	-99 beads/d	---	68 mg qhs	---	39 mg qhs	0.19 mg qhs
10/29/20	195	-99 beads/d	---	68 mg qhs	---	39 mg qhs	0.19 mg qhs
10/30/20	196	-99 beads/d	---	68 mg qhs	---	39 mg qhs	0.19 mg qhs
10/31/20	197	-99 beads/d	---	68 mg qhs	---	39 mg qhs	0.19 mg qhs
11/01/20	198	-99 beads/d	---	68 mg qhs	---	39 mg qhs	0.19 mg qhs
11/02/20	199	-99 beads/d	---	68 mg qhs	---	39 mg qhs	0.19 mg qhs
11/03/20	200	-99 beads/d	---	68 mg qhs	---	39 mg qhs	0.19 mg qhs
11/04/20	201	-99 beads/d	---	<b>58 mg qhs</b>	---	<b>37 mg qhs</b>	<b>0.16 mg qhs</b>
11/05/20	202	<b>-110 beads/d</b>	---	58 mg qhs	---	37 mg qhs	0.16 mg qhs
11/06/20	203	<b>-111 beads/d</b>	---	<b>56 mg qhs</b>	---	37 mg qhs	<b>0.15 mg qhs</b>
11/07/20	204	<b>-112 beads/d</b>	---	56 mg qhs	---	37 mg qhs	0.15 mg qhs
11/08/20	205	<b>-113 beads/d</b>	---	<b>54 mg qhs</b>	---	37 mg qhs	<b>0.14 mg qhs</b>
11/09/20	206	<b>-114 beads/d</b>	---	54 mg qhs	---	37 mg qhs	0.14 mg qhs
11/10/20	207	-114 beads/d	---	54 mg qhs	---	37 mg qhs	0.14 mg qhs
11/11/20	208	-114 beads/d	---	54 mg qhs	---	37 mg qhs	<b>0.13 mg qhs</b>
11/12/20	209	<b>-115 beads/d</b>	---	54 mg qhs	---	<b>36 mg qhs</b>	0.13 mg qhs
11/13/20	210	<b>-116 beads/d</b>	---	<b>52 mg qhs</b>	---	36 mg qhs	0.13 mg qhs
11/14/20	211	<b>-117 beads/d</b>	---	52 mg qhs	---	36 mg qhs	<b>0.12 mg qhs</b>
11/15/20	212	<b>-118 beads/d</b>	---	52 mg qhs	---	36 mg qhs	0.12 mg qhs
11/16/20	213	<b>-119 beads/d</b>	---	52 mg qhs	---	36 mg qhs	0.12 mg qhs
11/17/20	214	<b>No Effexor</b>	---	52 mg qhs	---	36 mg qhs	0.12mg qhs
11/18/20	215	-119 beads/d	---	52 mg qhs	---	36 mg qhs	0.12 mg qhs
11/19/20	216	<b>-1 bead/d</b>	---	52 mg qhs	---	36 mg qhs	0.12 mg qhs
11/20/20	217	<b>-100 beads/d</b>	---	52 mg qhs	---	36 mg qhs	0.12 mg qhs
11/21/20	218	<b>-110 beads/d</b>	---	52 mg qhs	---	36 mg qhs	0.12 mg qhs
11/22/20	219	<b>-120 beads/d</b>	---	52 mg qhs	---	36 mg qhs	0.12 mg qhs
11/23/20	220	<b>-121 beads/d</b>	---	52 mg qhs	---	36 mg qhs	0.12 mg qhs
11/24/20	221	<b>-122 beads/d</b>	---	52 mg qhs	---	36 mg qhs	0.12 mg qhs
11/25/20	222	<b>-123 beads/d</b>	---	<b>50 mg qhs</b>	---	36 mg qhs	<b>0.11 mg qhs</b>
11/26/20	223	<b>-124 beads/d</b>	---	50 mg qhs	---	36 mg qhs	0.11 mg qhs
11/27/20	224	<b>-125 beads/d</b>	---	50 mg qhs	---	36 mg qhs	<b>0.10 mg qhs</b>
11/28/20	225	<b>-126 beads/d</b>	---	50 mg qhs	---	36 mg qhs	0.10 mg qhs

Alice W. Lee, MD

Dates	#Day	Med 1 dose	Med 2 dose	Med 3 dose	Med 4 dose	Med 5 dose	Med 6 dose
		Venlafaxine (Effexor)	Propranolol (Inderal)	Quetiapine (Seroquel)	(Oxcarbazepine) (Trileptal)	Trazodone (Desyrel)	Clonazepam (Klonopin)
11/29/20	226	-127 beads/d	---	50 mg qhs	---	36 mg qhs	0.10 mg qhs
11/30/20	227	-128 beads/d	---	50 mg qhs	---	36 mg qhs	0.10 mg qhs
12/01/20	228	-128 beads/d	---	50 mg qhs	---	36 mg qhs	0.10 mg qhs
12/02/20	229	-128 beads/d	---	50 mg qhs	---	<b>35 mg qhs</b>	<b>0.09 mg qhs</b>
12/03/20	230*	-3 beads/d	---	50 mg qhs	---	35 mg qhs	0.09 mg qhs
12/04/20	231	-4 beads/d	---	50 mg qhs	---	35 mg qhs	0.09 mg qhs
12/05/20	232	-5 beads/d	---	50 mg qhs	---	35 mg qhs	0.09 mg qhs
12/06/20	233	-6 beads/d	---	50 mg qhs	---	35 mg qhs	0.09 mg qhs
12/07/20	234	-7 beads/d	---	50 mg qhs	---	35 mg qhs	0.09 mg qhs
12/08/20	235	-7 beads/d	---	50 mg qhs	---	35 mg qhs	0.09 mg qhs
12/09/20	236	-7 beads/d	---	<b>47 mg qhs</b>	---	<b>34 mg qhs</b>	<b>0.08 mg qhs</b>
12/10/20	237	-9 beads/d	---	47 mg qhs	---	<b>33 mg qhs</b>	0.08 mg qhs
12/11/20	238	-10 beads/d	---	47 mg qhs	---	<b>32 mg qhs</b>	0.08 mg qhs
12/12/20	239	-11 beads/d	---	<b>45 mg qhs</b>	---	<b>31 mg qhs</b>	0.08 mg qhs
12/13/20	240	-12 beads/d	---	45 mg qhs	---	<b>30 mg qhs</b>	0.08 mg qhs
12/14/20	241	-13 beads/d	---	45 mg qhs	---	30 mg qhs	0.08 mg qhs
12/15/20	242	-13 beads/d	---	45 mg qhs	---	30 mg qhs	0.08 mg qhs
12/16/20	243	-13 beads/d	---	45 mg qhs	---	30 mg qhs	<b>0.07 mg qhs</b>
12/17/20	244	-16 beads/d	---	45 mg qhs	---	30 mg qhs	0.07 mg qhs
12/18/20	245	-17 beads/d	---	45 mg qhs	---	30 mg qhs	0.07 mg qhs
12/19/20	246	-18 beads/d	---	45 mg qhs	---	30 mg qhs	0.07 mg qhs
12/20/20	247	-19 beads/d	---	45 mg qhs	---	30 mg qhs	0.07 mg qhs
12/21/20	248	-20 beads/d	---	45 mg qhs	---	30 mg qhs	0.07 mg qhs
12/22/20	249	-20 beads/d	---	45 mg qhs	---	30 mg qhs	0.07 mg qhs
12/23/20	250	-20 beads/d	---	<b>43 mg qhs</b>	---	<b>29 mg qhs</b>	<b>0.06 mg qhs</b>
12/24/20	251	-22 beads/d	---	43 mg qhs	---	29 mg qhs	0.06 mg qhs
12/25/20	252	-23 beads/d	---	<b>41 mg qhs</b>	---	29 mg qhs	0.06 mg qhs
12/26/20	253	-24 beads/d	---	41 mg qhs	---	29 mg qhs	<b>0.05 mg qhs</b>
12/27/20	254	-25 beads/d	---	41 mg qhs	---	29 mg qhs	0.05 mg qhs
12/28/20	255	-26 beads/d	---	41 mg qhs	---	29 mg qhs	0.05 mg qhs
12/29/20	256	-26 beads/d	---	41 mg qhs	---	29 mg qhs	0.05 mg qhs
12/30/20	257	-26 beads/d	---	<b>37 mg qhs</b>	---	<b>28 mg qhs</b>	<b>0.04 mg qhs</b>
12/31/20	258	-27 beads/d	---	37 mg qhs	---	<b>27 mg qhs</b>	0.04 mg qhs
01/01/21	259	-28 beads/d	---	37 mg qhs	---	<b>26 mg qhs</b>	0.04 mg qhs
01/02/21	260	-29 beads/d	---	37 mg qhs	---	<b>25 mg qhs</b>	0.04 mg qhs
01/03/21	261	-30 beads/d	---	37 mg qhs	---	25 mg qhs	0.04 mg qhs

Alice W. Lee, MD

Dates	#Day	Med 1 dose	Med 2 dose	Med 3 dose	Med 4 dose	Med 5 dose	Med 6 dose
		Venlafaxine (Effexor)	Propranolol (Inderal)	Quetiapine (Seroquel)	(Oxcarbazepine) (Trileptal)	Trazodone (Desyrel)	Clonazepam (Klonopin)
01/04/21	262	-31 beads/d	---	37 mg qhs	---	25 mg qhs	0.04 mg qhs
01/05/21	263	-31 beads/d	---	37 mg qhs	---	25 mg qhs	0.04 mg qhs
01/06/21	264	-31 beads/d	---	<b>35 mg qhs</b>	---	<b>24 mg qhs</b>	<b>0.03 mg qhs</b>
01/07/21	265	-32 beads/d	---	35 mg qhs	---	24 mg qhs	0.03 mg qhs
01/08/21	266	-33 beads/d	---	35 mg qhs	---	<b>23 mg qhs</b>	0.03 mg qhs
01/09/21	267	-34 beads/d	---	35 mg qhs	---	23 mg qhs	0.03 mg qhs
01/10/21	268	-35 beads/d	---	35 mg qhs	---	23 mg qhs	0.03 mg qhs
01/11/21	269	-36 beads/d	---	35 mg qhs	---	23 mg qhs	0.03 mg qhs
01/12/21	270	-36 beads/d	---	35 mg qhs	---	23 mg qhs	0.03 mg qhs
01/13/21	271	-36 beads/d	---	<b>33 mg qhs</b>	---	<b>20 mg qhs</b>	<b>0.02 mg qhs</b>
01/14/21	272	-36 beads/d	---	33 mg qhs	---	20 mg qhs	0.02 mg qhs
01/15/21	273	-37 beads/d	---	<b>31 mg qhs</b>	---	20 mg qhs	0.02 mg qhs
01/16/21	274	-38 beads/d	---	31 mg qhs	---	20 mg qhs	0.02 mg qhs
01/17/21	275	-39 beads/d	---	31 mg qhs	---	20 mg qhs	0.02 mg qhs
01/18/21	276	-40 beads/d	---	31 mg qhs	---	20 mg qhs	0.02 mg qhs
01/19/21	277	-41 beads/d	---	31 mg qhs	---	20 mg qhs	0.02 mg qhs
01/20/21	278	-42 beads/d	---	<b>29 mg qhs</b>	---	20 mg qhs	<b>0.01 mg qhs</b>
01/21/21	279	-43 beads/d	---	29 mg qhs	---	<b>15 mg qhs</b>	0.01 mg qhs
01/22/21	280	-44 beads/d	---	<b>27 mg qhs</b>	---	15 mg qhs	0.01 mg qhs
01/23/21	281	-45 beads/d	---	27 mg qhs	---	15 mg qhs	---
01/24/21	282	-46 beads/d	---	27 mg qhs	---	15 mg qhs	---
01/25/21	283	-47 beads/d	---	27 mg qhs	---	15 mg qhs	---
01/26/21	284	-48 beads/d	---	27 mg qhs	---	15 mg qhs	---
01/27/21	285	-49 beads/d	---	27 mg qhs	---	15 mg qhs	---
01/28/21	286	-50 beads/d	---	<b>24 mg qhs</b>	---	<b>10 mg qhs</b>	---
01/29/21	287	-51 beads/d	---	<b>22 mg qhs</b>	---	10 mg qhs	---
01/30/21	288	-52 beads/d	---	<b>20 mg qhs</b>	---	10 mg qhs	---
01/31/21	289	-53 beads/d	---	20 mg qhs	---	10 mg qhs	---
02/01/21	290	-54 beads/d	---	20 mg qhs	---	10 mg qhs	---
02/02/21	291	-55 beads/d	---	20 mg qhs	---	10 mg qhs	---
02/03/21	292	-56 beads/d	---	20 mg qhs	---	10 mg qhs	---
02/04/21	293	-57 beads/d	---	20 mg qhs	---	10 mg qhs	---
02/05/21	294	-58 beads/d	---	20 mg qhs	---	10 mg qhs	---
02/06/21	295	-58 beads/d	---	20 mg qhs	---	10 mg qhs	---
02/07/21	296	-58 beads/d	---	20 mg qhs	---	10 mg qhs	---
02/08/21	297	-58 beads/d	---	20 mg qhs	---	10 mg qhs	---

Alice W. Lee, MD

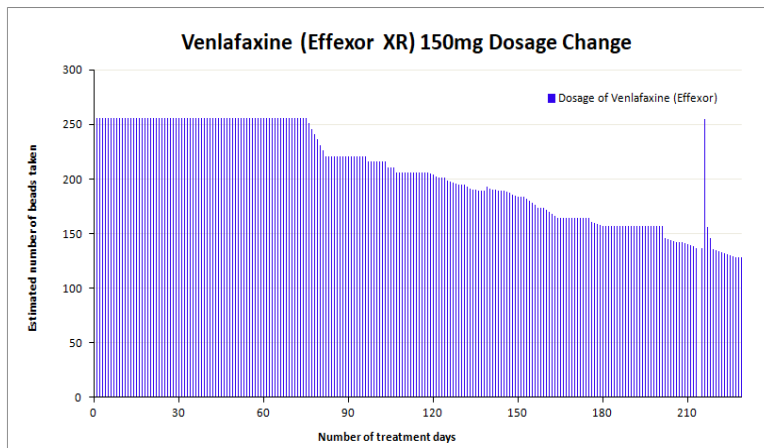
Dates	#Day	Med 1 dose	Med 2 dose	Med 3 dose	Med 4 dose	Med 5 dose	Med 6 dose
		Venlafaxine (Effexor)	Propranolol (Inderal)	Quetiapine (Seroquel)	(Oxcarbazepine) (Trileptal)	Trazodone (Desyrel)	Clonazepam (Klonopin)
02/09/21	298	-58 beads/d	---	20 mg qhs	---	10 mg qhs	---
02/10/21	299	-58 beads/d	---	<b>10 mg qhs</b>	---	<b>7 mg qhs</b>	---
02/11/21	300	<b>-75 beads/d</b>	---	10 mg qhs	---	7 mg qhs	---
02/12/21	301	<b>-77 beads/d</b>	---	10 mg qhs	---	7 mg qhs	---
02/13/21	302	<b>-79 beads/d</b>	---	<b>8 mg qhs</b>	---	<b>6 mg qhs</b>	---
02/14/21	303	<b>-81 beads/d</b>	---	8 mg qhs	---	6 mg qhs	---
02/15/21	304	<b>-83 beads/d</b>	---	8 mg qhs	---	6 mg qhs	---
02/16/21	305	<b>-85 beads/d</b>	---	8 mg qhs	---	6 mg qhs	---
02/17/21	306	<b>-87 beads/d</b>	---	8 mg qhs	---	6 mg qhs	---
02/18/21	307	<b>-89 beads/d</b>	---	<b>6 mg qhs</b>	---	<b>5 mg qhs</b>	---
02/19/21	308	<b>-91 beads/d</b>	---	6 mg qhs	---	5 mg qhs	---
02/20/21	309	<b>-93 beads/d</b>	---	6 mg qhs	---	5 mg qhs	---
02/21/21	310	<b>-95 beads/d</b>	---	<b>4 mg qhs</b>	---	<b>4 mg qhs</b>	---
02/22/21	311	<b>-97 beads/d</b>	---	4 mg qhs	---	4 mg qhs	---
02/23/21	312	<b>-99 beads/d</b>	---	4 mg qhs	---	4 mg qhs	---
02/24/21	313	<b>-101 beads/d</b>	---	4 mg qhs	---	4 mg qhs	---
02/25/21	314	<b>+10 beads/d</b>	---	<b>6 mg qhs</b>	---	<b>5 mg qhs</b>	---
02/26/21	315	<b>+8 beads/d</b>	---	6 mg qhs	---	5 mg qhs	---
02/27/21	316	<b>+6 beads/d</b>	---	6 mg qhs	---	5 mg qhs	---
02/28/21	317	<b>+4 beads/d</b>	---	6 mg qhs	---	5 mg qhs	---
03/01/21	318	<b>+2 beads/d</b>	---	6 mg qhs	---	5 mg qhs	---
03/02/21	319	+2 beads/d	---	6 mg qhs	---	5 mg qhs	---
03/03/21	320	---	---	<b>4 mg qhs</b>	---	<b>3 mg qhs</b>	---
03/04/21	321	---	---	4 mg qhs	---	3 mg qhs	---
03/05/21	322	---	---	4 mg qhs	---	3 mg qhs	---
03/06/21	323	---	---	4 mg qhs	---	3 mg qhs	---
03/07/21	324	---	---	<b>2 mg qhs</b>	---	3 mg qhs	---
03/08/21	325	---	---	2 mg qhs	---	3 mg qhs	---
03/09/21	326	---	---	2 mg qhs	---	3 mg qhs	---
03/10/21	327	---	---	<b>6 mg qhs</b>	---	<b>4 mg qhs</b>	---
03/11/21	328	---	---	6 mg qhs	---	4 mg qhs	---
03/12/21	329	---	---	6 mg qhs	---	4 mg qhs	---
03/13/21	330	---	---	6 mg qhs	---	4 mg qhs	---
03/14/21	331	---	---	6 mg qhs	---	4 mg qhs	---
03/15/21	332	---	---	6 mg qhs	---	4 mg qhs	---
03/16/21	333	---	---	6 mg qhs	---	4 mg qhs	---

# Alice W. Lee, MD

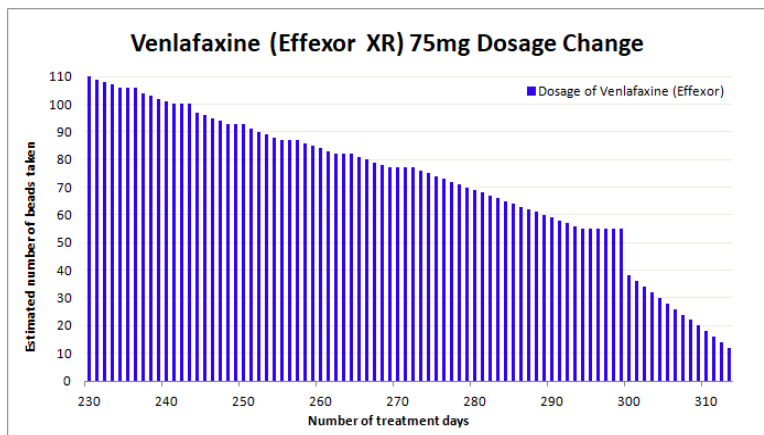
Dates	#Day	Med 1 dose	Med 2 dose	Med 3 dose	Med 4 dose	Med 5 dose	Med 6 dose
		Venlafaxine (Effexor)	Propranolol (Inderal)	Quetiapine (Seroquel)	(Oxcarbazepine) (Trileptal)	Trazodone (Desyrel)	Clonazepam (Klonopin)
03/17/21	334	---	---	<b>4 mg qhs</b>	---	<b>3 mg qhs</b>	---
03/18/21	335	---	---	<b>2 mg qhs</b>	---	<b>2 mg qhs</b>	---
03/19/21	336	---	---	---	---	<b>1 mg qhs</b>	---
03/20/21	337	---	---	---	---	---	---

\* Effexor XR changed from 150 mg capsules to 75 mg capsules. (12/03/2020)

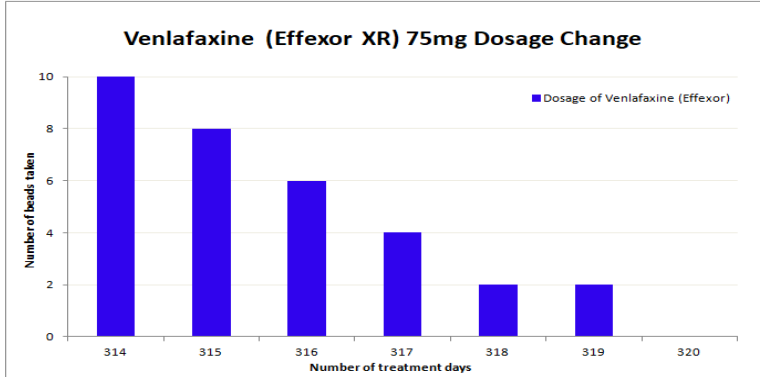
Graphs of changing dosages for psychiatric medications:



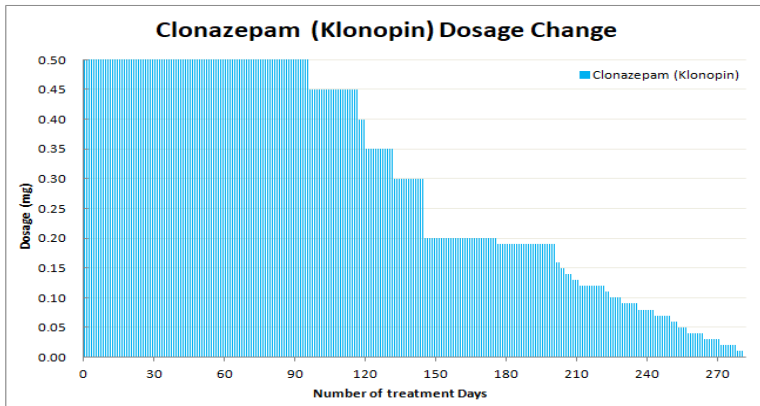
Graph 1.1



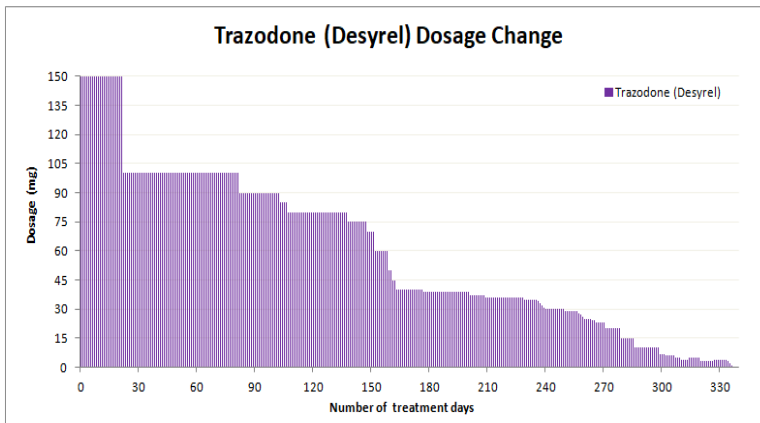
Graph 1.2



Graph 1.3

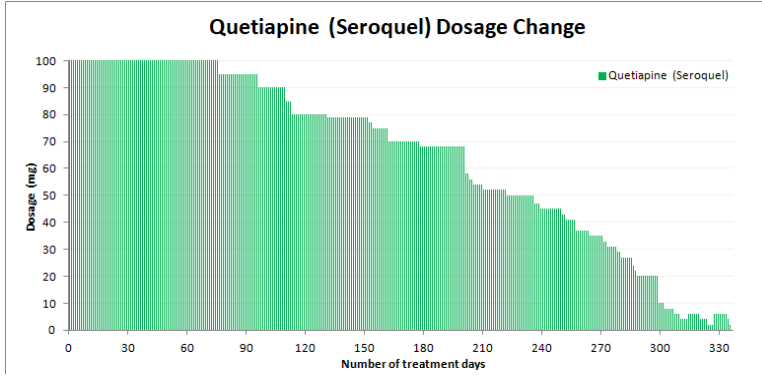


Graph 2

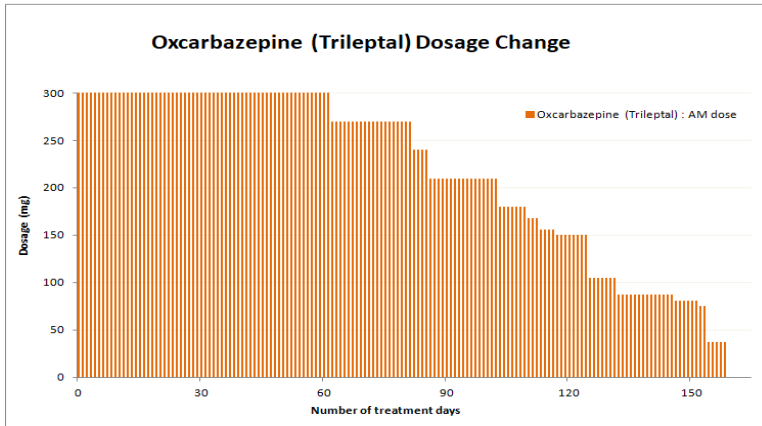


Graph 3

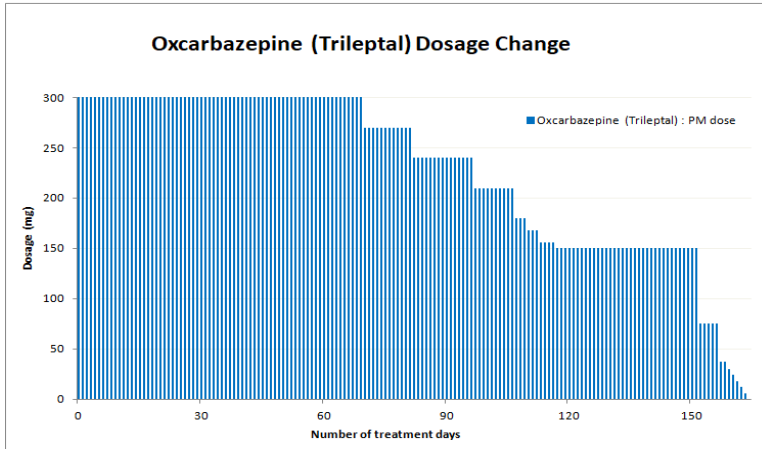


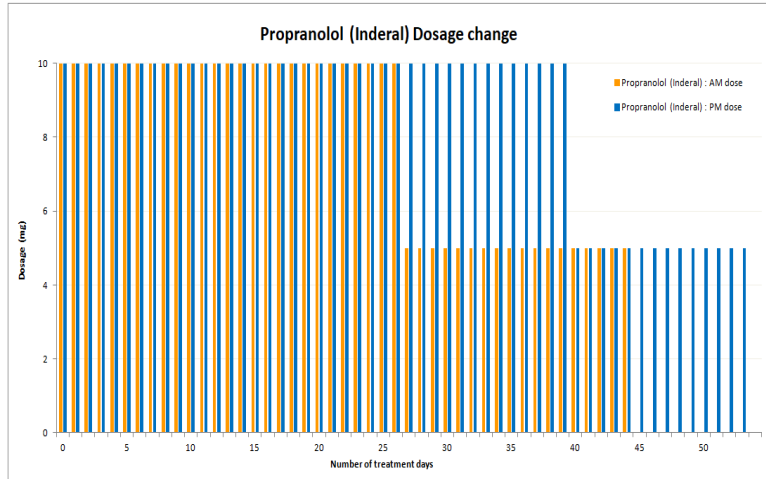


Graph 4



Graph 5.1





Graph 6

Acknowledgment: Sohee Kim for assistance with graphs