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Obituary
Dame Dr. Effie Chow, PhD, RN, DipAc.



Dame Dr. Effie Poy Yew Chow passed away on Nov 28,2022 at the age of 89.

Dame Effie, the "Mother of Qigong in the West" was a clinician, administrator, policy-maker, visionary, author, and WWII refugee steeped in Chinese culture including "miracles" of Traditional Chinese Medicine and Qigong. Where all else has failed, her Chow Integrated Healing System/Chow Medical Qigong (CIHS/CMQ) is often successful. She had a PhD in education, is a psychiatric/public health nurse, a behavioral scientist and communications expert, an acupuncturist CA & NCCAOM, and Qigong Grandmaster.

She had been a Research and Systems Policy consultant for over 37 years with NIH and other departments of DHHS. Dame Effie, was one of 20 appointed by then President Bill Clinton to his White House Commission on Complementary and Alternative Medicine Policy (WHCCAMP). Her multi-award-winning talents and skills have been not only in health, but in sports, dance, singing, modeling, cuisine, and painting.

Working in her father's businesses lent her the diversity and

business acumen to deal with today's challenging and chaotic world. She has lectured or seen patients in over 25 hospitals/universities worldwide including Stanford, University of Hawaii, UBC, and the King's Hospital in Bangkok, with over 2500 media appearances and volunteers 75% of her time to humanity causes. The nonprofit 501(c)3 East West Academy of Healing Arts founded in 1973 was dedicated to her selfless father, Wah Sing Chow.

Dame Dr. Effie Chow was a world-renowned Qigong Grandmaster energy healer, acupuncturist, author, international speaker, Humanitarian, Futurist, and Visionary. In July 2000, Dr. Chow was appointed by President Clinton to the original 15 member White House Commission on Complementary and Alternative Medicine Policy. With a career that spanned over 60 years, Dame Effie integrated alternative and traditional Chinese medicine with Western clinical practice and policy

implementation. She was also past-president and founder of the American Qigong Association and World Qigong Foundation. In 1988, the Qigong Institute was established within EWAHA to promote research and clinical work in Qigong, a component of traditional Chinese medicine that combines movement, meditation, energetic on-site and remote healing and regulation of breathing to enhance the flow of qi, or energy. Dame Effie, also created the Chow Integrated Healing System/Chow Medical Qigong (CIHS/CMQ) that is practiced by many individuals today. In 2018, Dame Effie was part of the team developing standards for National Certification of Qigong practitioners and was a founding board member of the National Certification Center of Energy Practitioners. In 2021, Dame Effie helped to found the Global Healing Alliance with the goal of creating a world wide vision for fully integrated health and healing of people all over the earth.

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