# WHOLISTIC HEALING PUBLICATIONS







## May 2006 POETRY

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## Salmon Coming Home For the Columbia River Cameron La Follette

A great salmon swims close gliding under clear cold water I saw lesser ones, but never you says the girl waiting at the shore such homecoming cannot be true

Come, says the shining salmon you have never been away; he flicks up a glittering tail the girl slides into gold water no one hears the human wail

You are young, says the salmon the sea has never baptized you nor your soul to fear and roam. I am never lost, says the girl we shall follow water home

They taste the sea's bitter green and flicker in dark-blue tides I am lost, says the girl, I know fear now we go home, says the salmon the far cold waters draw near

I shall never find it, says the girl following salmon in foam and stone; a gold river pours down in greeting I am home, says the salmon-girl blessed be the waters' meeting.

**Cameron La Follette** lives in Salem, Oregon. She works in the environmental field as a land use advocate. She has given readings in Oregon and been a featured local poet at the annual Silverton Poetry Festival. She also founded a Classic Poetry Group in Salem to revive the study and pleasure of reading older poetry written in traditional form and meter. Her book of poetry, *Anamchara*, will be

available September 1st, 2006 from Crane Dance Press in Eugene, Oregon. Contact: <u>thehomecountry@onemain.com</u>

## After a While

## Veronica A. Shoffstall

After a while you learn the subtle difference between holding a hand and chaining a soul And you learn that love doesn't mean leaning and company doesn't always mean security And you begin to learn that kisses aren't contracts and presents aren't promises And you begin to accept your defeats with your head up and your eyes ahead with the grace of a woman, not the grief of a child And you learn to build all your roads on today because tomorrow's ground is too uncertain for plans and futures have a way of falling down in mid-flight. After a while you learn that even sunshine burns if you get too much. So you plant your own garden and decorate your own soul instead of waiting for someone to bring you flowers And you learn that you really can endure that you really are strong and you really do have worth And you learn and you learn with every goodbye you learn...

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### Words & One-Liners

THE SET UP — Ethen and Kathryn, a couple I married three years ago and whose anniversary is January 3rd are in the top ten of the hundreds of weddings I have presided over. All have been wonderful but there was just something mystical about their union even though I couldn't stand because of hip trouble and had to sit on a stool. Ethan e-mailed me requesting that I do a one-liner from a photograph that my daughter Jerri took of the proceedings at Rocky Point near my home. The wedding party was just the four of us standing out on a rocky piece of land that jutted out into the Pacific. Jerri who was also the witness scampering around on the rocks taking hundreds of photos of the event, a few of which Ethan sent me.

The drawing worked out so well I needed a poem to go with it. The piece I came up with seemed just right to start the New Year off with and after all the 3rd is their 3rd wedding anniversary.

#### **MASTER OF CEREMONIES**

I am now

### **Ric Masten**



I refuse to believe in personal free choice It feels like I have it

but when I back away from something I've chosen

it always turns out that the choice I made was based upon something I didn't choose

I arrived predetermined gifts and talents, DNA, IQ, disposition, all of which begat the artist that begat the actor/playwright that begat the troubadour that begat the poet that begat the minister adding up to the master of ceremonies I ask myself how lucky can you be? able to make a good livelihood by assisting in the creation of unforgettable moments for audience and congregation but most of all for the couples I have danced with on the beaches and rocky promontories that grace the Big Sur coast Ethan & Kathryn "I now pronounce you husband and wife" and by so saying help shape the future for someone who doesn't believe that my choices are free

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