WHOLISTIC HEALING PUBLICATIONS







January, 2013 Volume 13, No. 1

POETRY

By Chris Roe

If Time Were Mine

Your love is the space In which I exist.

Your truth and inspiration Drive light Into the darkest corners Of my life.

If time were mine to give, I would give it all to you.

Eternal Journey

As the crimson flame of life Breaks slowly Above the horizon, The white, frosted meadows, With trees and hedgerows Of sculptured ice, Speak loudly Of your presence.

Once more
Upon this journey,
As another day begins,
Without effort
Or intrusion,
Through the peace
And tranquillity
Of your silent voice,
The moment becomes eternal,
And the journey
Begins again.

Silent Flight

In the silence
The clarity of your voice,
Climbs high
Upon the eagle's wings.
The chains of doubt
That imprison my soul,
Fall away beneath my feet.
In the freedom and majesty
Of the sentinel' s gaze,
Faith is strengthened
And hope returned
To a weary heart,
Upon the silent flight
Of eagle's wings.

Sacred Truth

In your smile
I am born again,
In your eyes
All hopes and dreams return,
In your love
There is infinite peace.

Such magic Comes but once, Such truth Is surely sacred.

Complete

In your presence, The circle is complete, The searching at an end.

No demands, No duty, No dark corners of isolation.

Only the soft light of creation, Moving gently Through the crystal silence, Of the morning dew.

In Search Of Silence

Beyond the storm, Where blue sky Still cradles The morning sun.

In the clearing, Where shafts of light Hold back the shadows Of the ancient wood.

Beyond conflict and pain And the inhumanity of man. Beyond duty And this journey That has seemed so long.

Beyond the history
That has brought me
To this sacred place,
This spiritual sanctuary.

This peace, This silence, This love.

Spirit

Keeper of the morning light, Guardian of the flame, White knight of my soul.

Given at the beginning, As a last defence, At the centre of life.

Never beaten or destroyed, Never taken or confined, Never traded or lost.

And shared only For love.

Sanctuary

Shafts of light
Through cathedral windows.
Dappled shade
Upon the leaves
Beneath my feet.
Bird song
In the branches above.

In the distance Hind and fawn Cross the forest track. The sweet fragrance of autumn Fills the misty air.

A gentle breeze
Moving colours
To the forest floor.

So precious Such beauty,

So hard to find Such peaceful sanctuary.

I was born in the rural county of Norfolk, England, in 1948, where I have lived and worked for much of my life. Most of my working career has been spent within the agricultural industry. My love of nature and the peace and tranquillity of rural England is very much reflected in many of my poems.

Chris Roe

These poems are from my self-published collection, titled *In Search of Silence*. Writing this collection of 45 poems has been, for me, a personal journey in search of spiritual peace. The above poems have been selected from a number of poems written over a span of 30 years. Hopefully, some of the poems contained in this collection will give you glimpses of my life and my journey in search of spiritual peace. more details of which can be seen on my website at www.silentflightpublications.co.uk



TERMS OF USE

The International Journal of Healing and Caring On Line is distributed electronically as an open access journal, available at no charge. You may choose to print your downloaded copy of this article or any other article for relaxed reading.

We encourage you to share this article with friends and colleagues.

The International Journal of Healing and Caring – On Line P.O. Box 76, Bellmawr, NJ 08099
Phone (609) 714-1885 Fax (519) 265-0746
Email: center@ijhc.org Website: http://www.ijhc.org

Copyright © 2012 IJHC. All rights reserved.

DISCLAIMER: http://www.wholistichealingresearch.com/disclaimer.html