

January, 2009

Volume 4, No. 2

AN EMPIRICAL STUDY OF THE TRANSMISSION OF HEALING ENERGY VIA E-MAIL

Francesca McCartney, PhD

Abstract

This research studies the intentional encapsulation of healing energies into an email text message and transmission of these energies via the Internet to an intended intuitive recipient. This study, framed within the field of energy medicine, researches the potential impact on the learning of distance students; and investigates a method for a stronger link-transference of information between distance educators and students. This study tests information discovery on non-linear, non-local communication; and studies an implied evolution of the sense of intuition.

Distance education and intuitive communication are both non-linear, non-local systems of information exchange. Internet email can hold intentional sensorial resonance; and this type of email can be used as a provider of energy-information which can be utilized as part of an energy medicine distance education program. An intuitive person can open an Internet transmitted email and receive the emotional/cognitive content of intentionally encapsulated energy/information; and this occurs both as a non-local and non-linear experience.

The Internet is an evolving ecological system capturing and holding human thought in digital format that is traversing time and space in order to deliver content. The weaving of intuitive and Internet communication is spawning a World Wide Web, with global village/ small-world (Buchanan, 2002) transformation through the shortening of energetic time-space distances between people.

Within this research is a hypothesis that a student and teacher may be more strongly connected at a distance with the intentional link of energy/intention included within the curriculum of a distance education program. This linkage information gives new significance to distance healing research within the medical, parapsychological, and noetic sciences. This research seeks to inspire and identify fertile areas for further cross-disciplinary exploration.

Key words: Education, energy medicine, extra-sensory perception, Internet, intuition, neural networks, psychology

STATEMENT OF PURPOSE

This project explores how energy medicine and complementary inter-disciplinary fields can be woven together in order to discover and the effect of Internet communication, intuition, and intentionality on the human species. The focus of this research is limited to one area of experimental investigation – that of intuition-based communication via the Internet.

Hypothesis

Healing energy can be encapsulated into an email text message and transmitted via the internet to an intended recipient.

This hypothesis developed during the year 2000 from this researcher's observations of a five-month healing energy email Internet exchange which occurred organically between two Intuition Medicine® practitioners.

This research investigates the efficacy of non-local, no-time, no-space distance education programs that utilize intentionality and the Internet. It also identifies fertile ground in the fields of Internet-based distance education and energy-based medicine that is worthy of future exploration.

The Inspiration

The idea for this research came from an experience I had as a teacher of professional intuitives at the Academy of Intuitive Studies and Intuition Medicine® (Academy) located in Northern California. I was working with two of my Master of Intuition Medicine (MIM) program students one was an alumna of the 1993 MIM program and a professor in the computer arts college of a German university. The other was an owner of a computer consulting company, and a student in the 2000 MIM program. Part of the MIM program provides each student with an alumnus mentor who assists in the course-work, and also gives weekly energy-systems healings.

The student had many areas of intuitive interest that matched well with the alumna's expertise, given that they both spent a good deal of time at their computers and on the Internet, I decided to have them connect at a distance via email as student and mentor. I assumed that they would communicate via some live chat system, forgetting that the time difference between Germany and the USA would not allow for this kind of communication. They began, quite organically, to communicate to each other via text email as though they were speaking to each other in the present moment. The student would ask for an energy healing with specific requests regarding energy-systems, and then send the email to the mentor. The mentor would receive the message -- usually eight hours later, and respond by sending both a reply email text message, and within the text "encapsulate" an energy healing and then send to the student. They were amused to discover that the sending and receiving of energy-systems healings was operating *as intended* – without the condition of physical proximity, and in disregard of the time that the email (which was encapsulated with the healing energy/information) was sent. When the student would read the text message with the information describing the healing action that the mentor had facilitated, she either began to feel the changes while she read the message, *or* realized that she had already received the pertinent energy/information previous to reading the email message. Communication and exchange of information *and energy* was occurring as a non-local, no-time and no-space occurrence, and being transmitted via intentionally encapsulated text email messages,

consistently with the same reception results for five months. I theorize this as a force of “space-conditioning” existing within the Internet. I observe this as a test of “vital-reality” existing within the World Wide Web.

RESEARCH HYPOTHESES

The research hypothesis was: Healing energy can be encapsulated into an email text message and transmitted via the internet to an intended recipient.

The predictions were:

1. An expected overall success rate of a minimum of 75% was anticipated based on the researcher’s observation of the test subject’s accuracy levels during their three years of training. A pilot test of this study had an overall success rate of 60% and was conducted with 27 of the 88 intuitives.
2. There was an expectation that the intuitives would be psychologically comfortable receiving healing energy via Internet email. From the follow-up test subject questionnaire this did not prove to be as expected.
3. The researcher expected the intuitives to operate at the same level of “intuitive trust” at a computer as in the classroom and in a professional venue. From the follow-up test subject questionnaire this did not prove to be as expected. The researcher’s decades of observation and assessment instruments determined that trusting ones’ intuitive insight leads to a consistent level of accuracy.

METHODS

This research was a randomized, single-blind study. There were four formal treatments with 88 test subjects. Because no electronic or other type of hardware device exists for detecting and identifying encapsulated healing energy, highly trained intuitive test subjects, diplomates from the Academy of Intuitive Studies and Intuition Medicine’s three-year certification program, were used as the “measurement instruments” for this research.

One professional intuitive who is the instructor of the graduate program at the Academy, encapsulated a healing energy into a CD-ROM which held a text email message. A computer program randomly transmitted the encapsulated energy email to the test subjects.

Four different email treatments were created; three of them encapsulated with three different healing energies (one energy per email), and the fourth email had no encapsulation of healing energy. The email sending sequence was spaced one week apart. Each test subject received one of the three sample energies and one “no energy” email. The sending sequence of the test subjects emails and the order of the four energy/no energy emails was randomized using a simple random number table.

There was thus one “healer” sending the healing energy to all the subjects. The subjects were randomized in groups of four; each week each group was re-randomized. The professional intuitive did not know who he was sending the healing energies to nor which group was receiving the no energy.

Statistical methods

The statistical methods used included confidence interval estimates of the binomial proportions for the respective Hits, Success Rate, and Accuracy estimates. Other methods used were an "R x C" contingency table analysis of successful responses versus skills used, and a simple bar chart of the skills used by the test subjects.

Study population

The Master of Intuition Medicine® alumni email group list was sent an invitation to participate in this research. All alumni were predetermined by the researcher as qualified test subjects. A total of 103 responded and 88 alumni who had the required time to participate as test subjects in the full four week study volunteered in the full study. There were 18 men and 70 women from 30 to 60 years old.

The test subjects were all trained as professional intuitive healers/counselors at the Academy of Intuitive Studies and Intuition Medicine with a minimum of 800 hours of classroom instruction over a period of three years, providing this study with calibrated human measurement instruments. The Academy founded in 1984, is a globally recognized academic school for professional intuitives. Students enter the Academy with varied goals: To pursue a career as a medical intuitive or intuitive counselor, integrate intuitive abilities into a current career, or to develop intuition for practical daily life awareness, self-growth and personal healing.

The mission of the Academy is to teach and empower individuals to discover and use their natural intuitive sense in all endeavors of life. The philosophy of the Academy is that everyone has innate intuitive abilities which can be developed and utilized as a natural human sense.

Subjects

The scope of the study was limited to the specific healing energies that are taught within the Master of Intuition Medicine (MIM) program at the Academy of Intuitive Studies and Intuition Medicine. The range of participating MIM diplomates who graduated from the three year Masters program spanned 18 years and the location of the diplomates was international. The Professional Intuitive is a 1986 male diplomate and is the Academy graduate program instructor.

Table 1 shows the number of participating diplomates and their graduation year. Table 2 shows the location of the diplomates. The professional intuitive was located in California.

Table 1. Graduation years of diplomates

1986-1	1987-2	1988-4
1989-1	1990-2	1991-1
1992-4	1993-2	1994-2
1995-2	1996-3	1997-2
1998-7	1999-6	2000-9
2001-6	2002-16	2003-19

Table 2. Diplomates' location

Arizona	2
California	82
Massachutes	2
Oregon	1
Australia	1
Ireland	1
Total	89

Healing methods

The target population were sent three types of healing energies.

1. Supreme Being energy – A cross cultural reference of this energy is represented as Christian, Divine Energy (1991); Hindu, Cosmic Consciousness (1973); and Hawaiian, Aumakua (1985).

2. Buddha/Christ energy Success Rate – A cross cultural reference of this energy is represented as Japanese, Reiki (1994); Christian, Christ Consciousness (1997); and in Monastic Buddhist Practice (1995).

3. Kundalini energy – A cross cultural reference of this energy is represented as Hindu, Kundalini (1976); Chinese, Qigong (2001); and Wilhelm Reich’s, Orgone (1990).

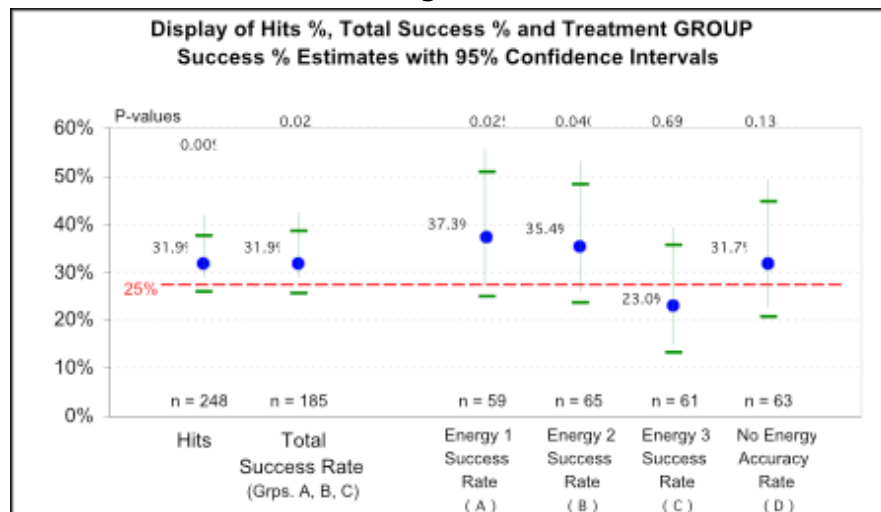
Intuitives are taught a specific protocol for accessing, amplifying, directing, and utilizing these energies for purposes of: (1) healing body/mind/spirit of self and others; (2) sourcing information (internally and externally); (3) creating energetically grounded spaces (internally and externally); and (4) evolving their mind/body/spirit.

Participants in this study, both the one professional intuitive healer and the 88 subjects, were taught the following methods of intuitive/psychic perception: Clairaudience, Clairsentience, Clairvoyance, Knowing, Precognition, Psychometry, and Telepathy.

RESULTS

A total of 248 responses were received during all four weeks of the study. Figure 1. is a plot of the Hits percentage, the Total Success percentage, and the respective success percentage for each of the four treatment groups. For purposes of this study, “success” is defined as both the correct detection and identification of the encapsulated healing energy. Thus, the term “success” is strictly associated with the three treatment groups (A, B and C) that included an encapsulated healing energy.

Figure 1.



The “Total Success Rate” is calculated using the responses only from treatment groups A, B and C (total of 185). The “No Energy” treatment group (Group D) was completely void of any healing energy. Since there was no healing energy present to “identify” in this group, the percentage of correct responses is labeled “Accuracy Rate” to distinguish it from “success rate.” The “No Energy” treatment group was included in the study largely to assess if the test subjects could detect both the presence and the absence of healing energy with similar accuracy.

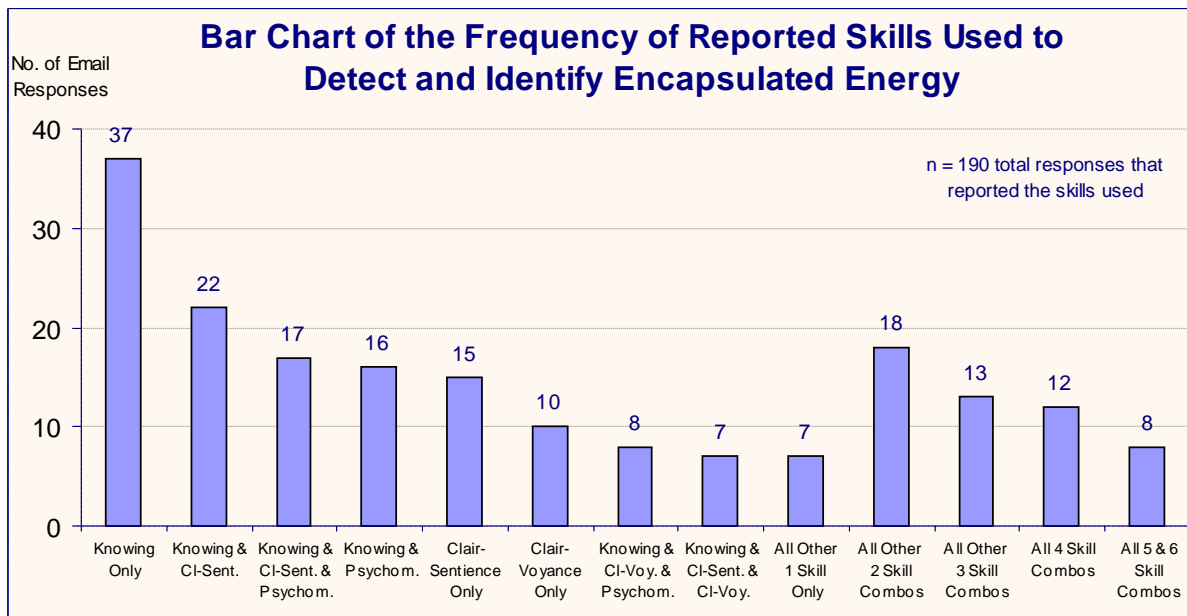
The term “Hits” is a commonly used term in ESP studies, and is simply defined as the percentage of ALL total correct responses. Therefore, “Hits” does include all four treatment groups (A, B, C and D) and calculated using all 248 received responses.

Relative to the 25% chance of success, the Total Success Rate percentage estimate of 31.9% is significant ($P < 0.021$; $n = 185$). Therefore this data strongly supports the research hypothesis that "Healing energy can be encapsulated intentionally into an email text message and transmitted via the Internet to an intended recipient."

Report of intuitive skills tested

Of the 248 total responses received from the subjects, 190 included reports of which intuitive skills were used. In 64% of those responses (121 out of 190) the test subjects reported using multiple (two or more) intuitive skills to detect and identify the healing energy. Only one skill was reported being used in the remaining 36% (69 out of 190) of the responses. Only nine test subjects (10% of the 88 total participants) reported using the exact same skill or combination of skills during all weeks of the study in which they participated. Most test subjects used different skills or combinations of skills each week, although the differences were usually slight. Two of the listed skills, Clairaudience and Telepathy, were never used singly by any of the test subjects. If these two skills were used, it was always in combination with other skills. The other five skills were used both singly and in combination with other skills. Following in Figure 2. is a bar chart of the skills and combination of skills reported used by the test subjects.

Figure 2.



An "R x C" contingency table (See Table 3.) analysis of successful responses versus skills used indicated that there is no supporting evidence that the success rates are dependant on the skills used.

Table 3. Contingency Table of Successful Response vs. Skills Used

SUCCESS	Knowing	Knowing & Cl.Sent.	Knowing & Cl.Sent. & Psychom.	Knowing & Psychom.	Clair-Sentience	All Other 1 Skill	All Other 2 Skill Combos	All Other 3 Skill Combos	All 4, 5, 6 Skill Combos	Margin al Totals
	11	6	4	4	5	5	6	10	7	58

Yes										
No	26	16	13	12	10	12	12	18	13	132
<i>Marginal Totals</i>	37	22	17	16	15	17	18	28	20	190

The research hypothesis was: Healing energy can be encapsulated into an email text message and transmitted via the internet to an intended recipient.

The predictions were:

1. An overall success rate of a minimum of 75% was anticipated.
2. There was an expectation that the intuitives would be psychologically comfortable receiving healing energy via Internet email.
3. The researcher expected the intuitives to operate at the same level of "intuitive trust" at a computer as in the classroom and in a professional venue.

The analysis of the test subject responses yielded seven results:

1. Total Success Rate is 31.9% ($P = 0.021$) by calculation of a binomial proportion. The Total Success Rate is calculated using the responses only from treatment groups A, B and C (total of 185).

The "No Energy" treatment group (Group D) was completely void of any healing energy. Since there was no healing energy present to "identify" in this group, the percentage of correct responses is labeled "Accuracy Rate" to distinguish it from "success rate." The "No Energy" treatment group was included in the study largely to assess if the test subjects could detect both the presence and the absence of healing energy with similar accuracy.

2. The Hits Rate is 31.9% ($P = 0.009$) by calculation of a binomial proportion. (It was simple coincidence that the two percentages came out the same).

The term "Hits" is a commonly used term in ESP studies, and is simply defined as the percentage of ALL total correct responses. Therefore, "Hits" does include all four treatment groups (A, B, C and D) and calculated using all 248 received responses.

3. Healing energy #1 (Supreme Being energy) Success Rate is 37.3% ($P = 0.025$) by calculation of a binomial proportion.

4. Healing energy #2 (Buddha/Christ energy) Success Rate is 35.4% ($P = 0.040$) by calculation of a binomial proportion.

5. Healing energy #3 (Kundalini energy) Success Rate is (23.0%) by calculation of a binomial proportion.

The success rate with healing energy #3 (23.0%) is significantly less than with the healing energy #1 ($P = 0.044$), and the Healing Energy #2 ($P = 0.063$), suggesting that this healing energy was more difficult to encapsulate or transmit with an email, and/or detect by the test subjects.

6. The No Energy Group accuracy rate of 31.7% ($P = 0.138$) by calculation of a binomial proportion.

7. After each of the tests, the subjects filled out a qualitative self-reporting questionnaire and indicated from a list of seven intuitive skills which one(s) they used to detect the presence or absence of healing energy within the email. The seven intuitive skills listed were: Clairvoyance; Clairaudience; Clairsentience; Telepathy; Precognition; Psychometry; and Knowing.

The predominant intuitive skill used to detect and identify encapsulated healing energy was Knowing, used either by itself or in combination with other skills. After Knowing, the predominant skills used were Clairsentience, Psychometry, and Clairvoyance.

9. The expectation that the intuitives would be psychologically comfortable receiving healing energy via Internet email was not confirmed in a questionnaire addressing this issue.

10. The researcher expected the intuitives to operate at the same level of “intuitive trust” at a computer as in the classroom and in a professional venue. From the follow-up test subject questionnaire this was not confirmed.

DISCUSSION

The statistical results of this study are significant for ESP research. As this test was a unique type of experiment with no precedent, it is inconclusive that the results are directly associative to the Internet as a transmitter/holder of energy. Other possibilities include:

1. The test subjects were accessing a constant energy archival medium. The Internet may participate in the Zero Point Field (Taggart, 2002), the Akashik Records (Leadbeater, 1997) or the Collective Unconscious (Jung, 1981).

2. The email might have served as a “witness,” an object in the material and energetic worlds that serves to connect the healer and healee through psychic links. That is, the healer may have connected directly with the healee, using the email as something akin to a homing beacon.

CONCLUSION

The Conscious Internet: This test of space-conditioning – *intention influencing space and physical reality* – warrants further development and refinement of the research design based on the findings in this study.

It is too early in this research to conclude that the Internet is a transmitter of “Intentional Intuition.” Speculation is that the Internet is a viable “space-conditioning” holder of intentional energy as well as a test of “vital reality.” Imaging the World Wide Web as an omnipresent information archival system may suggest that intuition is a type of communication linkage system which may be consciously utilized within the matrix of the digital reality of the Internet.

This research was seed funded by the Institute of Noetic Sciences (IONS); and a donation from ManaTracking, Incorporated. The research was conducted in 2002-2003 in the IONS laboratory.

References

- Benor, D. *Spiritual healing: Scientific Validation of a Healing Revolution*. Southfield, Michigan: Vision Publications. 2001.
- Buchanan, M. *Nexus: Small worlds and the groundbreaking size of networks*. New York: W.W. Norton. 2002.
- Greenwell, B. *Energies of transformation: a guide to the kundalini process*. Cupertino: Shakti River Press. 1990.
- Hanh, T. N. *Living Buddha, living Christ*. New York: Riverhead Books/Putnam. 1995.
- Harvey, A. *Teachings of Christian mystics*. Boston: Shamhala. 1997.
- Jung, C. G. *The archetypes and the collective unconscious (M. Fordham & R. F. C. Hull, Eds., Vol. 9, Part 1)*. Princeton: Princeton University Press. 1981.
- Leadbeater, C. W. *The Astral plane: Its Scenery, inhabitants & phenomena*. Los Angeles: Theosophical Publishing House. 1997 (Orig. 1894)
- McTaggart, L. *The Field: The Quest for the secret force of the universe*. New York: HarperCollins. 2002.
- King, S. K. *Mastering your hidden self: A guide to the Huna way*. Los Angeles: Theosophical Publishing House. 1985.
- Mishra, R.S. *Yoga sutras*. New York: Doubleday. 1973.

Mitchell, K. K. *Reiki: A torch in daylight*. St. Charles: Mind Rivers Publications. 1994.
Sannella, L. *Kundalini: Psychosis or transcendence*. San Francisco: Author. 1976.
Smith, H. *The world's religions: Our great wisdom traditions*. San Francisco: Harper. 1991.

The Academy of Intuitive Studies and Intuition Medicine® offers four Certificate Programs: Master of Intuition Medicine® (MIM), 612 instruction hours; Intuition Medicine® certificate, 211 instruction hours; Intuition Medicine® certificate via Distance Education, 576 instruction hours; and MIM Post-Graduate, 96 hours per year. In alliance with C. Norman Shealy, MD, PhD the Academy MIM certificate is accepted as a masters degree transfer into the doctorate program of Holos University Graduate Seminary. The Academy is continuing education units certified by the California Board of Registered Nurses (CEP 13046) and the Associated Bodywork & Massage Professionals (PN 507723). The Academy has been granted approval from the State of California Bureau of Private Postsecondary and Vocational Education.

Francesca McCartney, PhD is founder and president of the Academy of Intuitive Studies and Intuition Medicine® in Sausalito, California. The Academy founded in 1984 is an academic school for professional intuitives. Since 1976, Dr. McCartney has worked in the field of Intuition as a medical intuitive in an integrative medical clinic, a pastoral counselor, author and educator. Francesca synthesizes her thirty years of study in Eastern and Western spiritual and healing arts into a multi-modality approach which grounds her in respectfulness for the uniqueness of the individual. Dr. McCartney is the inaugural recipient of a Ph.D. in Intuition Medicine® and also holds a Ph.D. in Energy Medicine.

Contact:

PO Box 1921
Mill Valley, CA 94942 USA
(415) 381-1010 Fax: (415) 381-1080
www.intuitionmedicine.org
research@intuitionmedicine.org



TERMS OF USE

The International Journal of Healing and Caring On Line is distributed electronically. You may choose to print your downloaded copy for relaxed reading. Feel free to forward this to others.

The International Journal of Healing and Caring
P.O. Box 76, Bellmawr, NJ 08099
Phone (609) 714-1885 - Fax (609) 714-3553

Email: center@ijhc.org Web Site: <http://www.ijhc.org>

Copyright 2001 IJHC. All rights reserved.