

## **A Remarkable Recovery from Vulvodynia through Quantum Healing Hypnosis Therapy**

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### **Abstract**

I am a strong intuitive. In order to help people better I trained to be a Certified Hypnotherapist, Dolores Cannon's QHHT (Quantum Healing Hypnosis Therapy) Recommended Practitioner and Mentor, Purebioenergy Healing Therapist, Healer, Soul Coach, Reiki Master and Qi Gong Practitioner. In my practice I help people access their true self to resolve their physical and psychological problems, which are often intertwined. This combination of approaches produces very deep healings. I share here a report of a very rapid healing for a woman who suffered from vulvodynia, which is severe pain just outside her vagina. She had suffered from this for 13 years because conventional medicine has not discovered a cure for this yet.

Key words: Patti Intorant, Quantum Healing Hypnotherapy, QHHT, vulvodynia

### **Introduction**

My path into doing my current work began with a virus. After surviving a serious autoimmune disease associated with the Epstein Barr Virus and triggered by stress that had accumulated for a long period of time, I was determined to search for a long term and permanent solution to combat stress and prevent a recurrence of the same pattern that had caused my illness. My journey led me to master several healing techniques, including: Quantum Healing Hypnosis, Traditional Hypnosis, Purebioenergy Healing Therapy, Reiki, Qi-gong, Vipassana Meditation and the Silva Ultra Mind Method. I have learned that all of these have one simple framework. It requires the basic understanding of how to embrace oneness with the higher self. It is not only about finding who we are, but who we are capable of being at our best.

The knowledge I gained has given me the tools for self-healing. I now use these in facilitating healing in others, finding inner peace, and most important of all, self-love. I cherish these simple abundances greatly. I am passionate to assist others to achieve wellbeing and to find ways to

eliminate problems so that their quality of life can be enhanced with love, joy and happiness. Once we discover our authentic-self, our life journey is a joy ride.

I am an intuitive. I hear frequencies and interpret vibrations. I translate them into images and language in the physical realm. I operate as an empath, vibrating in resonance with others that I work with. I serve as a conduit for the frequencies.

Quantum Healing Hypnosis Therapy was developed and patented by the late Dolores Cannon (Web reference). In QHHT the practitioner facilitates self-healing of the clients through past life regressions in order to help them acknowledge the unsolved issues from previous lives that may link to their current lifetime. Most importantly, the clients' higher consciousness, very loving and very knowledgeable about the clients, is also called in to help with residues of past life issues that may be the root causes of illnesses in this lifetime. This is the most important process in the procedure. In this way the practitioner has opportunities to interact directly with the SC, which is the name Dolores Cannon used referring for the subconscious. I refer to the SC as 'they' because of the nature of the collective consciousness, including the super-consciousness and supreme consciousness. I ask the questions from the list that the clients prepared prior to the session and request healing as appropriate.

After receiving training in traditional hypnosis and certification from the IMDHA (International Medical and Dental Hypnosis Association), I received QHHT training from Dolores Cannon and now I am one of the few QHHT Recommended Practitioners. I am also one of the three mentors who have the privilege to vetting new QHHT Recommended Practitioners.

During these five years of being a certified hypnotherapist, I feel blessed to have had countless opportunities to facilitate self-healing and to help people find their authentic selves. With this process, I help people move forward the same way I have done for myself over the past two decades. I find this very satisfying. It may be hard to comprehend what I do and how I do it, but perhaps there are no adequate conventional explanations for these approaches.

This story that I am sharing is a remarkable recovery resulting from one of my hypnosis sessions. The sentences in quotation marks in the story were carefully transcribed from a recording session as 'they' were communicating during the client's hypnosis. Some quotes are from the client and others from the SC as past life experiences were being shown to the client.

In sharing the following report, I offer readers evidence that there are phenomena beyond explanation in our world. Some would say, "I'll believe it when I see it!" and some, including myself and many of my clients, would say, "I believe it and that is why I see it!" Here is our story.

### **A remarkable recovery**

Mary (assumed name), in her late twenties, came to me for a QHHT session, hoping to get some of her questions answered and to experience a self-healing for a rare disease called vulvodynia.

*"Vulvodynia creates chronic pain in a woman's vulva, the area just outside the vagina. The most common symptom is burning, though stinging, irritation and stabbing pain can also occur. The condition has baffled medical experts because its causes are so unclear. It is not linked to any treatable infection, neurological disorder or skin disease. Yet its symptoms can be so severe that sexual relations become impossible and even wearing jeans or sitting for long periods can be unbearable."* (Geehr, Web reference)

After a long pre-hypnosis interview, rapport and trust were established and I was ready to help Mary in her self-healing with QHHT.

Under hypnosis, Mary reported a past life in which she had been a baker and happened to be at a butcher shop where a robbery was taking place. The butcher and another woman were killed during this robbery. The murdered woman's baby girl was in a carriage and was unharmed. Mary sobbed many times during her hypnosis session as she watched the unfolding of the story.

In her past life, she was extremely concerned about the baby girl in the carriage. She ended up adopting and raising this little girl as her own. Mary loved this child with all her heart. During the past life regression process, we moved forward to several different scenes. The most important scene that helped her acknowledge the root cause of her chronic pain in this lifetime, which was being carried forward from that past life, occurred when the little girl was twelve years old. Mary had gotten married and later found out that the girl had been molested by her husband. Mary felt intense feelings of shame and hurt, as if the molestation had happened to herself. She carried over those emotions into this incarnation, without being aware of it.

After Mary reviewed several further scenes in that past life, it was time to help her acknowledge her passing from that life. This is vital for the healing process. Here is some of the information she brought forth during hypnosis:

*"I died of old age. Going into the door, huge door... in this space, I stand there looking up at, hmmm, like a building that is so tall. There is a string that has a stick on it. I ring the bell. The light brightened up. It is warm. I wear the same nightgown that I died wearing. I become a piece of the light. Nobody, just I, hmmm, become with the light. Feel warm and free, weightless. I'm just going to stay here. This is home."*

I told Mary during this hypnosis process, *"What happened has already happened and now you are on the other side of it. From this position you can look back at the entire lifetime and see it from a different perspective. As you look back at the entire lifetime, what did you learn from it and what do you think was the purpose of that lifetime?"*

She said, *"I learned how to unconditionally love someone I did not birth and how to find happiness out of a sad situation. People can move from that. (Later on in that life time, her daughter was happily married and had two beautiful children. Mary was loved and surrounded by them through the end of that life.) The purpose is to show me why I care for children and why I love other people's children so much (in every lifetime)."*

Mary also was told that she is here on earth as a 'mother barrier.' (The SC may use terms like this that are unclear to me and to the clients. This is because the SC speaks from a different dimension. In some cases, with time, we come to understand these concepts and their perspectives.) Mary's SC suggested that she move forward with her plan to open a daycare center. I asked the SC to give her guidance in great detail about her life mission in this lifetime. We received more guidance for future plans and were also able to come up with the name of the bank where she could receive a business loan.

During the interaction that I was having with the SC, 'they' told us that she had never lived a lifetime without children. This explains why she loves all children in this lifetime and is passionate to have a childcare center.

I always ask my clients to bring a list of questions that they wish to address to their Higher Selves, including a request for healing. After clients experience a past life under hypnosis, I always take the opportunity to call in the SC and ask permission to speak to it/them, as the collective higher consciousness of clients has a vast knowledge about the person. I also ask further questions from their lists for them and request healing. The SC will perform healing as appropriate.

The conversation is recorded throughout the session and I encourage my clients to listen to it multiple times when they get home. This is a very important process that helps the clients understand what is being said and how it is being done so they will acknowledge the information with a great deal of understanding.

Here are some of the answers 'They' offered to Mary's questions:

*"... She loves children, and kids are what she needs. She has the need to be with kids. She is the teacher... She can show the kids the path, the way for them to go. She guides them to the path of goodness and righteousness."*

*"... She has four gifts, clairaudience, claircognizance, premonition and her motherly gift." and "Premonition, she needs to know that she has it. She does not even know that she has that. She has had one vision of a soul catching on fire. It was symbolic vision of her soul that was catching on fire because she was awakening. She needs to recognize that she has it (premonition). She has it all the time, but her conscious mind gets in the way. She just has to be in that essence and she can utilize it anytime."*

I requested healing from the SC for Mary for her Vulvodynia. 'They' stated,

*"The root cause was being shown to her as she saw it in her past life about her adopted daughter. She felt a lot of shame because she is a perpetual mother. It distressed her that she couldn't protect her child and she has been carrying this distress around for lifetimes. We have removed it. She will try to say that it is not gone. She needs to be reminded that it is gone. It is for Mary to choose, release and let go and receive this self-healing as we speak." "Done!" So, it is!*

She also requested healing for another health issue of bacterial vaginosis (an infection in her vagina).

*'They' said, "It will go away over time. Her body is sensitive to the medication (the side effect was unbearable) because (her subconscious knows that) she is the mother and she bears her children from there and she does not like medicine being incorporated in knowing that. No more medication needed. Eventually, when the medication in her body is being eliminated from her system, this issue will be completely healed."*

*"How soon?" I asked. "Two weeks!" They answered.*

'They' also offered a surprise answer about Mary's obesity:

*"The root cause of obesity is from her issue with the father. She needs to go and see him. He is sick and he wonders about his children. He does not see though what he has done to his children. He does not know that in her eyes and in her siblings' eyes, he was*

*not the best father. He does not know why they do not like him. Forgiveness is needed. She needs to face him. Let him ask any questions that he wants to ask. It is necessary for him because he does not get it. He is not evolving. There is no evolution with him. He is just kind of sitting, but she still needs to face that."*

And this answer came in response to her question about her sugar addiction,

*"Sugar addiction is literally to sweeten her own life from lack of sweetness!"*

About her awakening process,

*"Solar flare was a huge trigger and she has been tracking the solar flares in the last couple of months. Her mood has been matching the solar flares and we are proud that she is aware of it. Solar flare is the thing that is making the shift in people that she knows and also in herself."*

She had a concern about her friendships and another surprising finding was:

*"Her core group of friends. She is at the end of her soul contract with those. That is why she is anxious about getting away from them. There is one that she is not so happy about getting away from, but it is necessary. The contract is old and she did not know that she releases her own contract by watching a video that taught her to release her own contracts and uses it in her meditation. ... The Manifestation video notes that one of the rules to manifest the desire is that you have to state that you want to release the old contracts that are not suitable for you anymore. She did it and she did not even know that it worked. (This coincided with Dolores Cannon's information from her work, that was shared in her many books.) It was not even the goal."*

Then we had a discussion on a few more personal questions until a general question about Mother Earth and the ascension process arose.

*"Mother Earth is tired. She is holding in there. She is sad, but she had a plan to move people quickly because she does not want to give up. She moves and shifts them quickly without their knowledge sometimes. They do not know until after the fact that they have been moved up. That's what happened to Mary. She has been moved up. It was a little easier to do this for her because she was already full of gifts and knowing. So, Mother Earth has been doing it in a way that they do not even recognize until it is happening in plain sight. That is how she is keeping herself hopeful. She wants to do it as quickly as she can because she does not want to wait too much longer in order to heal herself."*

Guidance for her career:

*"She needs to be there as a social worker. She had a lifetime where she worked in this field and was killed by a client. So, she does not enjoy it. She has not been able to get rid of that contract yet because she worded that contract wrong. With the one in this lifetime, her contract is not only saying that she needs to get rid of the contract that is not useful to her, but needs to get rid of this contract because it is not fun for her. If she does that she will be able to come back just being a mother, not having to deal with other people that she does not know. There is something here that is a part of a greater purpose. Source requested that she needs to get this info. If she asks to end this*

*contract, (social worker) Source will agree to some extent, but for instance if she does not want to carry the work of being a social worker anymore, having a daycare center, she might be counseling under-privileged parents. So she is still doing social service work, but not as the same way as she has been doing it."*

Then we had more fun with other, personal questions. As we were wrapping up, I asked again for validation of the healing and 'they' said, *"She is completely healed!"*

I asked for a body scan. I do this as we are wrapping up, just in case there is something my clients need to be aware of, which we may have missed. This is what we learned as we were wrapping up.

*"She has a headache right now." ... "We remove a headache from her now." ... Left knee arthritis caused from birth position. We will remove that now too. Gone! We are working on the right knee, caused from not moving forward (in her spiritual growth and the body lovingly let her know by manifesting the physical issue in her leg as a warning). And the left knee was from her birth." (There was an explanation about this birth issue that was for her and her mom to acknowledge.) "Done!", said 'they'.*

Toward the end, I asked the SC about the synchronicity of Mary meeting with me (Patti) and 'they' said,

*"Patti has been a conduit to the conversation where Mary can get answers to her own questions, and vice versa. Mary wanted to be healed, or rather the mother soul wanted to be healed, and that was the only way that she was going to be healed. Nothing in the everyday world could heal that. It was planned for Mary and Patti to meet, giving Patti this opportunity to help her and we thank you Patti for being a conduit."*

Less than 24 hours from our session, Mary wrote this email to me:

*Hi Patti, OMG! OMG! So many thing have gone on ... in this short period of time since yesterday.... Most importantly,.... the pain in my vagina is GONE! NO! PAIN! I'm so grateful and amazed! I've haven't experienced my life without pain since I was FIFTEEN! It is simply GONE! Patti, Thank you for facilitation this session! Feel free to share any useful information about my session. You have my permission. I will continue to update you. Again, thank you. ....*

It is difficult to understand this healing session in the concepts of our conventional world. Please keep in mind that there are things that we may not know about yet. They do exist. "Believe it and you will see it too!"

Mary's vulvodynia has not returned in the three months since it was cleared in the above session.

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