

September, 2015

Volume 15, No. 3

A Multi-Dimensional View of Psyche: Psychosis or a Very Intuitive Person?

Barbara Stone, PhD, LISW, DCEP

Abstract

This article reports a single-case study of a woman diagnosed with psychosis who heard voices and suffered for 25 years with heavy feelings of depression. She had been unresponsive to traditional psychiatric treatment during this entire time. With one session of energy therapy, she had a complete remission of her symptoms. Barbara Stone, PhD, used the Soul Detective™ approach she developed to find and resolve the multiple origins of the problem. Bridging shamanism and energy therapies, this approach validated the internal experience of the client and provided a method for the earthbound spirit, whose voice she had been hearing, to get the healing he needed so he could release his attachment to the client and cross into a higher dimension. Then her therapy healed the wound that had allowed the spirit to attach to her in the first place. Finally, her experience of hearing voices was reframed from psychosis to being a very intuitive person and provided a structure where the client could use her gift of mediumship for the benefit of everyone, giving her a new purpose in life.

Key words

Psychosis, mediumship, shamanism, Soul Detective, spirit attachment, energy therapy

Introduction

People who hear voices are usually considered mentally ill and diagnosed with schizophrenia or another form of psychosis. However, voices may come from other sources. In other cultures, people who hear voices may be revered as conduits between the physical and the spiritual worlds. African healer Malidoma Patrice Somé wrote an article that went viral on the internet, titled, "What a Shaman Sees in a Mental Hospital." In the shamanic viewpoint, a psychotic episode may signal the birth of a healer. Young people in Somé's tribe who experience auditory and visual hallucinations are sheltered and nurtured. Experienced shamans teach them how to safely use their gifts of connection with the invisible realms of spirit for the benefit of the whole tribe.

An easier way to connect with what is happening in the spirit world is through using tools from Energy Psychology. In the late 1990's, I started learning clinical kinesiology (also called muscle testing) to access the subconscious programming going on underneath my clients' presenting problems. By 2002, I had become proficient in using muscle testing to get to the origins of problems and to identify the treatment sequence necessary to resolve a specific issue. When my sister was diagnosed with

ovarian cancer at the end of 2002, during the final months of her life, my clients started presenting with earthbound spirit attachments. Perhaps I was more open to the spirit world because my beloved sister's physical life was almost over, and she was about to cross into the world of spirit. At first, I did not know what to do when a client claimed that a deceased parent was attached to her. When the client walked into the room, I felt the room temperature drop suddenly. My hands got very cold, and I felt the presence of something eerie in the room, so my physical body registered signs that correlate with the presence of what most people would call ghosts. In one case where the client told me her deceased father was in the room, I got out my Gauss meter, which measures electromagnetic fields. The reading in most of the room was .5, but in the place where she said her father was sitting, the meter showed a reading of two. After her father crossed into the Light, the whole room measured .5.

Although I was initially skeptical about the possibility of spirits attaching to living people, these direct experiences convinced me there was some reality to the phenomena. I used muscle testing with clients to get to the origin of their problems. In cases where muscle testing indicated that the client's problems stemmed from a spirit attachment, I wondered whether the client could do a vicarious treatment for the attachment. I figured that since the client got the emotional trauma of the spirit, perhaps if the client used energy therapy to clear the emotional trauma, the spirit might get the benefit of the energy healing. I started experimenting with having clients tap their meridian points with the intention of healing the trauma of the earthbound spirits. I used the Thought Field Therapy diagnostic method of creating a customized meridian treatment sequence designed to clear the exact configuration of energy blockages each specific person needed. To my surprise, it worked very well! It seemed that since the spirit was connected with the living human, when my client tapped their customized sequence, the attached spirit's emotional disturbance decreased. By the end of the treatment sequence, the spirit was healed enough of his or her trauma, anger, fear, or whatever disturbing emotions were holding the person back to cross into the world of Light. As I saw the profound changes that happened very quickly when an earthbound spirit was released, I realized that what presents as mental illness may sometimes be [the a someone-else's problem combination of problems, energetically linking souls from the invisible realm to the living beings.](#)

Varieties of approaches to psychosis

1. The psychiatric approach

Psychiatry has adopted a medical approach to mental illness, considering each disorder a chemical imbalance and looking for a "magic bullet" drug to cure each problem. This approach has had some success in relieving problems, but often just covers up symptoms, has little demonstrable effect, or even has negative effects. For example, research shows a high percentage [age](#) of mild to moderately depressed patients have no positive response to anti-depressant medication and may even demonstrate increases in suicidal thinking (DrugWatch, 2015). Only in the more severely depressed patients have antidepressants demonstrated significant effects (Simon, 2002). The medical approach has very poor outcomes in treating schizophrenia and other types of psychosis with major tranquilizers. These drugs have multiple unpleasant side effects, including tremors, other Parkinson-like symptoms, weight gain, and more. In some cases these side effects are irreversible, including severe coordination problems called Tardive Dyskinesia. It is no wonder that patients show poor compliance in taking these medications because of all of the unwanted side effects (Lieberman, 2005). In addition, schizophrenic patients often present with co-morbidity of depression, anxiety, pain, and other physical problems and are medicated for each condition, often without knowing the synergistic side effects of that particular combination of drugs. Another approach psychiatry has used for suicidal depression, manic-depressive disorder, and some types of psychosis (particularly when these have not responded to medication treatments) is Electro-Convulsive Therapy (ECT), commonly known as electro-shock treatment. Remission of these symptoms after ECT may, in some cases, be related to spirit attachments, as discussed below.

2. A nutritional approach

The late Carl Pfeiffer, MD, PhD, developed a nutrient therapy approach to help patients with schizophrenia, and his work was further developed by Dr. William Walsh (2012). This approach uses various blood and urine tests to assess neurotransmitter activity, plus vitamin and trace mineral levels, and then employs natural substances to correct imbalances and normalize the nutrient concentrations needed for neurotransmitter synthesis. Early in fetal development, certain methyl groups will either be present or absent in the double helix of DNA and form “bookmarks” that govern the selective production of proteins. Methylation inhibits gene expression, and the absence of methyl tends to promote gene expression. These patterns formed in the womb tend to persist through the lifetime. Walsh assesses a patient’s level of DNA methylation with a histamine test. He correlates undermethylation with depression, obsessive-compulsive disorder, and autism in children. With overmethylation, the body produces an excess of serotonin and other neurotransmitters that are normally beneficial, but the over-production makes these patients liable to getting worse with those antidepressant medications that work by blocking the re-uptake of Serotonin. Walsh correlates overmethylation with anxiety, panic, insomnia, and sometimes paranoid schizophrenia. His book reports evidence for using niacin and folic acid in the treatment of schizophrenia (Walsh, 2012). Walsh reports that 42% of psychotic patients are overmethylated and that Folate helps correct the problem. Each patient’s case is treated individually, from assays of chemical factors in blood, urine, and tissue for a customized dietary program unique for each person. His website gives further details about this nutritional approach (Walsh).

3. The multidimensional approach decision tree

In the multidimensional approach of the Soul Detective work that I have developed, we first find out whether the psychotic symptoms come from inside or outside the person. We use a combination of history, symptom observation, plus kinesiology on a checklist of possibilities for this first step.

4.1A. If the origin comes from inside the person, it may be a dissociated portion of the person’s consciousness, because an “alter” has split off due to extreme trauma. This splitting is called a dissociative disorder. The Dissociative Experiences Scale (DES) can be used as a tool to screen for dissociation and is available online (Carlson & Putnam). Background material on the DES is also available online at the Collin Ross Institute (Ross, [Web referencehttp://www.rossinst.com/dissociative-experiences-scale.html](http://www.rossinst.com/dissociative-experiences-scale.html))[Web reference](#)). Dissociative Identity Disorder (DID) is a highly complex treatment specialty that requires extra training.

A.B. If the origin comes from the outside, it could be one of the following:

i. Helpful spirit guides

In times of danger, a spirit guide may manifest an audible voice issuing a warning. John, a devout man in the church where I grew up, is an example. One night John was alone at a deserted intersection waiting for a red light to turn green. He heard a voice say, “Move into the other lane.” Just after he moved his car from the center lane into the other lane, a huge semi came speeding into the intersection, overturned while trying to go around the corner, and smashed into the lane where John had been stopped.

ii. Earthbound spirit attachments

In my book *Invisible Roots* (2006), I write in detail about the phenomena of how trauma may result in a spirit getting stuck between the worlds. These earthbound spirits may attach to living people, transferring the spirits’ physical problems, desires, and emotional upset into the host.

iii. Malevolent entity invasion

In early Christian times, mental illness was conceptualized as a person being possessed by evil spirits. Christian doctrine teaches that angels were created by God to serve Him and help humanity, but that some angels became prideful and of their own free will turned from God (Sulavik, 1999). These fallen angels then try to create havoc for humanity. Psychiatrist Shakuntala Modi presents a detailed map of the way that demons and other dark entities can invade a patient's energy field (Modi, 1997). My book *Transforming Fear into Gold* (Stone, 2012) presents the Soul Detective method of raising the vibrations of these lower-dimensional detrimental energies. The Soul Detective approach to transforming the dark side expands the excellent work of William Baldwin (2003) in releasing unwanted entities and adds a step to heal the wounds in clients that allowed the malevolent entities to invade. The Soul Detective approach is a win-win model rather than the approach of exorcism, which is a win-lose model of casting out the evil spirit without offering further healing to the entity being expelled.

Case example of the dramatic healing of a person diagnosed with psychotic depression

A colleague in Germany who was helping me with publicity for my 2015 Soul Detective European tour asked to set up a healing session for her mother, Leokadia Proschinger. Leokadia's case provides a dramatic example of the effectiveness of Soul Detective work. Leokadia had suffered with depression for 25 years and had been diagnosed with psychosis. She had multiple psychiatric hospitalizations and had tried many different medications, all with little long-term benefit. The psychotic episodes returned even though the medication had been taken regularly under psychiatric supervision. [1]

Jan, a spirit

Since Leokadia did not speak English and my German was not good enough to do the session without a translator, Leokadia's daughter was present with her and translated for us. We attuned to the highest good through prayer and called in Leokadia's spiritual guidance team, made up of [God](#), Jesus and his mother Mary.

Days prior to her Soul Detective session, Leokadia felt intense heaviness in her body, as if her life force were being sucked out of her. Muscle testing indicated that the origin of her difficulty was linked to [multiple](#) earthbound spirits' attachments, especially the one of a man named Jan. A Polish ~~doctor~~[internist](#), Jan had been tortured and killed in a concentration camp in World War II, ~~along with his whole family. His wife and two children were also at the~~ concentration camp [in Dachau. Jan had been separated from them and had no knowledge of what](#) ~~fait-fate~~ [they had to suffer](#). Jan lost his faith in God because of all that happened during the war. We first did energy work to heal the sense of separation from the Divine that Dr. Jan was carrying. Then we did the Soul Detective Earthbound Spirit protocol (Stone, 2008) to help Jan heal and get ready to cross into the Light to reconnect with his family. We invited any other of his family members who had been killed during the war and who had stayed earthbound to join Dr. Jan in crossing into the next world for a joyful family reunion. Within a few minutes, they were all ready to cross. We asked [God](#), Jesus and Mary and the angels to guide them all home. Leokadia wept with joy when she felt him leaving her body, and her depression, along with the heaviness, instantly lifted!

Then we multiplied the benefits, inviting any other earthbound spirits of people killed in this war or any other genocide to couple to the benefits Jan and his family had experienced and to move into the Light. Leokadia sensed many other earthbound spirits accepting the invitation and moving from the concentration camps and other genocide scenes where their spirits had felt trapped, and transitioning into the next world to reunite with their loved ones.

Stairway of light

Several factors led me to believe that Leokadia had become a channel for spirits. She recounted that Dr. Jan had given her a detailed list of the names of his other family members who had been captured in the war, and she wrote down all of the information. As we did the work with Jan, Leokadia showed great sorrow at his pain, compassion, and joy when he finally crossed. She was able to connect with [God, and](#) her spirit guides, Mary and Jesus, to ask them for guidance, and to intuit beneficial answers from them. I did not sense fear from Leokadia, and all of my interactions with her were coherent. [However, the emotions while Jan departed were very intense.](#)

On the chance that Leokadia's experiences were not psychotic delusions and instead were the experiences of a VIP, a Very Intuitive Person, I set up a plan to deal with the possibility that she was a natural channel and that other earthbound spirits with similar experiences to Jan's might come to her for help in the future. We asked Archangel Michael to install a stairway of Light in ~~the her~~ garden ~~in her yard~~ so she could help any other spirits who came to her find the stairway and ask angels to take them up to heaven. She was delighted with this idea, so we implemented it on the spot. This worked well and since then [Leokadia reports that Leokadia-heaven](#) has established many more stairways [all over the world](#).

Healing the ~~Origin~~ of the spirit attachment

To prevent more spirits from attaching to her in the future, we needed to heal the origin of the [emotional](#) wound that had allowed her energy field to be invaded.

How do people become vulnerable to entity invasion? When the spirit leaves the body at death, it normally ascends into a higher dimension and reconnects with [Source-source](#) energy. The Christian religion calls this process "going to ~~heaven~~." People who die under traumatic conditions may not be able to make the shift into a higher dimension because the trauma weighs down their spirits. These discarnate entities need to get energy from somewhere, ~~but s~~ Since they no longer have physical bodies, they cannot get energy from food and air the way living people do. They are like hungry thieves who steal food wherever they can find it. A normal person is like a home that has a good security system. All the doors and windows are locked and secured when they go to sleep for the night. When a living person has an unresolved trauma, that emotional wound leaves an energetic door open which broadcasts the trauma feelings out into the world. Discarnate entities with a similar wound pick up on the vibration of the matching wound, and they find the traumatized person and enter through that open door to steal the living person's life energy.

Jan died in the 1940's, but he [probably](#) did not attach to Leokadia until the 1990's when she went through a devastating personal crisis. Leokadia did not reveal the exact nature of her trauma. Since her daughter was translating, perhaps it was very personal and would have been inappropriate to share in that situation. Fortunately, with meridian tapping, the practitioner does not need to know exactly what happened in order for the trauma release [meridian tapping](#) to work. Whatever happened to Leokadia in 1990, it was as devastating to her as Dr. Jan's experiences in the concentration camps were to his feelings. Through the resonance between Jan's and Leokadia's psychological wounds, Jan was able to attach to Leokadia's energy field.

To gather support around her, we asked [God](#), Mother Mary and Jesus to join us. Having gone through multiple psychiatric hospitalizations, Leokadia felt somewhat vulnerable in trying a new therapy. In addition to having the spiritual support of [God](#), Mary and Jesus, she also had her loving daughter holding her hand, reminding her that it was safe to face the pain and follow the therapeutic sequence to move through the trauma. This support gave Leokadia the strength to face whatever had happened to her and to release the trauma through meridian tapping so she would not be susceptible to further invasion.

This intervention worked very well, and Leokadia was so delighted with the change in her life from this single Soul Detective session that she wanted to give her report, along with her full name and her photo! She is hoping that her story will help mental health professionals understand the possible origins of some cases of what looks like psychosis. In addition to Dr. Modi, mentioned earlier, another psychiatrist who opened up to viewing his patients multi-dimensionally is Robert Alcorn (2011). Both psychiatrists wrote books suggesting that many cases that present as psychosis may have underlying entity invasion (Alcorn, 2011; Modi, 1997).

Leokadia's report

"Before the session, I was tired and feeling indescribably heavy. I had hoped that I would feel somewhat different after the treatment with Barbara. I had not expected it to be this life-changing. While going through the process, I allowed myself to follow the protocol and applied all steps according to Barbara's guidance, with some help from my daughter, who had been standing by me so that I would be able to understand and process the intense feelings that came at times in-through my body. This process cannot adequately be described in-with words. It has to be experienced in person.



Leokadia Proschinger

"My sensation of heaviness and fatigue are no longer present. People who saw me a few days later witnessed the transformation and asked me about what had happened to me because they noticed such a visible difference. I had been revitalized and now have a new lightness in my body, just the way I felt before Jan's spirit attached.

"I cannot thank Barbara enough and highly recommend her. She gave back something precious and priceless to me."

Ripple effect

From the healing Leokadia received, a ripple effect went forward. Now Leokadia can hear-consult with the angels talking-about earthbound spirits and hear from these-her spirit guides what assistance people need in order to heal. She no longer gets weighed down by the trauma she senses from others, despite being a Very-very Intuitive-intuitive Personperson. Instead, she is now part of the solution. She helped her sister, who had also been diagnosed with psychosis, to heal and get back to herself by praying with her and helping her sister's entity attachments heal and cross into the Lightlight.

Leokadia continues to evolve and work with her spiritual guidance to facilitate the passing of many souls held earthbound from many different kinds of trauma. One group she helped came to her appearing as indigenous people. She could not tell what tribe they were from, but she identified their garbm as South American[2]. In another experience, Leokadia perceived the presence of a very primitive person from very early in human history. This man knew nothing about God and so was lost after he died. She helped him experience the unconditional love the Creator had for him, and by connecting him with this Divine energy, she was able to help him cross into the Light. Earthbound spirits stuck between the worlds seem to flock to her for help.

Follow-up

Six months after her session, Leokadia's life has remained transformed and free of depression. Her psychiatrist took her off the medications she was taking for depression. She still takes an antipsychotic medication named called Leponex (clozapine) [NAMES-OF-MEDICATIONS] to prevent

the comatose states, called stupor, which had been the reason for the various hospital stays at hospital. As the spirits of other war casualties continue to find her and her staircases to heaven, Leokadia has found her purpose in life in praying for these souls to help them transition into the Light.

Discussion

The body and soul are related like a light bulb and the light that shines from the bulb. The body is the bulb, the structure, and the light that comes out of the bulb is like the soul shining through. A living person looks much different from a corpse, which is like a bulb with the light turned off. The soul is the power that ultimately moves the body. One physician measured that a patient lost 21 grams of weight at the moment of death (~~Soul~~[New York Times](#), 1907). This change might be an indication of a spiritual essence leaving the body.

In the theory of reincarnation, the physical body is like a car, and the soul is the driver. A car eventually wears out and is scrapped. The soul is like the driver who gets out of one disabled car, spends some time recuperating in spiritual dimensions, and then steps into a brand new car, a new human incarnation – to continue the journey of soul learning. In this model, we have so many lessons to learn that we cannot master them all in one short lifetime. We need multiple lifetimes to master the spiritual essence of love, forgiveness, and fully aligning with the Divine.

Researcher Dr. Ian Stevenson carefully investigated cases suggestive of reincarnation and wrote extensively on the subject (Stevenson, 1980, 1997, 2000). His research has done much to bring the concept of reincarnation to the United States, one of the few countries in the world where reincarnation is not part of generally accepted religious belief. My religious upbringing in a protestant Anabaptist church labeled the theory of reincarnation as a heresy, so growing up I was extremely skeptical of the theory. Even when a figure in my dream read me a list of people I had been in past lives, I did not believe the dream. What convinced me was reading the literature on reincarnation, especially books by skeptics who set out to disprove the theory and wound up deciding that reincarnation was the only way to explain memories people had of other lives (Snow, 1999; Leininger, 2010). I made a YouTube commentary on the case of little James Leininger, who remembered his past life as a fighter pilot in World War II. To my surprise, that YouTube [video](#) has ~~had~~ ~~had~~ over 9,000 views.

Why spirits remain earthbound

The most common reasons that spirits remain earthbound are the following:

1. When strongly-bonded loved ones are unable to “let go” of the deceased, this emotional pull seems to bind the spirit so that it cannot move into the Light.
2. When strong negative feelings are present at the moment of death, these negative emotions are so dense and heavy that they seem to chain the spirit to the gravitational field of the earth, as happened with Dr. Jan.
3. Most people do not know what to expect at the moment of death. Some people think that when we are dead, we cease to exist – “lights out.” But consciousness continues after death, and a person can see and hear everything that is going on. Those who think that death is the end may not realize they are dead.
4. When people are confused or disoriented at the moment of death, they may not realize that the spirit is no longer in the body. Death from an impact to the head or dementia may compromise cognitive function. If a person is on a heavy dose of opiates for pain relief at the time of death, the person may not realize the spirit has left the body because it is in an opiate fog.

5. When a person fears Divine retribution for misdeeds, the spirit may turn away from the Light.
6. Suicide may sometimes chain the spirit to the earth, depending upon [3]circumstances.
7. A curse or a hex may keep a spirit earthbound.
8. Having unfinished business may also keep spirits earthbound. The television show *Ghost Whisperer* and the movie *Ghosts* are about people with unresolved issues staying earthbound until they can set a situation right. Once they are at peace, they can cross over.
9. Some people become so attached to their material possessions in this world that they are unwilling to leave this earth plane for the realms of Light.

How Spirits Attach to Vulnerable People

Discarnate spirits cannot normally invade a person who has a strong energy field. However, if a person has an unhealed emotional wound matching the emotional trauma of the earthbound spirit, the discarnate spirit is able to invade the emotional field of the client through that similar vibration. Another point of entry is during surgical anesthesia. While the patient is unconscious during the operation, the psychic gate is open and allows spirits lingering around the hospital to attach themselves to the patient. Someone who receives an organ transplant may find the spirit of the organ donor comes along with the organ! [4]Also, when a person loses consciousness through drug and/or alcohol abuse, a discarnate spirit can invade.

Sometimes a living person has lost a loved one and grieves excessively, telling the deceased, "Don't leave me! I can't get along without you!" This attachment from the living relative can bind the spirit from being able to cross into the world of Light. When we release our loved ones to move on into the next world, the love between us never needs to stop.

Some people believe that in the next world, people can sign up for the job of being a spirit guide for loved ones still on Earth. This situation is very different from an earthbound spirit attachment which drains energy from the host. A spirit guide is a person who has already crossed into the Light and gotten a new body made of Light. The spirit guide is reconnected to Source, so when the spirit guide comes to help, it brings a warm glow and a sense of peace, like people report when sensing the presence of an angelic being (Webber & Webber, 1994).

Electroconvulsive Therapy (ECT)

A clue to a possible reason electroconvulsive therapy may have temporary or permanent success in some people is found in a book by physician Carl Wickland, titled *Thirty Years Among the Dead* (1924), which has been largely ignored by psychiatry. Wickland found that when a person was exhibiting signs of earthbound spirit possession, he could boot out the entity by applying a mild electric shock to the subject's head. The earthbound spirit then temporarily incorporated into his wife, who was a medium. [5]Dr. Wickland spoke through his wife with the spirits, who complained ferociously about having been burned and being in great pain. Dr. Wickland helped them understand their situations and guided them into the next world. He reported many cases where a patient's symptoms of mental illness, possession, and erratic behavior ceased immediately when the possessing spirit left. The patient then returned to his or her baseline behavior.

ECT may provide permanent cures for some psychiatric patients, but in others it works for a while but the symptoms gradually return. A key to the success of Wickland's work may be that because he could dialog with the discarnate spirit and guide it into the next world, the spirits did not come back. The improvement his patients reported tended to be permanent.

Recommendations

I have been helping earthbound spirits heal and cross into the Light for over 12 years. The magical moment of crossing as a spirit makes the transition into a higher dimension is one of the greatest joys of my practice! The dramatic healings I have witnessed in hundreds of clients have amazed me. The effectiveness of this work led me to develop a systematic way to assess the origins behind symptoms of emotional and mental illness and to teach other therapists a way to safely deal with each facet of the way that problems in the unseen world of spirit affect mental and emotional health. [6]I call this work Soul Detective because it uncovers what is happening with a client on the Soul level. This method gives an Energy Psychology practitioner the information necessary to work in the invisible realm of spirits that previously was reserved for clergy and Shamans. When we heal the soul, then the mind, body, and spirit are also healed. Leokadia is an excellent example!

References

- Alcorn, R. (2011). *Healing Stories: My Journey from Mainstream Psychiatry Toward Spiritual Healing*. Perception Garden Press.
- Baldwin, W. (2003). *Healing Lost Souls: Releasing Unwanted Spirits from your Energy Body*. Hampton Roads.
- Carlson & Putnam, Dissociative Experiences Scale. <http://counsellingresource.com/lib/quizzes/misc-tests/des/>
- Ross, C. Collin Ross Institute. http://www.rossinst.com/dissociative_experiences_scale.html
- DrugWatch, "Suicide and Antidepressants," October 12, 2015, <http://www.drugwatch.com/ssri/suicide/>
- Lieberman, J.A. et al, "Effectiveness of Antipsychotic Drugs in Patients with Chronic Schizophrenia," *New England Journal of Medicine*, 2005; 353:1209-1223 [September 22, 2005](#), 353:1209-122.
- Leininger, B. & A. with Gross, K. (2010). *Soul Survivor: The reincarnation of a World War II Fighter Pilot*. New York, NY: Grand Central Publishing.
- Modi, S. (1997). *Remarkable Healings: A Psychiatrist Discovers Unsuspected Roots of Mental and Physical Illness*. Charlottesville, VA: Hampton Roads Publishing Co., Inc.
- Simon, G.E. "Evidence review: efficacy and effectiveness of antidepressant treatment in primary care," *General Hospital Psychiatry*, [Volume 24, Issue 4](#), July–August 2002, Pages 213–224.
- Ross, A. http://www.rossinst.com/dissociative_experiences_scale.html
- Stone, B. (2008). *Invisible Roots: How Healing Past Life Trauma Can Liberate Your Present*. Energy Psychology Press.
- Stone, B. (2012). *Transforming Fear into Gold: How Facing What Frightens You the Most Can Heal and Light Up Your Heart*. Strongsville, OH: The Indigo Connection.
- Stone, B. "James Leininger Soul Survivor Commentary." YouTube. <https://www.youtube.com/watch?v=-TIXsyetiM4>
- Stevenson, I. (1980). *Twenty Cases Suggestive of Reincarnation: Second Edition, Revised and Enlarged*. University of Virginia Press.
- Stevenson, I. (1997). *Where Reincarnation and Biology Intersect*. Praeger.
- Stevenson, I. (2000). *Children Who Remember Previous Lives: A Question of Reincarnation*. McFarland.
- Snow, R. (1999). *Looking for Carroll Beckwith: The True Story of a Detective's Search for His Past Life*. Daybreak Books.
- [New York Times, March 11, 1907](#). "Soul has Weight, Physician Thinks: Dr. Macdougall of Haverhill Tells of Experiments at Death," [New York Times, March 11, 1907](#).
- Sulavik, A. (1999). *All About Angels*. Catholic Information Service, Knights of Columbus Supreme Council.
- Walsh, W. (2012.) *Nutrient Power*. Skyhorse Publishing, New York, NY.
- Walsh, W. <http://www.walshinstitute.org>
- Webber, C.S. & Webber, W.D. (1994). *A Rustle of Angels: Stories About Angels in Real Life and Scripture*. Carmel, NY: Guideposts.
- Wickland, Carl. (1924). *Thirty Years Among the Dead*. Los Angeles, CA: Llewellyn Publications Ltd.

Barbara Stone, PhD, LISW, DCEP, is an international speaker, workshop leader, and a Professor at Energy Medicine University. A Certification Consultant for the Association for Comprehensive Energy Psychology (ACEP), she is the author of three books. She holds a doctorate in Clinical Psychology from Pacifica Graduate Institute in Carpinteria, CA, and is licensed as a social worker in the state of Ohio.

www.souldetective.net



TERMS OF USE

The International Journal of Healing and Caring On Line is distributed electronically as an open access journal, available at no charge. You may choose to print your downloaded copy of this article or any other article for relaxed reading.

We encourage you to share this article with friends and colleagues.

The International Journal of Healing and Caring

P.O. Box 76, Bellmawr, NJ 08099

Phone (609) 714-1885 Fax (519) 265-0746

Email: center@ijhc.org Website: <http://www.ijhc.org>

Copyright © 2015 IJHC. All rights reserved.

DISCLAIMER: <http://www.wholistichealingresearch.com/disclaimer.html>