

January 2005

Volume 5, No. 1

THREE HEART BALANCING TREATMENT OF CANCER

Jaentra Green Gardener

Dynamics of cancer

Maintaining balance, walking toward health, and not giving in to death and despair are central for the healer while treating cancer.

Hate, particularly the energy dynamic of hate, is the primary energy problem in the healing of cancer. Hatred, a part of the human experience, comes from a complex mixture of cultural, genetic, past life, or emotional sources. Any of us could manifest cancer, even with our best intentions to lead loving lives. This hatred is not the fault of the person with cancer.

I never, if at all possible, work alone when treating people with cancer, because keeping my balance and not giving in to hatred and death truly involves a team approach. The team includes the client, his or her family and friends, medical providers, and anyone else concerned with his or her welfare.

- When people receive a diagnosis of cancer they immediately fear and anticipate death, even if the doctor shares hope. Cancer is energy charged with hate.
- People with cancer often feel cancer is their fault, their punishment. Guilt and despair impede treatment and commitment to complementary/ alternative treatments of cancer.
- Doctors are all too willing to tell patients that they will die when the medical treatment options are exhausted. Most medical people have little or no experience with healing and do not see the opportunities for promoting and extending life that healing offers.
- Our culture knows little about healing and offers little support for healing, so patient expectations are often too high or unrealistic if they do hear about a healer.
- Cancer is an expensive disease, draining family income. A healer working with a person with cancer can expect the person to lose the ability and resources to pay for treatment before treatment is complete.
- Tradition treatment of cancer such as chemotherapy and radiation succeed because these are potent. Unfortunately, they are at the same time very negative energy interventions in the

- body. The hatred surrounding cancer can be worsened by too many negative medical interventions. At times, too much negativity overrides the body's ability to heal and remove waste or toxicity. The person dies from the treatment.
- In my experience, successful treatment of cancer involves accepting the energy of hate from medical treatments, but is best administered by ceasing the treatments when hatred overwhelms the body's internal healer. Often the medical people do not know how to pace their administration of negative solutions, nor do they know how to pause and offer energy balance.

Dynamics of healing

The healers in Three Heart Balancing are called co-healers because we believe that healing occurs within an interpersonal relationship between the person receiving healing, all the family and friends praying and pulling for the ill one, the medical personnel, the healer, and God or the Source of all. While working with cancer, the co-healer depends on other members of this team to achieve the goal of health.

About 70% of the people who seek Three Heart Balancing for many kinds of cancers experience benefits. About 30% quit treatment. Most of those engaging in healing survive their cancer to live useful lives. Some find an enhanced quality of life while battling the cancer. Those who die will die with dignity, consciousness, and often free of pain. I highly recommend Three Heart Balancing along with other naturopathic medicines, good natural nutrition, and psychotherapy to treat cancer.

When I put my hands on a person with cancer, the cancer energy runs and hides from the energy magnet in my hands. Because the body often mistakes cancer cells and does not think of those cells as alien, the body is slow to target cancer for healing. The first challenge is for the healer to reveal to the body that the cancer is an enemy needing to be destroyed. I show a body that cancer is an enemy by creating as many good energy connections as I possibly can. Good energy connections are created when I awaken *the Wave*, which is my name for the body's internal healer. The Wave is a new harmony of the rhythms in the body, including breathing, heartbeat, peristalsis (contractions of the gut), and craniosacral rhythms. With many good energy connections, the body notices that the cancer does not belong there and will fight to remove it. Enhancing the flow of the Wave and facilitating its opening without impediment also makes recovery from the cancer less painful and less exhausting. (See article on The Wave in IJHC Volume 2, No. 3)

When I begin to treat a person with cancer, the cancer is in control, running the show. As new energy connections are formed, a switch occurs. The team, including the healer, takes charge and the cancer runs. I tell clients that when the cancer is in charge it is like we are climbing a mountain and must use all resources and persevere until we reach the summit. The summit represents the switch in energy and direction. Going downhill is often as difficult as going uphill, but we are chasing the cancer. We are defeating it.

Examples of Three Heart Balancing

- “Betty,” a wealthy woman in her 50s, had battled cancer for ten years when I met her. She had nine tumors along her spine and the base of her neck. Because of very favorable television coverage of Three Heart Balancing treatment of cancer, Betty was among 500 other people who called. This treatment was the “flavor of the month.”

Betty looked good, could still drive, and functioned well. I explained how we believe people with cancer need to be worked on twice a week, and gave her examples of other people who succeeded with healing. I told her about the Wave bringing a new harmony to her body rhythms. Since all of her rhythms except for the craniosacral rhythm were functioning well, it was a matter of putting the craniosacral rhythm in line with the others.

After I worked on Betty three times she told me that her doctors at Mayo clinic told her, “You will now die because the tumor near your brain stem is inoperable and will kill you.” She terminated treatment with me.

I explained to her that the Wave will move tumors during the healing process to avoid life-threatening areas and gave her examples. She clung to the doctor's beliefs and implied that I wanted her money. I told her about the huge Healing Network of volunteers we had. The energy coming from the volunteers' hands, I believe, is as good as mine is.

Betty agreed to allow the volunteers to work on her. I told her that even if the Mayo clinic doctors are correct and she dies, at least she will be more comfortable and connected with people. Our volunteers drove to Betty's home daily over a two-week period. Then Betty called me, thanking me for reaching out to her with volunteers, but telling me that it was too much to hope for that they could save her. She did not want to inconvenience me. She decided to go ahead and die after nine years of fighting. People do get to decide when they will stop treatment. I reluctantly accepted her choice, while firmly believing that Three Heart Balancing could have healed her cancer or made her more comfortable.

- “George,” a high school senior, had brain tumors for three years. Confined to a wheel chair with no movement in his left arm, the tumors were eating away his ability to function in the world. After the second treatment of Three Heart Balancing, George got full use of his left arm back. Very encouraging. George developed a very aggressive form of leukemia following a strong mixture of chemotherapy drugs and died within two days of his second treatment.

These two dramatic stories illustrate the power of hate, despair, fate, and bad luck to destroy the healers' hopes for a possible recovery. I find myself during these times asking deep questions about why death should be so certain an outcome.

In contrast, I offer you stories of successes using Three Heart Balancing.

- I met “Debbie,” a 28 year-old Native American woman when she was dying due to a grape-sized tumor with tendrils reaching into her brain like a spider web. She suffered from blurred vision, dizziness, and blinding headaches. Debbie had had the headaches since age 12 due to the same tumor, then benign. At age 25, when she started lactating and was growing hair in the wrong places, she went to the doctor to find out that the benign tumor had turned malignant and was causing the production of hormones which produced her new symptoms. Her parents had never told her that her headaches were due to this tumor. Since surgery meant certain death due to the widespread tumor, Debbie had 2 years of chemotherapy and radiation. Treatments were unsuccessful.

Her doctors said she would die within six months of my meeting her. The first time I worked on her, in May of 1997, she did not *dismiss* me as I was giving her healing. When a healer does not receive a “dismissal” from the body she is working on at the end of a healing treatment, that means to me the person is walking toward death. (A dismissal is the person’s body telling the healer that she no longer needs healer assistance. Healers report that the feeling is like a magnet that no longer sticks to the refrigerator.)

Debbie did receive hope, however, because when the session ended, she had two days without a headache for the first time since she was 12 years old. Debbie lived in Denver and I live in St. Paul. I called Cindy, one of my trainees, and asked her if she would be willing to adopt Debbie, which meant she would commit to working on her three times a week without payment, to help her save her life. Cindy, an actress in a community theater, said yes! I knew Debbie was in capable hands.

I believe God works through each of the healers trained in Three Heart Balancing just as He works through me. When I returned a month later, Debbie still did not dismiss me, but her eyesight was better. Cindy led a group of healers who worked on Debbie several times a week. In July there was still no dismissal, but she was back to work and driving again.

Cindy's support remained constant. In August, when I had my hands on Debbie's head, I felt my energy hand reach inside her skull, grab the grape sized tumor and yank it out. Debbie felt it also.

Debbie took classes to learn healing, and had her first clear brain scan in January four months later. Still, the chemical tumor markers in her blood were high. The doctors wanted more chemotherapy. Debbie suggested to them that her body broke up the tumor in her brain and needed to detoxify that tumor, which I thought was reasonable. When the medical people insisted on more chemotherapy, Debbie agreed. By August of 1999 her kidneys were failing. By October the doctors pushed her to receive a kidney transplant. She refused, very exhausted and ill until January.

In January of 2000 Debbie flew up to St. Paul and stayed for a month with Sharon, one of our healers who teaches chemistry. For the first three weeks Debbie was treated daily using Three Heart Balancing. Many volunteers worked on Debbie. Three times a week I also worked on her, and since Debbie had trained in my classes as a healer, she stayed and helped me work on my clients. We believe that every time a healer gives a healing she receives one. So five days a week for three weeks Debbie helped me give healing to people. By the end of the third week Debbie knew her kidneys were healed. When she got home, her doctors agreed.

Today her health remains good. Debbie always tried everything she could to maintain her health. When I told her that she needed a healing at least twice a week, she received that and more. She was willing to accept help, even though she at times admitted that she did not think she deserved it. We say that for the healing to work, you do not have to believe or even hold onto positive thoughts; You have to show up. Debbie, determined to live and overcome all the hatred thrown her way, has done more than survive. She has reached out for happiness with both arms open.

- “Paul,” 63 years old, had inoperable prostate cancer. He was impotent, oozing from his penis, and had a swollen prostate gland. He refused medical treatment. He met me at a Whole Life Expo. Told by a psychic to find a healer who had studied with Wilhelm Reich, Paul asked me to work on him when he learned I studied neo-Reichian work. He told me

that he would do whatever I said. I told him to see me three times a week for six weeks. By the end of the fifth week, he regained his sexual potency. A year later, I saw him at the expo and asked him how he was doing. He picked me up and swung me around, laughing out loud, apparently doing very well.

- "Vicki suffered from a large ovarian cancer mass in her abdomen. Although she finished with her second round of chemotherapy, her cancer was still growing. The doctors changed chemicals. Vicki's good friend Leslie had had stage three breast cancer in the 1980s. I had worked on Leslie, helping her save her life. Leslie's cancer had disappeared and she'd been cancer free for 8 years. Leslie encouraged Vicki to try healing. Desperate for anything to help, Vicki agreed. I worked on Vicki three times weekly and volunteers worked on her two more times each week. In two and a half months. Vicki's scan came back clear. Three months later, another scan revealed three large balls of mass in her abdomen. The doctors operated, finding no cancer, but three neat balls of scar tissue caused by earlier surgeries. Vicki's confidence in her body's ability to heal soared. She remains cancer free today, four years later.
- "John" began treatment for second stage lung cancer three months ago. He came on a recommendation of a work associate. During the first session, he felt nothing until the last 15 minutes when he reported that his whole left side was vibrating. He committed to seeing me twice a week. His lower lung lobe had been removed three years ago. The cancer spread to his right shoulder. His doctors did a brain scan, a bone scan, and a full body scan expecting his cancer to spread. After three months, the cancer is gone from his shoulder. The doctors discontinued all treatment. John continues healings twice a week to build up his body's immune system and to gain back his strength and stability.
- In October of 2003 Kim Boeck flew to St. Paul for me to work on her breast cancer which had metastasized to her bones. Her sisters supported her treatment here and told her about us. Kim had a tumor interfering with the connection of her femur and her hip. She walked very painfully with a cane. As soon as she landed, she picked up a lung infection. I called upon a group of volunteers to help me work on her. We scheduled 4 days of healing, 5 hours a day, with 5 people working on her at once. Volunteers come and go during that time period. I serve food. The atmosphere is positive, friendly, and joyful. Our volunteers like each other and like giving someone a chance at a healthy, pain-free life.

After the first day, Kim could walk better. She still coughed with her lung infection. I felt puzzled because often infections are easy to heal. The second day we removed the rest of the pain. The third day Kim went to the ER because the infection in her lungs persisted. Prior to coming, she had received chemo, so her immune defenses were low. The ER doctors did a scan of her whole chest. They discovered that Kims' cancer was advanced far beyond what her doctors told her in California. She had a large tumor in her left upper lung lobe, a sack of cancerous fluid around her heart, and a tumor wrapped around her pulmonary vein. The last day we worked on her heart, removing as much pain and heartache as we could. I believe that the infection had persisted in her body, so that through medical help she could discover the extent of her illness. Kim plans to return to St. Paul spring of 2004 to continue treatment of her cancer. Meanwhile the cancer in her bones is healed. She walks, hikes, and dances as she chooses.

Today Kim continues to improve. She still has not returned to Three Heart Balancing treatment in St. Paul. However, she receives traditional medical treatment. Also her sisters

visit her often and do Three Heart balancing hands interventions that they learned from me when Kim came here.

Notes to the Healer

Steps to the physical healing of cancer:

1. Ask the person to commit to at least 6 sessions before they decide whether the healing works or doesn't work. This period will give the healer enough time to remove the seeds of hatred.
2. Work on them daily until their body dismisses you.
3. Work on them twice a week after the first dismissal. You may, of course, vary this if your intuition tells you otherwise.
4. Suggest the person gather a group of family and friends you will train in healing, a Circle of Hands. This group will work on the person a few times outside the healer's visits.
5. As the cancer shrinks, be as encouraging as you can to support the person in reducing poisons and needing less painkillers (which cause side effects like nausea, constipation, and dependence).
6. When you get a clean, cancer-free scan, treat the person weekly for a month, then bi-weekly for 3 months, then quarterly for two years.

Steps to the emotional healing of cancer:

1. Do not insist on the person believing or trusting in your healing. Just say that in order to be healed, the person must eat, drink, and show up.
2. Create humor, laughter, and mutual respect. Discuss hate openly if necessary.
3. Suggest that after you awaken the Wave, the person can trust their body to be a reliable partner in healing.
4. Movement, vibration, and audible organ sounds during healings are encouraging, as is regular sleep.
5. Discuss death and the option of pain-free or almost pain-free death.
6. God or the Source is our partner in healing.
7. Belief in their recovery is accumulated after years of free scans.
8. Expect no instantaneous cures. Healing is cumulative.

Contact:

Jaentra Green Gardener
 49 West Winona St.
 St. Paul, MN 55107
 651-290-2880

www.healinghandsnetwork.org

TERMS OF USE

The International Journal of Healing and Caring On Line is distributed electronically. You may choose to print your downloaded copy for relaxed reading. Feel free to forward this to others.

The International Journal of Healing and Caring
P.O. Box 76, Bellmawr, NJ 08099
Phone (609) 714-1885 - Fax (609) 714-3553

Email: center@ijhc.org Web Site: <http://www.ijhc.org>

Copyright 2001 LJHC. All rights reserved.