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EXPERIENCES IN ENERGY HEALING AND LOVE BASED SPIRITUAL HEALING

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Introduction

In my chemical engineering training in the 1960's, concepts of energy were rigorously defined by engineering physics studied in conventional thermodynamics, chemical reaction kinetics, and nuclear engineering. "Subtle energy" was not in my knowledge base. This article is intended to give the reader practical insight on several key energy principles applicable to spiritual healing from the perspective of an engineer who has become a spiritual healing technologist.

My six years of college technical education and 43-year high tech science career in the design, development and implementation of advanced digital systems for government and industry disciplined me to investigate, challenge and explain the healing phenomena to which I have been exposed. I share here a few of my personal experiences in 29 years of energy healing and spiritual healing.

Healing principle #1: Current reality is what we can make happen in the present; that reality changes with your experience.

My spiritual journey started forty years ago with the Japanese martial art of "Aikido" ("the spiritual way.") About 1967, Kanai Sensei and Yamada Sensei, two-young Japanese Aikido Masters were sent by Morihei Uyeshiba, the founder of Aikido, to the United States. Kanai Sensei started teaching in Cambridge, MA with about a dozen students. I made a career move to Cleveland and studied under Yamada Sensei, whose dojo (school) had about 25 members. We students felt it a great honor to study with them.

We eventually learned how to use "Ki" (spiritual energy) in our bodies to move an opponent, using only minimal contact; to enter a fully conscious state where we could endure heat, cold and pains such as those resulting from direct punches and nerve holds. We also learned to apply Ki to promote rapid recovery from injuries such as knee dislocations.

While it was obvious that Aikido tapped an unseen energy that could be called upon to produce physical and psychological effects, the *how* and *what* of that energy was not explained. Students of Ki, Chi, Prana, shaman energy, North American Indian Medicine, and Reiki masters access the same universal energy source at various levels depending upon their training and personal energy

purification. The concept of *love* energy is not evident in most of these therapeutic approaches. Principle #1 is the essence of human growth and development.

Healing principle #2: We can transmit energy through space with directed intention-

In the fall of 1978, Marcel Vogel, a senior material scientist with IBM, entered my life. Marcel was pioneering scientific work in subtle energies and healing. Since I was “subtle energy ignorant,” Marcel encouraged a 9-month study via rare books as well as interviews with psychics, healers and energy research people.

Marcel had a very advanced research lab at IBM. Marcel’s method of teaching was to show an effect and then see if the results and the implications were understood. In one of his early experiments, Marcel pulsed energy across the lab through a hand-held quartz transducer to an instrument that recorded the energy transfer on an oscilloscope. A bright spot appeared on the screen each time he repeated the process. This experiment demonstrated that people can transmit energy through space to a distant point. The original, unpublished data resides with the Vogel family.

Healing principle #3: Love-based intention facilitates healing-

A jeweler made me a similar transducer for my own experiments. It was a small four-sided square prism, 1.5 inches long, ending in a pyramid on one end and flat on the other end.

Marcel had arranged for me to meet and interview a Dallas psychic named Kay. When I arrived for the interview, she called in her neighbor, a nurse experiencing deafness in her right ear.

My transducer was in my pocket, but neither Kay nor Marcel was told of its existence. To my surprise, Kay asked me to use my transducer to heal her friend’s hearing. I held the transducer with the tip touching the nurse’s ear and projected the thought of transmitting love and well-being to her. Within seconds the nurse stood up, smiled broadly, and started sobbing because she could hear again. This was my first healing experience.

Healing Principle #4: Use the Creator’s Divine Love in all that you do to avoid transmitting limited love energy to recipients-

My exposure to the current thinking about energy healing had given me a basis for understanding subtle energy. My original intent with Marcel had been to develop physical energy transducers that modern medicine could use to serve human needs. However, my personal path to serving mankind was about to change from developing a technical solution to service based upon spiritual healing.

At O’Hare Airport a woman in front of me suddenly fainted and collapsed. The tip of my transducer was placed at the juncture of her collar bone and sternum with the intention of love and well-being for her. When her eyes popped open she said that she felt energy surging through her body and then asked how she had been revived so rapidly. I told her she needed charging and balancing. She smiled knowingly and revealed that she was a professor at Palmer Chiropractic College in Bettendorf, Iowa. She invited me to visit her clinic to assist her with some difficult patients.

When Marcel Vogel was told about the encounter with the chiropractic doctor, he smiled, reached

into his pocket and handed me a large quartz transducer which he had personally cut for me. It was about 5 inches long, four-sided, ending in a pyramidal shape on both ends. He told me that he saw the design in a dream and wanted to study its therapeutic use. When I asked how to use it, he told me to use my intuition.

A few weeks later a meeting was arranged at the chiropractic doctor's clinic with about ten people, each in extreme pain. None had been helped by her traditional treatment.

As the intention of sending love energy through the transducer was maintained, the Recipient (person receiving a Spiritual Healing) was asked to pulse out breath, release whatever was responsible for the pain, then draw in more love energy to restore the body.

All the patients released their pain, but a curious thing happened: The men were fine, but the women experienced a new pain that moved down their legs. The next evening, believing that the effect was a surface electrostatic energy discharge, the doctor had the women remove panty hose and put on cotton hospital gowns. This corrected the moving pain problem, but did not explain why the pain suddenly appeared in the legs and moved.

Marcel began a series of weekend training programs for thirteen medical doctors to discuss his subtle energy experiments and show the relevance of his findings to current medicine. We discussed the female leg pain effect with the doctor group.

John J. Adams, MD, asked to tour with me for a week. When John observed the difficulty with women recipients, he suggested using the creator's love, rather than my love in the healing service. To my amazement, the traveling leg pain that women had previously reported did not materialize. We immediately realized that my definition of love was subject to my limited beliefs, which in turn limited the energy applied.

Healing Principle #5: Energy follows thought-

Marcel held the original patent on the liquid crystal technology in digital time-pieces. During a doctor training session, we watched a split-screen video from a lab experiment that he had prepared using his \$500,000 Zeiss microscope with attached video system. On the left, an amorphous liquid crystal exhibited a bland grey color. When Marcel applied electricity to the liquid crystal, a thick dark outline of a block numeral appeared, followed by a light flash, then the area filled in, becoming a solid black numeral.

The right-hand video showed a sample drop of blood from a person who was diseased. I think it was a cancer. It had a ragged outline and colored blotches, as viewed through Marcel's Zeiss microscope. When Marcel focused his intention and pulsed love to the blood sample, the outline became a smooth, thick-lined oval, a flash of light occurred, and the sample changed composition, now appearing healthy on the video display.

When we form an intention and direct that thought to someone or something in a loving manner, the universal energy force interacts with the intention and creates an effect. Marcel proclaimed this energy principle at almost every public meeting.

Healing Principle #6: Directed thought energy is not limited by distance-

With the help of a doctor in San Jose, California, Marcel conducted another experiment using a

philodendron plant. When the plant was connected to a Wheatstone bridge and lie detector-type electronics to record [electromagnetic] energy responses, it showed a straight-line output. Marcel left on a trip to India. At a predetermined time in India, Marcel focused on the philodendron plant and sent it the thought of love. The plant responded immediately with a long smooth sine wave output. Marcel next projected the thought of harming the plant. The recording device showed many high amplitude, saw tooth effects. This showed again that intention can transcend distance.

Healing Principle #7: Always ask Recipients if they want to be healed and are willing to take responsibility for their lives-

Norman Shealy, MD had been operating a pain clinic in Springfield, Missouri, and applying electrostimulation with his Transcutaneous Electrical Nerve Stimulator (TENS) units to patients. After a conversation with Marcel, Dr. Shealy invited me to try to help his chronic pain patients. About a dozen patients asked to be healed, but the healing service did not reduce pain in anyone!

Through meditation, a few days later the answer to the problem revealed itself: Although many recipients were in severe pain and wanted relief, they were not owning the healing process. The Creator's Love had been utilized, but recipients had not been properly included in the process. When we began asking recipients if they wanted to be healed *and* if they were willing to make the life changes needed to stay well, healing successes increased.

Healing Principle #8: Industrial magnetic fields can harm us-

A TV technician was suffering from intense stomach pain. We learned that he worked on TV sets with the protective shield removed. His subtle energy was adversely affected by his exposure to the magnetic field.; Resetting his fields eliminated the stomach pain. I began taking a small electric motor to my workshops to demonstrate how even limited exposure to severe magnetic fields can throw the body out of balance.

Healing Principle #9: Acceptance of love-based Spiritual Healing often follows the healing-

A mother brought her 16-year-old daughter, a hemophiliac, for a healing. The slightest cut would cause this young girl to bleed profusely, often requiring hospitalization. After her healing, the girl thanked me and went home. Two hours later the mother called her doctor to describe how her daughter had purposely cut her palm with a steak knife to see what would happen. She bled slightly but then the wound clotted. There is no known self-healing 'fix' for hemophilia. Both mother and daughter became believers in spiritual healing. Miracles have strong effects upon the recipients and witnesses to the facts.

Healing Principle #10: Not everyone accepts wellness-

Another case involved a 15-year-old deaf girl, a full-time resident at a Pittsburgh school for the deaf. Using a writing tablet to communicate, the girl was asked if she wanted her hearing restored. She responded in writing that she did.

A doctor and I performed the healing service using written communication, then asked her verbally if she could hear. No response. We were intuitive enough to know that the healing was complete but that the girl was resisting.

Continuing the writing tablet communication, we told her she could hear if she gave herself permission to hear. She replied in writing that she still could not hear. We wrote that she was loved and asked why she did not want to hear. No response.

When we asked why again, she grabbed the pad from my hand and wrote in angry bold letters that she had been in the deaf institution since she was a small child and did not want to have to readjust to her family and the outside world. We reminded the girl that she could hear when she gave herself permission to do so; we had done all we could. It is important to realize that sometimes our best intentions can make life worse for others. It is best when healing is offered with the intention that the recipient is the one who decides whether to accept it.

Healing Principle #11: Spiritual Healing does not require physical tools or elaborate ceremonies.

A doctor asked me to sit in on the patient interview of a distressed mother and her 6-year-old, who had been vomiting every half hour. We intuitively knew the little boy had overheard his parents arguing, discussing divorce, and concluded it was his fault. The mother agreed to let me help. As she saw the transducer come out of my pocket, the mother took one look and screamed that she would not allow me to use any device on her child. The transducer was placed on a table, out of the way. As the boy climbed onto my lap, we smiled at him and asked if he knew that God loved him. He responded positively so we asked him to just let go of his worry for Mommy and Daddy and let God take care of everything. He took a deep breath. As he let out his breath, all the emotions poured out. The spasms and retching stopped and the boy resumed a normal complexion. My personal belief is that the effective intervention in this instance was Divine Love.

My intention was to purposely support the child with Divine Love as opposed to holding an intention of using “ki” or “chi” energy, or “no intention”. I have learned that the intent of either the Spiritual Healer or the healee can be used to produce healing effects. In my experience, when we elect to align our intention with the Creator’s Will, the best results are obtained – whatever they may be.

This example is not proof of Divine love. While it doesn't mean this isn't a possible cause, other possible causes for release of symptoms like this are:

Releasing feelings releases symptoms;

Believing Divine love is helping may enhance self-healing and healer-healing Effects.

Healing Principle #12: Healing rates vary. Wait a suitable time before measuring results-

A woman diagnosed with terminal lung cancer asked for healing. Afterwards, we suggested she wait 10 days and then go to a different doctor and hospital for a full medical work-up. We knew that medical science would not expect to see a recovery and would oppose more tests. The new hospital pronounced her completely cancer free.

A minister interviewed me on a television program about spiritual healing. Later that evening, a woman called asking help for her husband who was scheduled for a quadruple heart bypass. The recipient had been a WW2 navy corpsman on the first medical team to enter Nagasaki after the atomic bomb. By now my own sensory gifts and intuition had become highly developed, thus enabling me to determine that his heart chakra was closed down and his energy fields in the heart area were collapsed. He wanted the healing desperately so we proceeded. The recipient was told that he needed about 10 days for the healing to complete but this was a problem because he was

scheduled for surgery in three days.

Soon after he returned home, his hospital called to say they were moving his surgery date to ten days later because of holiday personnel shortages. Coincidence?

He and his wife dutifully showed up at the hospital on the rescheduled day. A pre-op work-up was done at his insistence but the hospital could find nothing wrong with his heart. After more testing, the surgery was cancelled and he and his wife left the hospital - while staff tried to figure out what had happened! Organic repair takes time.

But these two reports go much further than an issue of time, they go to the heart of the healing story, to occurrences which engender and sustain faith that another orb is interpenetrating our usual 4-D reality. These two case reports would qualify as miracles in many religious settings. In the frameworks of science, they challenge us to reassess our theories about health, illness and healing.

Healing Principle #13: Do only one healing on a Recipient per day to allow for recovery-

During a week-long healing seminar at a mountain retreat, Marcel decided to change the normal midweek session. He divided the participants into two groups to work in two clearings separated by about 200 feet of dense pine forest. Once a group heard a 40 minute lecture, that group would switch locations and hear the other lecture.

What transpired was totally unexpected. Each participant in my group asked for and received an individual healing as part of the lecture. The same thing happened in Marcel's group. After the first lecture, the groups switched. Neither of us knew that the other group had received individual healings as part of their lecture. As in the first lecture, the second lecture participants (new to me) asked for healing, presumably for different problems. They assumed that more healing is better.

When the second lecture ended, the groups were expected to switch again to hear a final lecture. Since no one showed up in my clearing, I entered the woods to find out where everyone had gone. Marcel entered his side of the woods. We met halfway to find all of the participants sitting or lying in the woods, exhausted from receiving two successive healings.

Marcel and I realized that this was a very important teaching. We both used Divine Love in the healings rather than our own energy. We determined that our procedures were the same. We knew that the people served were releasing some deep issues and experiencing corrections in their body that we knew from experience people required several hours to adjust to. Therefore, our conducting a second healing before the effects from the first healing had totally "settled in" caused their body energy charge to drop, leaving the people fatigued.

Before this event happened, neither of us had done more than one healing on a given individual in one healing session and we previously had not repeat a healing with a person for several days. This experience provided insight into the importance of deep breathing as a way to recharge the bioenergy fields. Deep breathing immediately following a healing was found to help people recover more quickly.

A Spiritual Healing Process

For the last eighteen years, we have done Spiritual Healing without any instruments to facilitate

healing. We have experimented extensively with various ways to conduct more effective healings. There are three general approaches: Unassisted, Assisted, and Group work. We have developed a way for people to interact with one another and the Creator using a statement called a *Petition*.

Unassisted: A recipient focuses on his or her entire system with Divine Love and recites the *Petition* aloud. The recipient sits quietly and breathes slowly and deeply for several minutes while he or she experiences Spiritual Healing. If you do not get results wait a few days and do the Assisted healing.

Assisted: Spiritual Healing can also occur when a spiritual person focuses with the Creator's Love (Divine Love) on a recipient. The recipient recites a *Petition* of need and healing energy flows. The recipient sits quietly and breathes slowly and deeply for several minutes. If the two people working together do not produce the desired results, wait several days before exploring Group healing.

Group: A Group of spiritual people can work together to assist a recipient. We suggest Group work for difficult illnesses that do not respond to conventional medicine. Group Spiritual Healing energy is collectively higher than individual energy. Also, the healing generally completes much faster. As before, the group focuses on the recipient with Divine Love and the recipient recites the petition.

Sample Petition

I accept Divine Love and surrender my will to the Creator's Will. I acknowledge my (name the symptoms), and ask that the source of this problem be released and corrected in my system with Divine Love according to the Creator's Will.

Changes occur over time, sometimes rapidly and sometimes slowly, according to the Will of the Creator and the ability of the recipient's system to stabilize as he or she goes through energy changes.

The future

Spiritual Healing continues to be documented in research studies. Integration of Spiritual Healing and modern medicine continues.

Magnificent technology and new and improved medical treatments are developing rapidly. Yet we continue to see a worldwide deterioration of spiritual, mental, and physical health. Suffering continues and in some countries is increasing because of the unavailability of potable water and sufficient high quality food.

These conditions cannot be corrected without changing the focus of society from materialism to a spiritually guided life where the world's people learn to love as the Creator intends. We believe this can be achieved by showing how highly principled spiritual groups can interact via Spiritual Healing with people, nature, medicine and world problems to effect change in the world.

You may access a no cost, self-teaching, Spiritual Healing program called *Understanding and Applying Divine Love* that applies the Energy Principles you have just read about at the website below. This website also contains articles on other aspects of spiritual healing and advanced Group techniques.

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