

May 2002

Volume 2, No. 2

Studies with Nicolai Levashov

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I first consulted Nicolai for my chronic fatigue syndrome (CFS) in 1994. This had been diagnosed by two medical homeopaths who were expert with a variation of the Voll diagnostic device. They had each, independently, found inflammatory pathology in the same major organ systems: the heart, lungs, liver, and prostate. Pathologic structural changes in the heart were demonstrated by electrocardiogram. Although I did not inform him of these findings, other than my fatigue, Nicolai made the same diagnoses within 10 minutes during his initial examination.

With the first healing session I knew that Nicolai possessed remarkable abilities to move energy in my body: I experienced electrical-like currents moving through my body, followed by a “heavy” feeling as my organism took on the healing “load” that Nicolai had placed upon it. Within six months, with sessions two to three times a week, I was healed of the frequent, intermittent palpitations from which I had suffered for the previous three years. These changes were confirmed by electrocardiography. Within a year and half I was healed of the major portion of the other inflammatory changes and symptoms of CFS.

A few words about my professional background may help the reader to better understand my subsequent relationship to Nicolai Levashov and the extraordinary capacities and body of knowledge that he has given me (and many others). I am a Board certified psychiatrist, classically-trained at the Yale University School of Medicine, where I also served on the Psychiatry faculty. . Following my psychiatric training I studied Orgonomic Medicine with Elsworth Baker, MD, who had been appointed by Wilhelm Reich to train physicians in his medical discipline. My “day job” is the practice of this intense form of bioenergetic mind/body therapy, “psychiatric orgone therapy,,” developed by Reich to treat emotional disorders (Reich 1949).

When I first met Nicolai I had been practicing as an orgone therapist for about 30 years. In addition, during this period I had been active in experimental research in physical and biological orgone energy and had published over 60 papers in this field. Thus, the concept of a “vital energy,” as the basis of life functions and operative in the healing process readily resonated with my personal belief system and professional training and practice - despite my mechanistic, reductionistic classical education.

This was not all that I brought to my work with Nicolai. For several years prior to studying with him I had been active in experimental investigations in the then nascent

discipline of consciousness research (Jahn and Dunne 1987) Through this work I had convinced myself of the extraordinary capabilities of mental intention in manifesting objective changes in physical reality (Blasband 2000). Healing, utilizing Nicolai's method, depends, in large part, upon the use of heightened mental intention to diagnose and to effect changes in human cellular structure and physiology. The understandings I had gained through my research therefore served me well as I embarked upon the work of becoming a healer.

I referred several of my therapy patients with structural damage from a variety of disease processes to Nicolai. After several months, I began to see changes in them that could not be attributed to my own treatment. They were all clearly recovering from their somatic disease process, but they clearly were moving far more rapidly through therapy than I had learned to expect under my previous form of therapy. It was as if their organism had become "lubricated," so that their bodily movements were more facile and less "armored." In addition they all had a "glow" about their bodies, something that I had never seen on either them or other patients. I was naturally eager to have this healing technique become part of my orgone-therapeutic "armamentarium." I was pleased when Nicolai agreed to accept me as a student.

The formal, initial six week training period with Nicolai was the most intensive, exciting time in my entire professional life. Our group of twenty students, physicians, psychologists, businesspeople, and others, met five times a week. Each session Nicolai lectured for three hours on his findings about the nature of man and the universe. Another fifteen minutes were devoted to Nicolai's "transformation" of our brains and spiritual bodies through his use of conscious intention on each of us individually and as a group. The didactic material, derived from Nicolai's research as a physicist and clairvoyant, included material from physics, biology and the role of the spirit in its interaction with the material world. This was the elementary foundation of the healing work.

This was a new, exciting, coherent, paradigm incorporating classical physics and biology and bringing new insight to riddles of the material and spiritual world. The transformational work was difficult to objectify at the time of the initial experience. Subjectively, I perceived a marked increase in sensations of energetic excitation, with electrical-like energetic currents throughout the body, especially in the brain. (An interesting preliminary finding is that a random event generator (REG) running during the training sessions uniformly showed an anomalous increase in deviation of the output from the expected baseline when Nicolai was doing the brain and spirit "transformation," and an anomalous lowering of the baseline following the ending of the transformation..) At the nightly conclusion I felt light-headed. Driving home, my focus was sharper and I could see greater distances into the night. Other students described what sounded like out-of-the-body experiences and "altered states of consciousness."

At the conclusion of the formal training I found I had developed several new capabilities. One of these was the ability to "see" pathology in cells and organs inside a person's body. This kind of "seeing" is not like literally seeing an x-ray or CAT scan image of an organ. To convey the way that one "sees" through the Levashov-transformed brain and spiritual bodies, let us first review how we see ordinarily with our eyes. Our "picture" or perception of the world is the result of our mind's interpretation of

excitations of our sensory organ systems. These systems evolve out of exposure to the ecological niche in which we have lived for thousands of years. As humans we utilize five senses that tell us of the nature of our physical universe. If our eyes had developed the capacity to detect radio waves in color we would see waves in the air as well as we see waves on the ocean, three dimensionally and solid. On the other hand, if we were color blind, we would be perplexed when color-perceiving people told us of the multitudinous colors that they see. If we were completely blind from birth, we would have an extremely difficult time altogether understanding what the sighted are describing when they “see.”

In the transformational process performed by Levashov, he is rapidly evolving the person's brain and spiritual bodies so that they have new qualities. When Levashov transforms a student's brain and spiritual bodies he is rapidly evolving them so that they have new qualities. These qualities provide the capacity to detect information that was previously undetectable utilizing the ordinary senses alone. Such people also acquire the capability of influencing and changing the spiritual and physical bodies of others, both proximally and “non-locally.”

This seeing with the evolved “mind's eye” appears to me to take place on a screen that is located somewhere in the forebrain. It is the same place where we “imagine,” however in the case of “seeing” with a transformed brain and spirit, the imaginings correspond closely to reality. Indeed, what the transformation permits is for the healer to “program” himself for that particular format that will make the information coming to him from the patient intelligible. After all, ordinarily, what we “see” or feel is intelligible to us because of how we organize it with our minds. Without a mind, the stimuli we receive through our sensory apparatus would be unintelligible. If we upgrade our perceptual apparatus (our spirit/mind/brain) we can sense more, and we have the capacity to transform it into information that makes sense. Then we have the choice of organizing that information in one of many formats so that we can quantify and analyze it. For example, one might “request” or “program” oneself to see the heart static, or beating, with pathology revealed now or at a prior time - days, months, or years ago when pathology was just beginning. We may even program our inner screen so that we can have a view with the coronary arteries prominent, cholesterol plaques highlighted in yellow, electrical impulses stimulating the heart muscles in green, along with their electrical integration with sub-brain structures, etc. One could zoom in on a microscopic level, say of a valve, to examine it in detail. This process could even be carried down to the genetic level. In this way, utilizing a systems analysis, one can obtain a truly definitive diagnosis on many levels of anatomical, physiological, and biochemical pathology and clarify how these variations manifest on the etheric and astral/spiritual levels of functioning.

This inner screen can be used as well for data analysis. For instance, one might “ask to see” the blood elements in comparison to one another in a bar-chart format, as segments in a circular “pie,” and so on.

It is also possible to “fast-forward” the screen, to check the possible result of a healing intervention. In this way one can “try out” possible healing programs without actually putting them into action in order to ascertain whether or not one can successfully manifest these programs, and whether they are going to cure the problem.

These are but a few of the capabilities that are possible with a qualitatively transformed system. It is as if Nicolai had inserted a Swiss Army Knife of paranormal capabilities in my organism. I need only choose which of these I want to use and it will be there. These capabilities are, however, skills that need constant use to develop and refine. In addition, many other tools latent within his students will apparently be available when we have developed further in the work and can assume responsibility for their use. This stepwise progression has happened to me several times in the course of the eight years that I have been doing this work.

Initially it was difficult to distinguish between ordinary imagination and the newly acquired ability to “see” inside the body. After all, I was a physician and knew what livers, bones, and thyroid organs should look like. In time, however, I began to trust what I was “seeing” in my mind’s eye, recognizing how it corresponded to objective reality. I learned to send out a signal from my mind to a target within the patient’s organism then wait for information to return.

In the first few years after the formal course, my “seeing” was weak in color intensity, two-dimensional, and fuzzy. After utilizing Nicolai’s method for a couple of years, I found that I was seeing more three-dimensionally, in more vivid color, with spontaneous movement appearing in the organ systems. I could see “subtle energy” (“primary matters” according to Levashov) moving from my hands to the organ system in question. I could “feel” a resistance to my hand as I moved them near the body to sense various energetic components of the physical and/or spiritual body of the patient.

All of these qualities fortified my impression of a multi-dimensional, solid structure of the spiritual aspect of the organism that works in unity with the physical presence.

In making a diagnosis and following the progression of a patient’s healing I pass my hand over the body without touching it while asking to see various organ systems that lie beneath my hand. While scanning, I ask certain questions, such as, “Is there pathology here?” An affirmative answer might be a sensation of tingling on my palm if that is the response that I have programmed myself to indicate “yes.” I then refine the question, “Is it infection (or a mass, etc.)?” and continue to refine questions, extending the investigation to include the entire organism. With the data in hand the task is then to conduct a systems analysis with the goal of understanding the problem from its primary cause to secondary and tertiary manifestations. For a novice healer, such as myself, this takes a great deal of energy and time to do correctly, but this is the way, utilizing this method, that one can heal and sustain a definitive cure. Obviously a knowledge of anatomy, physiology, and bio-chemistry is necessary in order to apply this method of healing.

Having obtained a diagnosis, I can then ask for the kinds and quantities of primary matters that I need to project to that aspect of the cellular pathology as it exists on the spiritual level. I then ask whether I have the capability to initiate this projection. If not, I would then have to search for alternative methods to correct the problem.

Once a solution is found, my projection of the correct qualities and quantities of primary matters to manifest my intention will, in time, bring about changes on the physical level. For example, given a sensitive patient with a heart problem and the correct program, it is possible to remove scarring or plaque throughout the entire coronary

arterial system, rebuild or regenerate infarcted coronary muscle (damaged by a heart attack), or return a disorder of rhythm to normal. Having effected the desired changes, it is then absolutely necessary to balance out the brain and any other organ systems physiologically associated with the “healed” organ. If this is not done, the organism, which functions as a unity, will eventually, revert to its previous pathological state.

These skills can also be used to effect changes on a holographic image of the patient constructed in my mind’s eye, even though the patient may be thousands of miles away. In fact, most of my healing is done in this way. – Working from my office in California, I have treated patients in Europe, China, and many parts of the United States.

In an average work -week I conduct about 30 healing sessions, each lasting 15 to 20 minutes. I prefer to work with five or six patients early in the morning, then briefly rest before working with patients in therapy. Most of the energy for healing comes from a transmutation of cosmic primary matters by my transformed brain. According to Levashov, primary matters in their pure cosmic form are incompatible with the human organism, necessitating their transmutation in order for them not to be injurious to the healer and the healee. I find, however, that concentrated intention for 10 to 15 minutes is draining. Lots of water and rest are necessary to sustain my metabolism and maintain my energy at a healthy level.

I can, at will, open or close-down the healing apparatus in my brain and spiritual bodies. When it is open, the apparatus feels like a I am wearing a large cap of weighted energy and appears in my mind’s eye like a large, rainbow-colored, three-dimensional “crown” of intertwined bands of glowing energy.

I begin the work by scanning the entire organism with a broad focus, which includes the spiritual bodies. Following a more detailed scan, I then make a systems analysis of the obtained data in order to determine the primary, underlying causes of problems. This clarifies whether the disorder is of a karmic, genetic, early, or late environmental etiology or some combination of such causes. I have found that I do not yet have the ability to treat problems of karmic or genetic etiology. I have, however, been successful in treating acute musculo-skeletal strains such as low-back “sciatica,” varieties of common cold, sinus conditions, autonomic nervous system imbalances such as acute cardiac arrhythmias, gastrointestinal diarrheas and constipation, wounds, arthritis in its various forms, and most conditions where excessive amounts of toxins are among the principal etiological factors. Since toxins are invariably found in most illnesses, it is often possible for me to provide some help in stopping the progression of illnesses by detoxification alone.

Detoxification involves breaking down the toxin and providing a means of eliminating it from the body, whether it be drainage through the sinuses or ears from the cerebral-spinal fluid of the brain, into the G-I tract from the liver, or into the kidneys from the circulatory system. Drainage is manifest on the physical level as a literal discharge of fluids from the nose or down the back of the throat. When detoxifying the patient it is important that the liver and kidneys, the primary organs involved in detoxification, be clean and capable of handling the large load of toxins delivered to them via the healing process. Detoxification should be done slowly to avoid overloading the patient. While

there are other alternative medical regimens for detoxification of various organ system, the Levashov Method is the only one known to me that can detox the cerebro-spinal fluid. Detoxification can take anywhere from 6 months to 2 years to complete,, working one to two times a week, depending upon the severity of the problem and the sensitivity of the patient. To proceed more rapidly is possible, but may overload the patient and thus prove counter-therapeutic.

Tissue regeneration is also possible, but requires far more skill and power than detoxification. Regeneration involves making changes on the etheric and astral spiritual levels, taking out the old diseased patterns and replacing them with healthy patterns that existed earlier in life. These then provide a healthy template for regenerating cells. This is much easier to do when the tissue is in a life phase of natural regeneration (usually every 5-7 years, depending upon the tissue). It is much more difficult when the tissue is in-between regenerative cycles although clinical evidence with certain sensitive patients indicate that I have had some success in doing this.

As mentioned above, in the process of rebuilding or regenerating tissue it is most important to balance the newly healthy organ system with the rest of the organism, especially the brain. Unless this is done there is a tendency toward relapse since the organism always wants to re-establish its old, pathologic level of homeostasis. In a very important sense, healing, no matter what the method, involves overcoming this stasis. The tendency to relapse is great unless total organismic balance is achieved through the healing. Details of the biophysics of these processes involving the relationships between the physical and spiritual bodies may be found in Levshov's privately published books, *The Final Appeal to Mankind*, Vols. 1 and 2, and *Spirit and Mind*.

Two disorders that I will not treat until I have further developed my healing potential are most cancers and extremely virulent infections such as AIDS. One reason for this is that I do not have a strong enough "shield" to protect myself from acquiring these diseases from the patient if I open myself up to them as a healer.

We all have shields made of circulating primary matters that serve as a buffer between ourselves and the outside world. In chronic illness our shield weakens, permitting the entry of a variety of physical and non-physical agents and agencies into our system. In turn, these can cause havoc with our energy metabolism, further draining us of vital energy. In healing it is of critical importance to sustain one's shield as a protection against the patient's disease. It is of more than passing interest that healers often succumb to the combined effects of their treatments of others and that some physicians, such as oncologists, have an unusually high incidence of cancer.

I usually know when a new patient has cancer because while scanning I will suddenly feel unusually strong sensations of energy being emitted from the patient.* I also feel ill, with a "draining" sensation in my abdomen, as if I had suddenly ingested large amounts of toxins. (Musumeci et al 1992)

While it is hard, tiring work, healing using the Levashov method is very satisfying. I am effecting changes in patients on a far deeper level than can be obtained by the usual methods of allopathic medicine and without subjecting patients to deleterious by-products and side effects of most drugs. Work on the use of the Levashov method in

facilitating the treatment of emotional problems is proceeding and will be reported at a later time.

The ability to work independent of spatial limitations between the patient and myself is also very rewarding, in that it is possible for me to work with most anyone in any location on Earth, providing I have enough “mental” power and capability. There is also the extremely important added bonus that actually doing the work exercises the acquired qualities that Nicolai has developed in me, thus permitting further development of the healing apparatus.

*Fritz Popp, an international authority on biophoton emission, with his students and associates, has determined that cancer tissue emits anomalously large amounts of light from the body (Ruth, B. “ Experimental Investigations on Ultraweak Photon Emission” **Electromagnetic Bio-Information**, Edited by F. Popp et al, Urban & Schwarzenberg, Baltimore, 1989 p. 128.)

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Lura DeOme's report

I have osteoporosis and didn't want to have to go onto hormone replacement therapy to stop further loss of bone. D. Blasband said healing to get rid of the toxins in my brain and nervous system might help.

When Dr. Blasband started doing healings on me towards the end of 2000, I had no idea what to expect. The only healing I had seen was in movies about 'Holy Roller' meetings where the preacher puts his hand on the patient, cries out for the Almighty to heal this person, the patient faints to the floor convulses and is healed!

The work Dr. Blasband does is subtler, slower and a lot quieter. Though I have to say the first time he worked on me I immediately felt like I had been hit by a truck. I was very dizzy and nauseated. I actually felt as if Dr. Blasband had physically run into me. He backed off, the dizziness went away and I felt a pleasant light floatiness in my body.

We have worked once or twice a week for a little over a year. Since then we have worked on some other problems such as tinnitis, stuffy sinuses, upset stomach and the flu. But the theme remains to get the toxins out.

I almost always feel some sensation in my body when we work. Usually, the first thing is a pain behind my eyes for a few seconds. That goes and I may feel like swirling smoke, floating or slightly light-headed. Other sensations can be breathlessness, feeling the need to breathe very deeply and continuously, spaciousness in some part of my body, easing of pain or tinnitus or upset stomach. Sometimes I just feel very unscattered,

whole, in contact with my physical body. The most notable sensations to me have been when I actually have a vision of Dr. Blasband working inside my body. Once he was working in my sinuses and ears. He asked me what I was feeling. Well, I felt as if he was sitting in the middle of my head with one of his hands out each of my ears to open up the passages. I actually saw him sitting there. Another experience was seeing his hands move along my intestines to sort out what was causing me pain.

I can feel completely split in two down the middle of me or incredibly whole. Often I feel heat where he's working or maybe just a bright light. My body has broken out in itchy rashes on my back, chest arms and stomach. I sometimes feel very toxic the day after we work, as if I have been poisoned. Often, if I mention this toxic feeling to Dr. Blasband, he works on me a bit and the symptoms are either less or gone when he is done. Usually within about a day, the toxic feeling is gone. I also have draining from my sinuses.

I think in the beginning because of the 'miracle healing' I had seen in the movies, I expected this work to be much more dramatic and faster, with very obvious results. My expectations now seem more realistic. For me there are no miracles, no fainting away on the floor and no loud calling out to the Almighty. This is slower work. I have to listen more closely for the effects, but there are effects. Most of the time when we work on my ears, the ringing and pressure is less for a few hours up to many days at a time.

Healing has relieved my stomach upsets, headache and feelings of toxicity, discomfort from the flu, and stuffy sinuses. My thinking is sometimes clearer than it was and even though I am supplementing my hormonal system (with the medications, Prometrium and Menest, which are natural, plant based hormones). On the last two bone density tests, my body has actually been regenerating bone rather than losing it!

Working with Richard A. Blasband, M.D.

I am 60 years old. I have always been in excellent physical health, getting sick so rarely and so mildly that in my adult life I have never missed a day's activities because of illness. I have known Richard Blasband, M.D. for 38 years. In 1995, my wife, Paula Chamlee and I, not having seen him for a couple of years, stopped by to catch up on what he was doing. We learned that he had studied with Nicolai Levashov and had become a healer.

After Paula and I plied him with many questions he asked if we would like to be "scanned" with his mind to determine the state of our health. We said, "Yes." With me, he found a moderate amount of toxins, a problem with my ileocecal valve (between small and large intestines) and moderate plaque in my arteries. When I asked if he could fix the problems he replied that he could try, and I became his patient. I presented with no symptoms.

I have always looked at health like this: assume that on a scale from zero to one hundred that zero is death and that one hundred is perfect health. And let's agree, for the sake of argument that on that scale symptoms do not appear until 50 is reached. At a reading of 95 is one healthy? Yes, but not perfectly healthy. At 51 on the scale, one is still considered "healthy" because there are no symptoms. But at a reading of 51, illness is clearly just around the corner. I never thought of health as either on (above 50) or off (50 or under). Health is a process; except for something like food poisoning, one doesn't become instantly ill from being perfectly healthy immediately preceding. My goal has always been to try to get as close to 100 as possible, not merely to stay above the 50 mark.

Dr. Blasband's diagnoses, made with his mind, confirmed other diagnoses I had in years previous. In 1978, a Radionics practitioner (intuitive assessments made with various devices) told me that I had a problem with my ileocecal valve and moderate plaque in my arteries. This practitioner was willing to diagnose me, but was not willing to treat me because of problems she had had with the FDA. And then in 1982, at the Nevada Clinic for Preventative Medicine, I was diagnosed as having something wrong with my heart. Around that time, a checkup with an internist that included an EKG showed that I had no problems. For the internist I had no symptoms and was therefore "healthy." From 1978 to 1995 I treated the non-symptomatic problem with my heart by getting proper exercise and by eating healthily. But as Dr. Blasband intuited, my problems had not gone away.

Typically, sessions (over the telephone) began (and to this day begin) by Dr. Blasband asking how I felt. After about a week or two of working with him I mentioned that my nose was running fairly often. He told me that was toxins that he was getting to drain out. Draining the toxins, I learned, is something that generally precedes any specific treatment. After about five minutes of sitting or lying down with the telephone to my ear, Dr. Blasband would again ask how I felt. Generally my answer was, "Fine," although once or twice in the beginning I replied that I felt dizzy, and about 20% of the time I felt, and still feel, drowsy, occasionally even falling asleep while on the phone. After another five minutes, more or less, Dr. Blasband asks when I would like to work next. The process could not be more non-invasive. I work with him on average of about twice a week.

What were the results? For exercise I run, going up to fifteen miles at a time. Serious running. Some time after Dr. Blasband told me that my arteries were clear I found that, after a long layoff from running, that I got back into the shape I was in before I had stopped in half the time that it usually takes. Was that due to cleared-out arteries and therefore more oxygen in my blood? I keep careful logs of my running, and there was no other possible explanation that I could see.

Injuries: In 1999, my right knee swelled up. Since there was no pain I did not pay much attention until one day, when running, I noticed that my knee was so large and swollen that it was jiggling. Since it did not hurt I did not want to take up Dr. Blasband's time with this, so I went to a local clinic where I learned I had "water on the knee." The doctor drained the fluid, but two days later my knee was swollen to the size it had been before the draining. I called Dr. Blasband and he took a look at it (with his mind, of course). He told me that as a result of my running the bursa (joint capsule) was prematurely aged and was torn. He then asked if I would like him to work on it. Of course I said, "Yes." (Even though I have known him for 38 years, and have worked with him in his capacity as a healer for six-and-a-half years, he will not do anything unless specifically authorized.) For the first four weeks I noticed no change, but then the swelling started to go down and two weeks later my knee was almost back to original. It took about another two weeks for it to get back to 100%. And it has stayed that way to this day.

Unlike the "psychic healers" of Brazil and the Philippines, who achieve overnight "miracle" cures, Dr. Blasband's work takes time since he rebuilds a cell at a time. With Dr. Blasband's work, the cause of the problem, whether it is a disease or an injury, is truly dealt with and a permanent cure is effected.

I have had other minor injuries, such as pulled muscles, and a few years ago had some oral surgery. When Dr. Blasband works on the injuries they usually heal within 36 hours, and the oral surgeon told me that he had never seen so quick a healing as in my case. Dr. Blasband had worked specifically to accelerate my healing.

Dr. Blasband has always had a deep interest in getting to the truth of things, however unconventional that truth may seem. As a result, his scientific research (I think of him as a researcher as well as a medical doctor) has led him to things he would have never

imagined. His courage in following what feels right to him and what is demonstrably true is admirable, even if the truths are far from mainstream thinking and practice.

Conclusion: I am grateful beyond words for the healing work Dr. Blasband has done, and continues to do, for me. Not only has he healed numerous minor injuries, but I believe he has done things that will keep me from getting ill as I get older. I do not fully understand the mechanism by which Dr. Blasband does this healing work. (I believe I would have to be able to see what he sees to truly understand it.) But I trust it absolutely. But my understanding or willingness to believe in this is not what counts; it is Dr. Blasband's mind that does the work.

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