

January 2006

Volume 6, No. 1

## MIRACLES

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*What all Mystics through out the centuries have known to be true is that*

- 1) *A direct communication with God is possible*
- 2) *All things are possible to God*

### Beginnings

In 1988 a light hit my forehead. That evening, around 9 p.m. I decided to go to bed early. As soon as I lay down I felt a sudden sleepiness come over me. It was like my eyes were being forced closed, even though I was fully conscious of what was going on. I heard an airplane approaching my apartment building. The motor sound of the airplane came closer and closer and then I saw through my closed eyes a light in my room, it came straight at me and hit my forehead. Shortly after that occurrence I witnessed on two separate occasions white light flowing from my stomach, performing miracles. I stated, 'witnessed' because at no time did I have anything to do with initiating these happenings, at least not consciously.

One of these miracles happened as I was walking up the stairs from the underground train in Germany. On the second floor, a crowd of people was standing around someone lying on the floor. I could see through the crowd that it was a man. His eyes were rolled backwards and his mouth was wide open. I thought, "Oh, my God!" I did not stop but continued to pass the man, as a white light came out of my stomach area and went straight to him. I felt a tug and heard a male voice in my left ear say, "Come." I continued my walk around the corner and up the stairs and heard someone in the crowd say, "We have him back." I was shaking all over and crying as waves of energy ran up and down my body with high speed.

The second time I experienced this white light flowing from my stomach I was standing at a road crossing. In front of me, crossing the street was a young couple with their two children – one around the age eight and the smaller one around the age of five. The younger one was strolling a few steps behind them, like children often do. I remember thinking, "Oh, my God!" for a car was flying around the corner and about to hit the younger child. Everything happened so fast. In a split second: white light came out of my stomach area and pushed the little boy over the street into the parents' arms

I also discovered that people reported they were healed of many problems in one way or another by being in my presence.

I 'witnessed' many people healing simply by bringing their need for healing to my attention. I do not have to know these people, I do not ever lay my hands on them, nor do I pray for them. What stands out is that I have compassion with those suffering and I attach no thought – meaning: I do not judge the appearance or the person as good or bad; I do not try to counsel them; I do not blame them; and I do not make conscious efforts to heal them.

### **Clinical responses**

Here are some reports from people who have been helped by this process.

I was diagnosed with rheumatoid arthritis at the age 24 and the disease has painfully taken over every joint in my body. I was walking the dog on a Wednesday night when I felt a sensation take over my body starting at my head and going all the way to my feet. Not only did this feeling put my entire soul at peace, but it took away every single ache and pain that I was fighting. At the time I had no idea what had caused this or why. My daughter Sarah called a few days later and asked how I was feeling. After I told her about the experience she explained that she had brought my illness to Vivian's attention on Wednesday evening. Sarah spoke to me often about Vivian and her ability to heal. Now I know that she spoke the truth, because I felt it. I can't thank Vivian enough."

– Margie

While the above report contradicts my statement that it is people's belief in my healing that brings them the healing, the daughter did believe in me having healing abilities.

Vivian has the ability to raise the level of consciousness that created a space in which my healing occurred. I was diagnosed with gestational diabetes during my first pregnancy. The doctor told me that I was destined to get gestational diabetes for all future pregnancies and that the occurrence of getting adult diabetes was pretty much certain. I became pregnant a second time and remembered the doctor's prediction about my gestational diabetes. I approached Vivian and by bringing my illusion of diabetes to her consciousness the gestational diabetes was healed. It was that fast and that simple. Vivian taught me that once the illusion of illness is brought into the light it will cease to exist. That is exactly what happened to me. Thank you Vivian!

– Sonja Palomino

It is not easy to get reports from people 'you' did not heal! It is the consciousness in which I dwell that brings about a healing/change. I don't believe in illness/disease; for that matter I don't believe we are human. Like I said, I am not a healer, but a witness to the Truth. I don't think these or any testimonials are necessary or really useful. Besides, this article is not to support the belief that a patient must believe, but to show that if we want illness and diseases to disappear completely from this physical plane we have to stop believing in them. As long as there are healers, there will be illness and disease. The statement, "As you believe so be it done!" works in all areas, in all degrees. Healers, doctors and counselors all believe that they can heal and/or help people who claim they have or feel a discord. In other words, they believe in illness/disease and discord! If not, they would be without a job. The testimonials this journal is looking for are the ones from people who DON'T believe in a healer's ability to heal, which would be impossible. Their testimonial would sound something like: "I did heal after I brought it to Vivian's attention but not because of Vivian's beliefs, but because of the diet I started, a false diagnosis, or it was just coincidence. ]

## How healing happens

*I have no power, I promise. I am simply a witness to the Truth.*

Over the years, I have come to understand through personal observation that we are spiritual and not human. Nothing of this world really matters and nothing of this world will give us true fulfillment. What everyone is truly seeking consciously or not is to find themselves within God and God within themselves. This means freedom to the soul. When we find ourselves within God, we find comfort, unconditional love, true joy, and bliss and we lose ourselves. We are a part of God, and there is no God apart from us. Just like an atom is a part of me, it simultaneously represents the full essence of me without being the manifestation of me with hair and legs. Wholeness is the realization of oneness. There is no you *and* me *and* God. It is all the same thing but in different manifestations. It's like saying a ceramic cup is separated from its substance ceramic. The ceramic can take on different forms: it could be a plate, a vase, or many other things, but it is still ceramic. Without the substance ceramic there would be no ceramic cup. God is the 'substance' spirit – pure being. Pure being has no thought; to think is to have doubt. I do not think God exists. I know God exists.

The 'no thought concept is based on the belief that the appearance of discord is an illusion of the mind, a belief in being human and not spiritual. But this appearance must change in the presence of Truth – Realizing who we really are. By giving no thought to an appearance, we demonstrate the Truth of our being. Jesus said in St Matt 6:25: "Take no thought for your life, what ye shall eat, or what ye shall drink; nor yet for your body, what ye shall put on." In truth, we are perfect and everyone around us is, too (even if they claim to be sick). But if we fear, fight or resent an appearance by judging it good or bad, we have given in to the appearance and continue to make it real and appear. Since it is an illusion, it only appears to be real).

Everything we see and whatever is brought to our attention is a reflection of our belief. We would not see it if we could not perceive it. Demons only appear in religions that believe in a devil. Does that make them real? It is the same thing with angels and fairies.

Do we need something to believe in because we can't comprehend that God is our very being? Do we need a bridge to understand this truth? Our mind (human mind) is made up of three parts: conscious mind (that which we are aware of); sub-conscious mind (the power source of our experience); and the super-conscious mind (our connection to the true source). Whatever we put our attention to (this is our free choice), energy flows to it and creates it. What do you want? A healing? Or to be free from all worldly bondages, which a belief in being human holds us to? In my opinion, the goal of life is the realization of our oneness with the substance of spirit; not healing, abundance or a great relationship. The things of this world such as healing/health, abundance or a great relationship are just bonuses of finding our true Self. They are not pathways to finding our true Self; the things of this world are just 'add ons' after we find our true Self .

As long as we believe in two powers (God and you, or as some religions believe – God and a devil), God and another source (good and evil), then we will continue to create the experience of suffering We are that power-full! Yet we can only create in the physical realm We cannot create in the spiritual realm; nothing can be added or subtracted from God. God is never-changing ,unconditional love. We have the power to create an illusion. Imagine this: you take your child to the playground and your child plays cowboys and Indians. You child gets shot with a play gun and pretends to be dead. Do you panic? Do you take your child to the hospital? No, you don't because you know it is only a game. When it is time to go home, you

know everything will be OK again. So it is with the creator in spirit. He/she/it created you perfectly. You may just have taken on a role of being which you are truly not (being sick, poor and/or confused). It is our job to hold that vision of who we truly are, no matter what the appearance shows forth, until the appearance disappears.

A miracle is not actually a miracle as we have been taught through religion. A miracle is not an act of God 'doing' something. A miracle is the dropping away of an illusion, the disappearance of the appearance of a discord. Where there is light, darkness must cease!

If you would like to be a witness to a miracle in your life, next time an appearance of discord catches your attention, take no thought, do not fear it, fight it or resent it. Turn your attention completely away from the appearance, go about your ways and do not think about the problem anymore. Trust that with God all things are possible. Don't think about how the appearance could or will change. Just let it go. If someone else is in need of healing, reach out through compassion and remember that there is no one to be healed. If it is being brought to our attention, it is a clear sign that WE 'The Healers' are still believing in two powers. How else could we see someone ill? And if we don't see them as ill, then why would we try to heal them? From what? And how? We have no power when we are separated from God.. There is but one power, one truth! And we are ALL part of that Truth.

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