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The Use of Psychic Perception to Enhance Athletic Performance: A report from the Iraqi Olympic Committee

By Laith Mahmood Muhammad Al Azawe, PsyD.
Freelance scientist, Parapsychologist

Introduction

Since my childhood in Baghdad, Iraq, I have had the ability to see beyond the physical body, to perceive the invisible energies of life. I have used this ability professionally, to make an energy diagnosis of athletes in order to guide and improve their performances. I focus on signal-waves which are emitted from the body, and these forms of energy are images which show me how to improve the athletes' [performance]. I recognize their personal potentials and psychological strengths, and enhance them, I also perceive their fears and weaknesses, and remedy them.

My field work with the use of psi (psychic) abilities in diagnosing and analyzing their problems is enhanced by my psychic visions. These include images of the energy, concentration, tension, and anxiety waves, which guide me in solving the challenges that athletes face. My work and the illustrations of the waveforms (of concentration, energy, tension, anxiety) constitutes intellectual property that is registered with the Ministry of Culture of the Republic of Iraq (see Appendix, Item #1). This article will describe first-hand experiments that aim to show the role of psi abilities in sports competitions.

Starting with diagnoses of the athletes' powers and weaknesses, it is then possible to counteract weaknesses and develop strengths by using energy balancing and psychological methods. This helps to reduce sports injuries and team losses in competitions. It enables me to examine their current status and thus near future of the players, based on the problems that affect them, and to understand their performance in winning and losing in sports. These are issues which the mainstream instructors and coaches do not detect with standard training approaches.

As a result of the experiments conducted, I conclude that the results were positive for all sports teams, showing that the attention given to strengthening all weak variables helped to achieve the best results for the players in the competition.

Overview of my professional approaches

I worked for over 15 years with the National Olympic Committee of Iraq and the Iraqi Olympic Academy as a parapsychologist and psychological expert in the Psychological Laboratory of their Sports department. I used my psi abilities with athletes in such sports as handball, basketball, volleyball, swimming, archery and other sports. I used my precognition to analyze the energy state of the athletes by assessing wave-like psychic images that reflected the following variables: degree of the concentration, energy, tension and anxiety.

Many athletes in national and international competitions were analyzed by the use of precognition and remote viewing abilities. Assessments before the match had the purpose of solving the players' problems by diagnosing their weaknesses and stimulating their strengths. Positive results were achieved in the games that I assessed, including accurate prediction of outcome and enhanced performance by the athletes.

I am continuing to use psi abilities (precognition, precognitive telepathy and remote viewing) for diagnostic and analysis work with competitive teams to better understand the behavior of winning and losing in sports. My innovative approach to aligning the bodily energies of athletes to enhance their mind/body coordination has been presented in numerous settings, including Spaulding Rehabilitation Hospital in Boston MA (US), a teaching hospital of Harvard Medical School (Web reference). In this article I will describe some of the techniques used, and some of the results that were obtained.

The assessment process

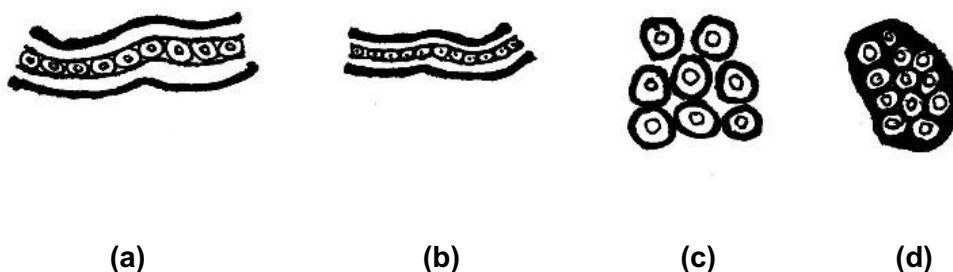
Since childhood I have perceived psychic visions that show images of microscopic waves that relate to four key mind/body functions: concentration, energy, tension, and anxiety. My images are unique to my method of perception, and their forms are highly complex, as shown in the following sketches. The athlete is usually present when I do my assessment, but assessments may also be done from a distance, at any location around the world.

1. Concentration waves

I am able to determine the level of concentration of the player through visions of future images of the players' brain's normal bio-electric impulses. I believe these are related to the functions of the body's organs. They come in microscopic, accurate and complex forms. The images I perceive are unique to my own perceptions. Other intuitives will perceive images created by their unique psychic perceptions.

I assess the level of concentration through the following range of images:

Figure 1. Concentration waves

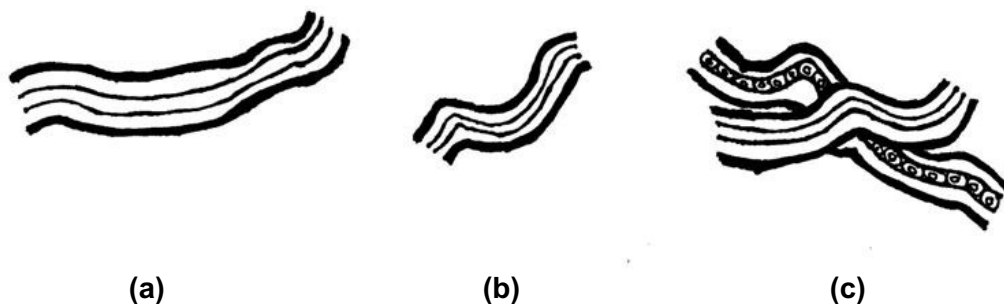


- This image indicates a good level of concentration.
- This image shows a medium level of concentration.
- This image demonstrates a sporadic level of concentration.
- This last image designates that the level of concentration is focused and well controlled.

2. Energy waves:

In the same manner, I sense the player's energy level in a vision of a future image regarding the energy waves that I believe are determined by the movement of the cells of the players' bodies that I see in this microscopic form.

Figure 2 – Energy waves

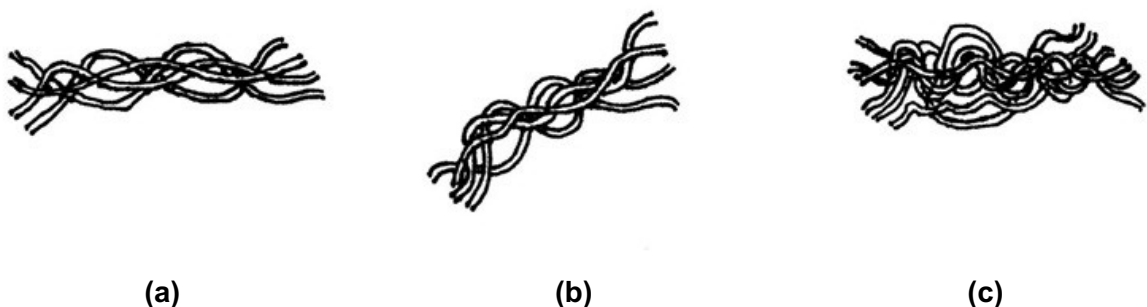


- a. This image indicates a good level of energy.
- b. This image shows a medium level of energy.
- c. This image demonstrates a fusion between energy and concentration.

3. Tension waves:

As with the previous factors, these images are determined by the nerve impulses of the brain, and enable me to identify the athlete's level of the tension.

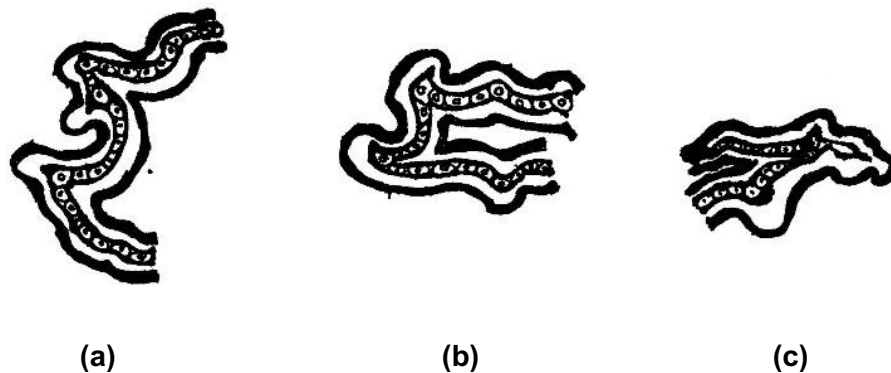
Figure 3. Tension waves



- a This image indicates a good level of tension.
- b. This image shows a medium level of tension
- c. This image demonstrates a severe level of tension.

4. Anxiety waves

The level of anxiety is determined by my internal visions that are related to the level of concentration. These images come forth in a similar way to brain impulses, but in a microscopic form.

Figure 4. Anxiety waves

- a. This image indicates a good level of anxiety.
- b. This image shows a medium level of anxiety.
- c. This image demonstrates an extreme level of anxiety.

Field work

I trained athletes systematically in mental skills for strengthening team performance through mental preparation, by adjusting their concentration, attention, mental perception and feelings of self-confidence through the use of slow diaphragmatic breathing, muscle relaxation, and visualization of successful outcomes. This helped them to commit to goal-setting, and stimulated their motivation to face the challenge of attaining high achievement. These factors also helped to protect them from performance fluctuations that result from poor control of these psychological variables.

Figure 5. Working with Fatimah Almashhadani & Eshaaq Al Daghaman of the Iraqi Archery Federation compound

Here are some of the results of the field application of these trainings:

- Fatimah Almashhadani won compound cadet women's gold at the 2015 World Archery Youth Championships in Yankton, USA (Web refs.).

- Eshaaq Al Daghaman participated in Antalya 2016 Hyundai Archery World Cup, Stage 3. He attained an RR Score of 699 in the Stage 3 Compound Men's Final Ranking (Individual), an Arab record in a world championship. (Web refs.)

- I worked with 18 different Iraqi national teams from 2005-2007, with the results shown in an official government document (Item #2 in the Appendix). In summary, I correctly identified the winning team in 8 of the 9 contests which I assessed.

- Another form of research used my precognitive abilities to assess the energy state of teams in other parts of the world, before major competitions, to see if my assessments were in line with the final results of the contests. I collaborated with Dr. Leskowitz in these tests: he chose an upcoming sporting event (usually one in Europe or America that I was not aware of) and asked me to assess both teams or competitors on the day before the event for the four variables of concentration, energy, tension and anxiety, as well as for team cohesion and team strategy. Each item was scored on a 0-4 scale, and the total scores were obtained prior to the event.

Unfortunately, there were many logistical barriers to carrying out this study: loss of internet access in Baghdad prior to the event, mis-identification of players due to confusion about uniform colors, unclear psychic vision due to the emotional investment of collaborator (EL) in one team, etc. Nevertheless, the results for 2018 and 2019 showed a high degree of accuracy, with an overall rate of 15 correct and 4 incorrect. Some incorrect assessments were not included in these totals because of the above unanticipated complicating factors. And since these exclusion criteria did not follow specific objective guidelines, it was impossible to calculate the true statistical significance of these results (raw data available upon request). However, the same protocol could be modified for future testing by standardizing all the criteria and requiring that all concerns be reported prior to the event rather than *post hoc*.

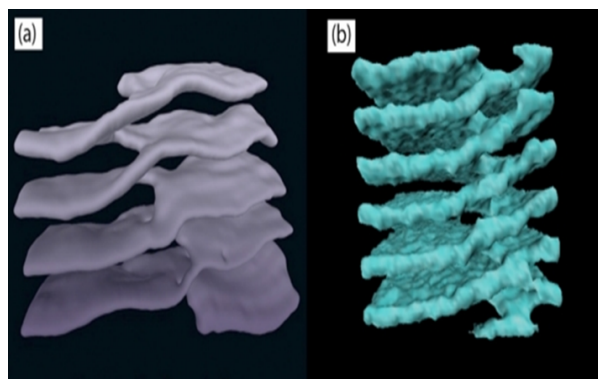
Discussion and analysis

All humans broadcast transparent energy waves from the depth of their bodies, towards the outer circumference of the body. These waves are aspects of the human aura or biofield . Any variation in those waves is the result of variation in biological cells that affect the function of the body, and will thus influence the athlete's performance level.

Several research papers in the area of theoretical physics discuss these similar shapes in other settings. An article about nuclear physics (Cohen) confirms a structural similarity found in both human cell cytoplasm (Fig. 6a) and neutron stars (Fig. 6b) - stacked sheets connected by helical ramps.

Another article (Berry) describes how these "parking-garage" structures appear in nuclear astrophysics and cellular biophysics; they are similar to my structures, as the images in Figure 6 show.

Figure 6. Components of the cytoplasm

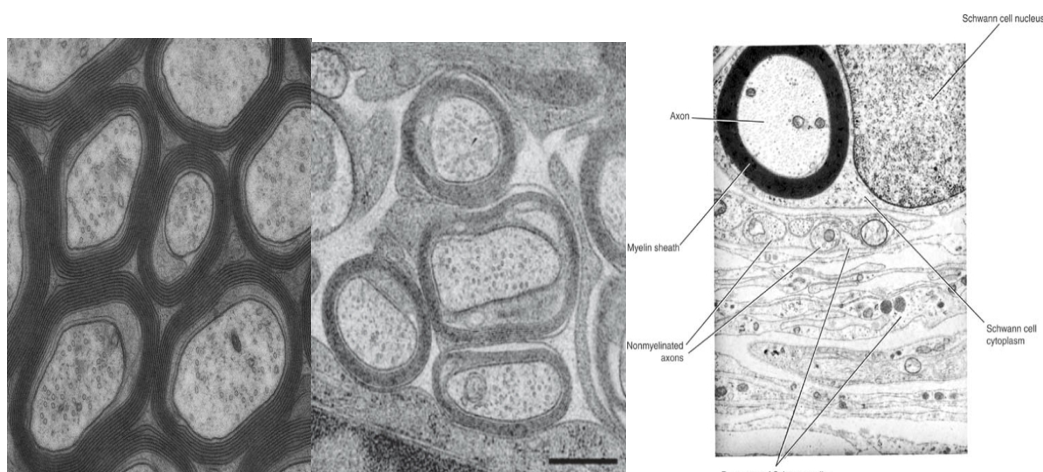


Furthermore, the energy wave forms that I perceive psychically have a structural similarity to certain intracellular shapes, like cytoplasmic ribosomes, as shown earlier in Figure 2 (Energy waves).

Inside the cytoplasm of cells are ribosomes, minute particles consisting of RNA and associated proteins that function to synthesize proteins. Without ribosomes, the human body would not be able to produce proteins, and metabolism would stop. The cytoplasm of cells are the energy factory of the body.

There are also structural similarities between these concentration waves and the neuronal cells of humans, as seen in Figure 7, an electron microscope cross-section image of the nerve fibers (axons) of the optic nerve. Axons are surrounded by special glial cells, the oligodendrocytes, wrapping themselves around the axons in several layers. Between the axons, there are extensions of astrocytes, another type of glial cells (Kurzweil). The figure below is an electron micrograph of a transverse section of a myelinated nerve fiber and several nonmyelinated nerve fibers.

Figure 7. Cross-section of glial cells



I also see a structural similarity between the concentration waves forms of Figure 1, and these brain glial cells that support the functions of nerve cells.

In summary, any variation in the four waves (concentration, energy, tension and anxiety) is a result of a variation in those biological cells.

The technical aspects of my diagrams of these four waves was recently assessed by Harry Jabs, a physicist and electrical engineer who is co-principal investigator with Beverly Rubik PhD at the Institute of Frontier Sciences in California (Jabs). Jabs points out similarities between structures of brain glial cells that support the nerve cells and the wave forms I perceive in brain activity.

"What I see is the combination of spirals, which are related to vortexes, and multiply layered sandwiches of matter and no-matter, or one kind of matter and another kind of matter, or conductor and insulator. The latter points our nose directly to a capacitor structure, which is identical to a Reichian Orgone box.

Laith's drawings all show thick lines parallel to thin lines, resembling schematic drawings of Orgone structures.

All cells look like Orgone boxes to me because the cell membrane is the non-conductive lipid dielectric of a capacitor, while the aqueous interior and exterior has high ionic strength and constitutes the conductive capacitor plates. So every cell is, IMHO, energetically semi-autonomous and can be always harvesting some Orgone by way of its structure.

The garage ramp structure shows also up in the so-called screw crystal lattice dislocation. The USU article shows different optical properties of these crystal screw dislocations. So maybe there's some biophotonic action going on here, which we, incidentally, can measure."

So my psychic images have shapes that are similar to the structures of the components of the body's cells that generate cellular energy. They also resemble the devices used by Dr. Wilhelm Reich to accumulate orgone energy. These similarities suggest that the patterns I see are not just random designs, but may reflect cellular processes that fuel the psychological functions that I perceive and assess psychically.

Conclusion

These preliminary observations suggest that there is great potential for the use of psychic abilities in athletic training. Initial assessments of their energy status can help guide training, and energy defects can be corrected before the activity. It may also be possible to use these psychic viewing skills to predict the results of future contests, but future studies will be needed to show whether these results are statistically significant.

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Appendix

ITEM #1

Registration of intellectual property with the Ministry of Culture of the Republic of Iraq

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Confirmation Of Registration

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2. Type of work : Scientific " Scientific Idea "
3. Name of the owner of the work : LAITH MAHMOOD MUHAMMAD AL AZAWE .
4. Registration No. : 282
5. Date : 24 /12 / 2014

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4 / 01 / 2015

Baghdad-Haifa Street- ministry of culture ,Floor4 – Email :
copyright.iraq@gmail.com ,phone : 5373306

Legal Translator Yousif Abid Ali
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رقم الهوية ١٨١٢

23/8/2015

ITEM #2

A sample official report of my work with 18 different Iraqi national teams in 9 contests from 2005-2007.

**The Messer President of National Olympic Committee of Iraq
The Honorable Director of Research and Development Bureau**

Best regards,

I have attended the Handball Federation for the purpose of making the psychoanalytic for the athletes. The reason for choosing that Federation is because there were many championships for handball for seniors and seniors. The results of the matches and the psychoanalytic were determined through the use of precognition before the start of the matches as follows:

A. on date 7/12/2005, a match was held between Peshmarga SC and Musaib SC for seniors. The general precognition diagnosis was as the following:

Peshmarga SC	Musaib SC
Good concentration	Medium concentration
Good energy	Medium energy
Readiness for winning	Medium readiness for winning

Result 40 - 31

Win

lost

B. on date 7/12/2005, a match of handball was made between Al-Zubair SC and Al-Simawa SC the general precognition diagnosis was as the following:

Al-Zubair SC	Simawa SC
High energy	Medium energy
Good concentration	Medium concentration
Good determination in match	Good determination in match
Very Good spirit	Good spirit

Result: 26-21

Win

lost

C. on date 23/12/2005, a match of handball was held between Al-Kerkh SC and Police SC seniors. The general precognition diagnosis was as the following:

Al-Kerkh SC	Police SC
High concentration	Good concentration
High energy among players	Medium energy among players
Readiness for winning is very good	Good readiness for winning
High spirit	Medium spirit

Result

Win

lost

D. on date 23/12/2005, a match of handball was held between Al-Kerkh SC and Police SC juniors. The general precognition diagnosis was as the following:



University of Baghdad - College of Languages
Consultation Bureau - Translation Office

Translation
The Bureau is NOT responsible for the contents of the original documents

A. H. Hassan
8-8-2007

Laith Muhammad Al Azawe, PsyD worked from 2005 – 2020 with the National Olympic Committee of Iraq and in the Iraqi Olympic Academy as a parapsychological and psychological expert. He uses his psi (Psychic) abilities to diagnose athletes' energetic and psychological weaknesses in order to counsel them and enhance their performance. He was awarded a Certificate in Parapsychology by the Australian Institute of Parapsychological Research. He is an Associate Member of the Parapsychological Association, Contributing Member of The Sports, Energy, and Consciousness (SEC) Group, WIPO GREEN Expert and an International Affiliate and Professional Member of the American Psychological Association (APA).

**Contact:**

Laith Mahmood Muhammad Al Azawe PsyD.
PO Box 55356, Baghdad, Iraq
lm1aithwhite952@gmail.com

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P.O. Box 1021

Guelph, ON N1H 6N1 Canada

Phone (609) 714-1885 (US)

Email: center@ijhc.org Website: <http://www.ijhc.org>

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